# 13-05-2026 – Le jogging du foyer – Roucourt – 9,4 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Vico Victor | Rcag | 0:29:00 | 3:05 | 19,44 | SE | 1 |
| 2 | Stanus Denis | Sans | 0:29:18 | 3:07 | 19,23 | SE | 2 |
| 3 | Van Den Brulle Nick | | 0:29:27 | 3:08 | 19,14 | SE | 3 |
| 4 | Deltombe Matthieu | | 0:29:41 | 3:09 | 18,99 | SE | 4 |
| 5 | Debroux Isaac | Athois D'courir | 0:30:28 | 3:14 | 18,50 | SE | 5 |
| 6 | Cachels Cyprien | White Star | 0:30:38 | 3:16 | 18,40 | SE | 6 |
| 7 | Seignez Melvin | Rc Estaimpuis | 0:30:53 | 3:17 | 18,25 | SE | 7 |
| 8 | Goebeert Pierre | Rcag | 0:31:01 | 3:18 | 18,17 | SE | 8 |
| 9 | Flamme Kévin | Running Safe | 0:31:10 | 3:19 | 18,09 | SE | 9 |
| 10 | Mine Lucien | Running Safe | 0:31:10 | 3:19 | 18,08 | SE | 10 |
| 11 | Van Den Brulle Jo | Za - Jc Herzele | 0:31:15 | 3:19 | 18,04 | V1 | 1 |
| 12 | Clais François | | 0:31:19 | 3:20 | 18,00 | V1 | 2 |
| 13 | Bralion Louis | Et Chievres | 0:31:27 | 3:21 | 17,93 | SE | 11 |
| 14 | Bourgois Gérémy | Popuelles Dr... | 0:31:35 | 3:22 | 17,85 | SE | 12 |
| 15 | Lefebvre Jérôme | Sans | 0:31:39 | 3:22 | 17,81 | SE | 13 |
| 16 | Fevrier Benjamin | Athois D'courir | 0:32:06 | 3:25 | 17,56 | SE | 14 |
| 17 | Deweer Sebastien | Rcag | 0:32:16 | 3:26 | 17,47 | SE | 15 |
| 18 | Vangrootenbruel Ludo | Athois D'courir | 0:32:19 | 3:26 | 17,44 | V2 | 1 |
| 19 | Hanot Matheo | Trigt | 0:32:21 | 3:26 | 17,43 | SE | 16 |
| 20 | Biltresse Romain | Tortues Mesl... | 0:32:22 | 3:27 | 17,42 | SE | 17 |
| 21 | Gossieaux Gauthier | Gigondas | 0:32:28 | 3:27 | 17,37 | V1 | 3 |
| 22 | Olivier Loïc | Rc Estaimpuis | 0:32:35 | 3:28 | 17,30 | V1 | 4 |
| 23 | Boucart Jérome | Shorks-xbike | 0:32:37 | 3:28 | 17,28 | V1 | 5 |
| 24 | Ferro Paolo | Sans | 0:33:17 | 3:32 | 16,93 | SE | 18 |
| 25 | Van Melsen Kévin | Team Kvc | 0:33:31 | 3:34 | 16,81 | SE | 19 |
| 26 | Hovine Romain | Les Tristes ... | 0:33:41 | 3:35 | 16,74 | SE | 20 |
| 27 | Carette Florent | Control To Perf | 0:33:50 | 3:36 | 16,66 | SE | 21 |
| 28 | Roisse Goeffrey | Rc Estaimpuis | 0:33:57 | 3:37 | 16,60 | V1 | 6 |
| 29 | Weytens Sven | Jcb | 0:34:04 | 3:37 | 16,55 | V1 | 7 |
| 30 | Lendasse Steve | Popuelles Dr... | 0:34:05 | 3:38 | 16,54 | SE | 22 |
| 31 | Billet Grégory | Popuelles Dr... | 0:34:09 | 3:38 | 16,50 | V2 | 2 |
| 32 | Saussez Jérôme | Team Verhels... | 0:34:14 | 3:39 | 16,47 | SE | 23 |
| 33 | Stiennes Ylann | Sans | 0:34:20 | 3:39 | 16,42 | SE | 24 |
| 34 | Peltier Benjamin | Etc Chievre | 0:34:20 | 3:39 | 16,42 | SE | 25 |
| 35 | De Roo Quentin | Sans | 0:34:20 | 3:39 | 16,42 | SE | 26 |
| 36 | Clinquart Gilles | Sans | 0:34:29 | 3:40 | 16,35 | V1 | 8 |
| 37 | Dequin Frédéric | Popuelles Dr... | 0:34:31 | 3:40 | 16,33 | V2 | 3 |
| 38 | Decordier Henri | Rst Ath | 0:34:42 | 3:41 | 16,25 | SE | 27 |
| 39 | Laouichi Seb | Sans | 0:34:52 | 3:43 | 16,17 | SE | 28 |
| 40 | Vallez Nathan | Acdc | 0:34:58 | 3:43 | 16,12 | SE | 29 |
| 41 | Wiseur Alexis | Addm Runners | 0:35:09 | 3:44 | 16,04 | SE | 30 |
| 42 | Nauw Pierre | Athois D'courir | 0:35:12 | 3:45 | 16,01 | SE | 31 |
| 43 | Rousseau Florian | Sans | 0:35:20 | 3:46 | 15,95 | SE | 32 |
| 44 | Cuvelier Eliott | Rcag | 0:35:20 | 3:46 | 15,95 | SE | 33 |
| 45 | Moulin Fabien | Les Gens D Ere | 0:35:31 | 3:47 | 15,87 | SE | 34 |
| 46 | Decruyenaere Bastien | Sans | 0:35:33 | 3:47 | 15,85 | SE | 35 |
| 47 | Geiregat Nico | Sans | 0:35:35 | 3:47 | 15,84 | V2 | 4 |
| 48 | Laebens François | Rc Estaimpuis | 0:35:36 | 3:47 | 15,83 | SE | 36 |
| 49 | Van Nesté Michel | Pipaix | 0:35:37 | 3:47 | 15,82 | V1 | 9 |
| 50 | Bauts Olivier | Rc Estaimpuis | 0:35:38 | 3:47 | 15,82 | V1 | 10 |
| 51 | Debroux Stefan | Athois D'courir | 0:35:44 | 3:48 | 15,78 | V2 | 5 |
| 52 | Dramaix Anthony | Brabou Team | 0:35:46 | 3:48 | 15,76 | SE | 37 |
| 53 | Sarrazin Benoit | Coach Running | 0:35:52 | 3:49 | 15,71 | V1 | 11 |
| 54 | Altruy Julien | Sans | 0:36:02 | 3:50 | 15,64 | SE | 38 |
| 55 | Evrard Arnaud | Les Noix De ... | 0:36:04 | 3:50 | 15,63 | SE | 39 |
| 56 | Flameng Xavier | Acbb | 0:36:07 | 3:51 | 15,61 | V1 | 12 |
| 57 | Denays Charlotte | Running Safe | 0:36:09 | 3:51 | 15,60 | DA | 1 |
| 58 | Vercouter Diego | Running Safe | 0:36:09 | 3:51 | 15,59 | SE | 40 |
| 59 | Vinchent Hubert | Les Grosses ... | 0:36:14 | 3:51 | 15,55 | SE | 41 |
| 60 | Declercq Martin | Sans | 0:36:18 | 3:52 | 15,53 | EH | 1 |
| 61 | Terlinck Mattias | Infini Trail | 0:36:19 | 3:52 | 15,52 | EH | 2 |
| 62 | Selvais Dorian | Athois D'courir | 0:36:19 | 3:52 | 15,52 | SE | 42 |
| 63 | Gossieaux Guillaume | Gigondas | 0:36:21 | 3:52 | 15,51 | SE | 43 |
| 64 | Marie Timéo | Sans | 0:36:22 | 3:52 | 15,50 | EH | 3 |
| 65 | De Craene Thomas | Sans | 0:36:29 | 3:53 | 15,45 | SE | 44 |
| 66 | Willocq Christophe | Team Verhels... | 0:36:30 | 3:53 | 15,44 | V2 | 6 |
| 67 | Dauby Pierre | Popuelles Dr... | 0:36:30 | 3:53 | 15,44 | SE | 45 |
| 68 | Michel Michael | Athois D'courir | 0:36:34 | 3:53 | 15,42 | V2 | 7 |

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|---|---|---|---|---|---|---|---|
| 69 | Velghe Jean | Jc Herinnes | 0:36:35 | 3:54 | 15,41 | V3 | 1 |
| 70 | Brotcorne Maxime | Rcag | 0:36:35 | 3:54 | 15,41 | SE | 46 |
| 71 | Clerx Arnaud | Pipaix | 0:36:39 | 3:54 | 15,38 | SE | 47 |
| 72 | Yahiaoui Mehdi | Dac D Enain | 0:36:39 | 3:54 | 15,38 | EH | 4 |
| 73 | Lechantre Flavian | Les Petits P... | 0:36:39 | 3:54 | 15,38 | SE | 48 |
| 74 | Lizon Maxime | Addm Runners | 0:36:44 | 3:54 | 15,34 | V1 | 13 |
| 75 | Poulaert Louis | Pipaix | 0:36:45 | 3:55 | 15,34 | SE | 49 |
| 76 | Slagmolen Océane | Athois D'courir | 0:36:46 | 3:55 | 15,33 | DA | 2 |
| 77 | Minet Jimmy | Trakks / Ath... | 0:36:47 | 3:55 | 15,33 | V1 | 14 |
| 78 | Malice baptiste | Sans | 0:36:50 | 3:55 | 15,31 | SE | 50 |
| 79 | Yahiaoui Sidi-Mohamed | Dac D Enain | 0:36:51 | 3:55 | 15,30 | V2 | 8 |
| 80 | Dupont Mathias | Sans | 0:36:52 | 3:55 | 15,29 | EH | 5 |
| 81 | Werion Christian | Prfm | 0:36:52 | 3:55 | 15,29 | V3 | 2 |
| 82 | Hostens Valentin | Js Bondon Wiers | 0:36:52 | 3:55 | 15,29 | SE | 51 |
| 83 | Romain Yoann | Sans | 0:36:53 | 3:55 | 15,28 | V1 | 15 |
| 84 | Hostens Antonin | Sans | 0:36:54 | 3:56 | 15,28 | SE | 52 |
| 85 | Flammia Francois | Cap Team | 0:36:56 | 3:56 | 15,26 | V1 | 16 |
| 86 | Lust Rémi | Sans | 0:37:05 | 3:57 | 15,20 | SE | 53 |
| 87 | Verdebout Julien | Athois D'courir | 0:37:08 | 3:57 | 15,18 | SE | 54 |
| 88 | Falce David | Prfm | 0:37:08 | 3:57 | 15,18 | V3 | 3 |
| 89 | Vanden Bogaerde Marvin | Sans | 0:37:11 | 3:57 | 15,16 | SE | 55 |
| 90 | Deboever Guillaume | Sans | 0:37:12 | 3:57 | 15,15 | SE | 56 |
| 91 | Capraro Bonifacio | Us Thumaide | 0:37:13 | 3:58 | 15,14 | V2 | 9 |
| 92 | Denocle Henry | Sans | 0:37:15 | 3:58 | 15,13 | SE | 57 |
| 93 | Westerlinck Stefaan | Ap3t | 0:37:17 | 3:58 | 15,12 | V1 | 17 |
| 94 | Clerx Sébastien | Coach Running | 0:37:25 | 3:59 | 15,07 | SE | 58 |
| 95 | Dekeyser Herchuez Henry Osbaldo | Running Safe | 0:37:27 | 3:59 | 15,05 | SE | 59 |
| 96 | Delfosse Tom | Sans | 0:37:36 | 4:00 | 14,99 | EH | 6 |
| 97 | Biltresse Laurent | Tortues Mesl... | 0:37:36 | 4:00 | 14,99 | V1 | 18 |
| 98 | Durenne Martin | Sans | 0:37:38 | 4:00 | 14,98 | EH | 7 |
| 99 | Rivierre Mélanie | Rc Estaimpuis | 0:37:40 | 4:00 | 14,97 | DA | 3 |
| 100 | Hennart Doutreligne Basile | As Montkainoise | 0:37:41 | 4:01 | 14,96 | EH | 8 |
| 101 | Sahiri Tarik | Les Noix De ... | 0:37:43 | 4:01 | 14,94 | SE | 60 |
| 102 | Defoort Loïc | Quintine Tra... | 0:37:52 | 4:02 | 14,89 | V1 | 19 |
| 103 | Mas Bruno | Pipaix | 0:37:52 | 4:02 | 14,89 | V3 | 4 |
| 104 | Deronne Mathieu | Sport Evasion | 0:37:54 | 4:02 | 14,87 | V2 | 10 |
| 105 | Berte Matteo | Rcag | 0:37:57 | 4:02 | 14,85 | SE | 61 |
| 106 | Cousin Hugo | Rc Estaimpuis | 0:37:58 | 4:02 | 14,85 | SE | 62 |
| 107 | Toulot Nicolas | Sans | 0:37:58 | 4:02 | 14,85 | SE | 63 |
| 108 | Olivier Jérôme | Sans | 0:38:01 | 4:03 | 14,83 | V1 | 20 |
| 109 | Pirotte Jarno | Jcsa | 0:38:02 | 4:03 | 14,82 | SE | 64 |
| 110 | Christiaens Kevin | Rc Estaimpuis | 0:38:09 | 4:04 | 14,77 | SE | 65 |
| 111 | Goebeert Sébastien | Rcag | 0:38:11 | 4:04 | 14,76 | V2 | 11 |
| 112 | Nackart Florian | Mate4run | 0:38:14 | 4:04 | 14,74 | SE | 66 |
| 113 | Silva Francesco | Sans | 0:38:15 | 4:04 | 14,73 | V1 | 21 |
| 114 | Johnston Julien | Rc Estaimpuis | 0:38:18 | 4:04 | 14,72 | V1 | 22 |
| 115 | Makowicki Valentin | Sans | 0:38:18 | 4:04 | 14,72 | EH | 9 |
| 116 | Fauconnier Bastien | Sans | 0:38:20 | 4:05 | 14,71 | SE | 67 |
| 117 | Collie Florian | Sans | 0:38:22 | 4:05 | 14,69 | SE | 68 |
| 118 | Cuvelier Martin | Running Safe | 0:38:28 | 4:06 | 14,65 | SE | 69 |
| 119 | Haegeman Geert | Jogging Club... | 0:38:32 | 4:06 | 14,63 | V2 | 12 |
| 120 | Personne Baptiste | Sans | 0:38:33 | 4:06 | 14,62 | SE | 70 |
| 121 | Gastelblum Arnaud | Rc Estaimpuis | 0:38:34 | 4:06 | 14,62 | V1 | 23 |
| 122 | Hoslet Noa | Sans | 0:38:35 | 4:06 | 14,61 | EH | 10 |
| 123 | Lievens Dayvin | Sans | 0:38:40 | 4:07 | 14,58 | SE | 71 |
| 124 | Watté Théo | Run 4 Fun | 0:38:42 | 4:07 | 14,57 | SE | 72 |
| 125 | Frébutte Geoffrey | Les Duvelleux | 0:38:42 | 4:07 | 14,56 | V1 | 24 |
| 126 | Fontaine Martin | Gigondas | 0:38:45 | 4:07 | 14,55 | SE | 73 |
| 127 | Lin Cyrian | As Velaines | 0:38:50 | 4:08 | 14,52 | SE | 74 |
| 128 | Moulin Cédric | Les Gens D Ere | 0:38:53 | 4:08 | 14,49 | SE | 75 |
| 129 | Samyn Tom | Sans | 0:39:04 | 4:09 | 14,43 | EH | 11 |
| 130 | Van Houtte Randy | Brakel | 0:39:07 | 4:10 | 14,41 | SE | 76 |
| 131 | Beetens Carlo | Rat | 0:39:11 | 4:10 | 14,38 | V2 | 13 |
| 132 | Allaert Anthime | Tortues Mesl... | 0:39:13 | 4:10 | 14,37 | V1 | 25 |
| 133 | Vandenbroucke Gino | Rc Estaimpuis | 0:39:13 | 4:10 | 14,37 | V3 | 5 |
| 134 | Seradni Maxime | Les Eclates | 0:39:14 | 4:10 | 14,37 | SE | 77 |
| 135 | Durant Luc | Athois D'courir | 0:39:16 | 4:11 | 14,36 | V2 | 14 |
| 136 | Vinchent Olivier | As Velaines | 0:39:18 | 4:11 | 14,34 | V2 | 15 |
| 137 | Derreumaux David | Sans | 0:39:18 | 4:11 | 14,34 | V1 | 26 |
| 138 | Laurent Caroline | Sans | 0:39:23 | 4:11 | 14,31 | DA | 4 |

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|---|---|---|---|---|---|---|---|
| 139 | Conil David | Sans | 0:39:24 | 4:11 | 14,31 | V1 | 27 |
| 140 | Waneukem Philippe | Athois D'courir | 0:39:25 | 4:12 | 14,30 | V2 | 16 |
| 141 | Bollue Bryan | Vc St Luc Mons | 0:39:28 | 4:12 | 14,28 | SE | 78 |
| 142 | Denuncq Nicolas | As Velaines | 0:39:28 | 4:12 | 14,28 | V1 | 28 |
| 143 | Vancaenegem Charlie | Sans | 0:39:31 | 4:12 | 14,27 | SE | 79 |
| 144 | Raulier Loïc | Sans | 0:39:32 | 4:12 | 14,26 | SE | 80 |
| 145 | Pourtois Gilles | Addm Runners | 0:39:33 | 4:12 | 14,25 | V2 | 17 |
| 146 | Cauwberghs Brian | Rc Estaimpuis | 0:39:37 | 4:13 | 14,23 | SE | 81 |
| 147 | Murez Marjorie | Prfm | 0:39:43 | 4:14 | 14,19 | A2 | 1 |
| 148 | Declercq Kim | De Dartele D... | 0:39:44 | 4:14 | 14,19 | SE | 82 |
| 149 | Famelart Loic | Athois D'courir | 0:39:46 | 4:14 | 14,18 | SE | 83 |
| 150 | Stoclet Fabian | Team Peak Be... | 0:39:46 | 4:14 | 14,17 | SE | 84 |
| 151 | Bralion Cédric | Et Chievres | 0:39:52 | 4:14 | 14,14 | V1 | 29 |
| 152 | Mascret Nicolas | Les Noix De ... | 0:39:55 | 4:15 | 14,12 | SE | 85 |
| 153 | Corrato-Munoz Andréas | Sans | 0:39:56 | 4:15 | 14,11 | EH | 12 |
| 154 | Thielemans Sébastien | Les Potes O ... | 0:39:58 | 4:15 | 14,10 | SE | 86 |
| 155 | Delhaye Laurent | Running Safe | 0:40:00 | 4:15 | 14,09 | V1 | 30 |
| 156 | Bossut Chris | Cap Team | 0:40:02 | 4:16 | 14,08 | V1 | 31 |
| 157 | Tits Michel | As Velaines | 0:40:03 | 4:16 | 14,07 | V3 | 6 |
| 158 | Robiez Loïc | Sans | 0:40:06 | 4:16 | 14,06 | SE | 87 |
| 159 | Gastelblum Pauline | Rc Estaimpuis | 0:40:06 | 4:16 | 14,05 | ED | 1 |
| 160 | Brixy Gilles | Sans | 0:40:07 | 4:16 | 14,05 | V1 | 32 |
| 161 | Henneton Emilien | As Montkainoise | 0:40:09 | 4:16 | 14,04 | EH | 13 |
| 162 | Choteau Bertrand | Ineo Carre | 0:40:09 | 4:16 | 14,04 | V1 | 33 |
| 163 | Cornu Yoran | Cycles Dusau... | 0:40:11 | 4:16 | 14,03 | SE | 88 |
| 164 | Dieryck Pascal | Sans | 0:40:13 | 4:17 | 14,02 | V2 | 18 |
| 165 | De Oliveira Mickaël | Sans | 0:40:14 | 4:17 | 14,01 | V1 | 34 |
| 166 | Foucart Kevin | Sans | 0:40:14 | 4:17 | 14,01 | SE | 89 |
| 167 | Decruyenaere Geoffrey | Sans | 0:40:14 | 4:17 | 14,01 | SE | 90 |
| 168 | Mestag Benoit | Pipaix | 0:40:15 | 4:17 | 14,00 | V1 | 35 |
| 169 | De Munck Tanguy | Tortues Mesl... | 0:40:16 | 4:17 | 14,00 | V2 | 19 |
| 170 | Van Weehaeghe Robin | Sans | 0:40:20 | 4:17 | 13,98 | SE | 91 |
| 171 | Lichnowski Grégory | Les Noix De ... | 0:40:24 | 4:18 | 13,95 | V1 | 36 |
| 172 | Vandenbroucke Maxime | Jcl | 0:40:24 | 4:18 | 13,95 | EH | 14 |
| 173 | Froissart Fabrice | Spho/team Bo... | 0:40:24 | 4:18 | 13,95 | V2 | 20 |
| 174 | Cornu David | Team Cycles ... | 0:40:24 | 4:18 | 13,95 | SE | 92 |
| 175 | Camberlin Laurent | Popuelles Dr... | 0:40:25 | 4:18 | 13,95 | V1 | 37 |
| 176 | Fourdin Vincent | Athois D'courir | 0:40:27 | 4:18 | 13,94 | V1 | 38 |
| 177 | Declercq Julien | Coach Running | 0:40:27 | 4:18 | 13,94 | EH | 15 |
| 178 | Lenoir Robin | Tortues Mesl... | 0:40:28 | 4:18 | 13,93 | SE | 93 |
| 179 | Lison Claire | Sans | 0:40:28 | 4:18 | 13,93 | DA | 5 |
| 180 | Deroubaix David | H2o | 0:40:28 | 4:18 | 13,93 | V1 | 39 |
| 181 | Bonnier Mathieu | Pipaix | 0:40:30 | 4:19 | 13,92 | V1 | 40 |
| 182 | Maton Yanis | Sans | 0:40:33 | 4:19 | 13,90 | SE | 94 |
| 183 | Decoster Aurélien | Sans | 0:40:34 | 4:19 | 13,90 | SE | 95 |
| 184 | Abraham Jordan | Les Potes O ... | 0:40:35 | 4:19 | 13,89 | SE | 96 |
| 185 | Fontaine Esteban | Sans | 0:40:35 | 4:19 | 13,89 | EH | 16 |
| 186 | Vanstraceele Kevin | Sans | 0:40:39 | 4:19 | 13,87 | SE | 97 |
| 187 | Pauwels Corentin | Sans | 0:40:40 | 4:20 | 13,86 | SE | 98 |
| 188 | Delcroix Nathan | Raidingsteam | 0:40:44 | 4:20 | 13,84 | SE | 99 |
| 189 | Demunter Erik | Za/jcb | 0:40:45 | 4:20 | 13,83 | V1 | 41 |
| 190 | Winberg Steve | Les Coureurs... | 0:40:48 | 4:20 | 13,82 | SE | 100 |
| 191 | Dujardin Auxanne | Les Noix De ... | 0:40:48 | 4:20 | 13,81 | DA | 6 |
| 192 | Timmerman Sébastien | Jcl | 0:40:50 | 4:21 | 13,80 | V1 | 42 |
| 193 | Opsomer Caroline | Rusta | 0:40:55 | 4:21 | 13,78 | A1 | 1 |
| 194 | Daye Francis | Kain B | 0:40:59 | 4:22 | 13,75 | V3 | 7 |
| 195 | Opsomer Matteo | Mate4run | 0:41:05 | 4:22 | 13,72 | SE | 101 |
| 196 | El Gueder Amandine | Sans | 0:41:05 | 4:22 | 13,72 | DA | 7 |
| 197 | Demat Thomas | Jc Herinnes | 0:41:07 | 4:22 | 13,71 | SE | 102 |
| 198 | Canon Alexis | Sans | 0:41:08 | 4:23 | 13,71 | SE | 103 |
| 199 | Lauwers Louis | Sans | 0:41:08 | 4:23 | 13,70 | SE | 104 |
| 200 | Feys Bert | De Dartele D... | 0:41:09 | 4:23 | 13,70 | SE | 105 |
| 201 | De Neve Nancy | Rst Ath - La... | 0:41:14 | 4:23 | 13,67 | A1 | 2 |
| 202 | Cloet Jean-Christophe | Les Joggeurs... | 0:41:14 | 4:23 | 13,67 | V1 | 43 |
| 203 | Pegorin Marco | Sans | 0:41:14 | 4:23 | 13,67 | V1 | 44 |
| 204 | Collie Leo | Ineo Carre | 0:41:14 | 4:23 | 13,67 | EH | 17 |
| 205 | Callens Emmanuel | Rusta | 0:41:14 | 4:23 | 13,67 | V2 | 21 |
| 206 | Delaby Mathéo | Sans | 0:41:21 | 4:24 | 13,63 | SE | 106 |
| 207 | Capro Milo | Us Thumaide | 0:41:22 | 4:24 | 13,62 | EH | 18 |
| 208 | Samain Anthony | Coach Running | 0:41:24 | 4:24 | 13,61 | V2 | 22 |

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|---|---|---|---|---|---|---|---|
| 209 | Nackart Nathan | Mate4run | 0:41:25 | 4:24 | 13,61 | SE | 107 |
| 210 | Evrard Marie | Addm Runners | 0:41:29 | 4:25 | 13,59 | A1 | 3 |
| 211 | Derdeyn Cassandre | Rc Estaimpuis | 0:41:31 | 4:25 | 13,58 | ED | 2 |
| 212 | Villani Antonio | Rc Estaimpuis | 0:41:32 | 4:25 | 13,57 | V1 | 45 |
| 213 | Lust Arnaud | Sans | 0:41:32 | 4:25 | 13,57 | SE | 108 |
| 214 | Demols Pierre | Sans | 0:41:35 | 4:25 | 13,56 | V2 | 23 |
| 215 | Vandenheede Jean-Marie | Grijsloke | 0:41:35 | 4:25 | 13,55 | V3 | 8 |
| 216 | Maselis Pascal | Coach Running | 0:41:38 | 4:26 | 13,54 | V2 | 24 |
| 217 | Patin Serge | Coach Running | 0:41:41 | 4:26 | 13,52 | V2 | 25 |
| 218 | Depretz Frédéric | Pipaix | 0:41:43 | 4:26 | 13,51 | V1 | 46 |
| 219 | Opsomer Bruno | Athois D'courir | 0:41:43 | 4:26 | 13,51 | V1 | 47 |
| 220 | Mulnard Valentin | Sans | 0:41:44 | 4:26 | 13,51 | SE | 109 |
| 221 | Wattiez Michael | Kain B | 0:41:47 | 4:27 | 13,49 | SE | 110 |
| 222 | Van De Ginste Sébastien | Sans | 0:41:56 | 4:28 | 13,44 | V1 | 48 |
| 223 | Vandenlussche Baptiste | Sans | 0:41:57 | 4:28 | 13,44 | EH | 19 |
| 224 | Sperlich Charles | Jc Baudour | 0:41:59 | 4:28 | 13,43 | V1 | 49 |
| 225 | Ruggeri Maxim | Sans | 0:42:00 | 4:28 | 13,42 | SE | 111 |
| 226 | De Poorter Samuel | Sans | 0:42:10 | 4:29 | 13,37 | V2 | 26 |
| 227 | De Cubber Marc | Bac | 0:42:13 | 4:29 | 13,35 | V3 | 9 |
| 228 | Eraudjou Noé-David | Sans | 0:42:13 | 4:29 | 13,35 | EH | 20 |
| 229 | Ghislain Pierre | Pipaix | 0:42:15 | 4:30 | 13,34 | V3 | 10 |
| 230 | Van Driessche Damien | As Velaines | 0:42:19 | 4:30 | 13,32 | V2 | 27 |
| 231 | Delneste Arnaud | Athois D'courir | 0:42:27 | 4:31 | 13,28 | SE | 112 |
| 232 | Coornaert Kian | Les Joggeurs... | 0:42:28 | 4:31 | 13,27 | EH | 21 |
| 233 | Vandeputte Jeremy | Sans | 0:42:30 | 4:31 | 13,27 | SE | 113 |
| 234 | Boutiau Davy | Sans | 0:42:31 | 4:31 | 13,26 | V1 | 50 |
| 235 | Lamont Michael | As Velaines | 0:42:32 | 4:31 | 13,25 | V2 | 28 |
| 236 | Ergo Jules | Sans | 0:42:33 | 4:32 | 13,24 | SE | 114 |
| 237 | Amorison Noemie | Athois D'courir | 0:42:34 | 4:32 | 13,24 | DA | 8 |
| 238 | Amorison Luc | Athois D'courir | 0:42:34 | 4:32 | 13,24 | V2 | 29 |
| 239 | Vantyghem Laurent | Sans | 0:42:34 | 4:32 | 13,24 | V2 | 30 |
| 240 | Huon Raphaël | Fockedey Spo... | 0:42:34 | 4:32 | 13,24 | SE | 115 |
| 241 | Kurunczi Alexandre | K-team | 0:42:44 | 4:33 | 13,19 | SE | 116 |
| 242 | Collie Fabian | Ineo Carre | 0:42:45 | 4:33 | 13,19 | V2 | 31 |
| 243 | Hellin Louise | Rcag | 0:42:45 | 4:33 | 13,19 | DA | 9 |
| 244 | Giraud Serge | Addm Runners | 0:42:47 | 4:33 | 13,18 | V2 | 32 |
| 245 | Daniaux Dan | Sans | 0:42:48 | 4:33 | 13,17 | EH | 22 |
| 246 | Verriest Nicolas | Gigondas | 0:42:53 | 4:34 | 13,15 | SE | 117 |
| 247 | Quintili Laurent | Sans | 0:42:55 | 4:34 | 13,13 | V2 | 33 |
| 248 | Lefranc Boris | Sans | 0:42:56 | 4:34 | 13,13 | V2 | 34 |
| 249 | Watté Vincent | Run 4 Fun | 0:42:58 | 4:34 | 13,12 | V2 | 35 |
| 250 | Debaisieux Serge | Rhe | 0:42:58 | 4:34 | 13,12 | V3 | 11 |
| 251 | Bargibant Lilian | Sans | 0:43:02 | 4:35 | 13,10 | EH | 23 |
| 252 | Bossut Thyméo | Cap Team | 0:43:02 | 4:35 | 13,10 | EH | 24 |
| 253 | Sperlich Guillaume | Sans | 0:43:06 | 4:35 | 13,08 | V1 | 51 |
| 254 | Houttequiet Stéphane | Popuelles Dr... | 0:43:13 | 4:36 | 13,05 | V2 | 36 |
| 255 | Bertrand Isabelle | Sans | 0:43:14 | 4:36 | 13,04 | DA | 10 |
| 256 | Vandevyver Michael | Sans | 0:43:14 | 4:36 | 13,04 | V1 | 52 |
| 257 | Rosvelds Mathias | Sans | 0:43:16 | 4:36 | 13,03 | SE | 118 |
| 258 | Raulier Jonathan | Sans | 0:43:17 | 4:36 | 13,02 | SE | 119 |
| 259 | Moreels Anthony | Les Noix De ... | 0:43:18 | 4:36 | 13,02 | SE | 120 |
| 260 | Duvivier Axel | Sans | 0:43:26 | 4:37 | 12,98 | EH | 25 |
| 261 | Toubeau Maximilien | Les Eclates ... | 0:43:32 | 4:38 | 12,95 | SE | 121 |
| 262 | Kensier Guillaume | Pipaix | 0:43:33 | 4:38 | 12,94 | V2 | 37 |
| 263 | Christiaens Lionel | Sans | 0:43:34 | 4:38 | 12,94 | EH | 26 |
| 264 | Quarre Michaël | Sans | 0:43:34 | 4:38 | 12,94 | V2 | 38 |
| 265 | Ledeganck Nicolas | Rcag | 0:43:35 | 4:38 | 12,93 | SE | 122 |
| 266 | Maselis Johnny | Sans | 0:43:36 | 4:38 | 12,93 | V2 | 39 |
| 267 | Henrard Flory | Jcsa | 0:43:38 | 4:39 | 12,92 | SE | 123 |
| 268 | Leturcq Fabien | Pipaix | 0:43:42 | 4:39 | 12,90 | V1 | 53 |
| 269 | Derdeyn Quentin | Rc Estaimpuis | 0:43:43 | 4:39 | 12,89 | V1 | 54 |
| 270 | Pluquet Eddy | Lamant's Run... | 0:43:44 | 4:39 | 12,89 | V2 | 40 |
| 271 | Deroubaix Mathilde | Rcag | 0:43:48 | 4:40 | 12,87 | DA | 11 |
| 272 | De Coen Emmanuel | Rcag | 0:43:48 | 4:40 | 12,87 | SE | 124 |
| 273 | Odvart Christophe | Sans | 0:43:57 | 4:41 | 12,82 | V2 | 41 |
| 274 | Mat Christopher | Kain B | 0:43:57 | 4:41 | 12,82 | SE | 125 |
| 275 | Fichelle Benjamin | Sans | 0:43:58 | 4:41 | 12,82 | SE | 126 |
| 276 | Verstraete Vincent | Sans | 0:43:58 | 4:41 | 12,82 | V2 | 42 |
| 277 | Hanton Jérémy | Addm Runners | 0:44:00 | 4:41 | 12,81 | V1 | 55 |
| 278 | Dubruille Maxence | Js Bondon Wiers | 0:44:01 | 4:41 | 12,81 | SE | 127 |

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|---|---|---|---|---|---|---|---|
| 279 | Taskin Kenan | Sans | 0:44:02 | 4:41 | 12,80 | SE | 128 |
| 280 | Lourdel Maurice | Rcag | 0:44:02 | 4:41 | 12,80 | SE | 129 |
| 281 | Delem Benoît | Tortues Mesl... | 0:44:04 | 4:41 | 12,79 | V1 | 56 |
| 282 | Delcoigne Bastien | Sans | 0:44:05 | 4:41 | 12,79 | SE | 130 |
| 283 | Delrue Raphael | Coach Running | 0:44:08 | 4:42 | 12,77 | SE | 131 |
| 284 | Delplace Marie-Laure | Coach Running | 0:44:09 | 4:42 | 12,77 | A1 | 4 |
| 285 | Divry Nicolas | Optimum Trai... | 0:44:09 | 4:42 | 12,77 | V1 | 57 |
| 286 | Corona David | Coach Running | 0:44:11 | 4:42 | 12,76 | EH | 27 |
| 287 | Journey Tom | Sans | 0:44:11 | 4:42 | 12,76 | SE | 132 |
| 288 | De Smet Alexandrine | Sans | 0:44:12 | 4:42 | 12,75 | A2 | 2 |
| 289 | Scorniciel Julien | Sans | 0:44:13 | 4:42 | 12,75 | SE | 133 |
| 290 | Devroede Norbert | Popuelles Dr... | 0:44:16 | 4:43 | 12,73 | V4 | 1 |
| 291 | Longelin Louis | Team Bubba Run | 0:44:17 | 4:43 | 12,73 | SE | 134 |
| 292 | Bottisti Steve | Rcc | 0:44:17 | 4:43 | 12,73 | SE | 135 |
| 293 | Quardel Loïs | Us Thumaide | 0:44:18 | 4:43 | 12,72 | EH | 28 |
| 294 | Moreels Sacha | Sans | 0:44:21 | 4:43 | 12,71 | SE | 136 |
| 295 | Moulin Denis | Sans | 0:44:21 | 4:43 | 12,71 | EH | 29 |
| 296 | Scuflaire Albin | Cap Team | 0:44:29 | 4:44 | 12,67 | V2 | 43 |
| 297 | Mal Géraldine | Running Safe | 0:44:33 | 4:44 | 12,65 | DA | 12 |
| 298 | Desmedt Éric | Sans | 0:44:33 | 4:44 | 12,65 | SE | 137 |
| 299 | Boisdequin Julien | Tortues Mesl... | 0:44:36 | 4:45 | 12,64 | V1 | 58 |
| 300 | Manu Manu | Sans | 0:44:39 | 4:45 | 12,62 | V2 | 44 |
| 301 | Duponcheel Benoît | Jcl | 0:44:40 | 4:45 | 12,62 | V2 | 45 |
| 302 | Devos Philippe | Sans | 0:44:41 | 4:45 | 12,62 | V1 | 59 |
| 303 | Magnier Sophie | Athois D'courir | 0:44:44 | 4:46 | 12,60 | A2 | 3 |
| 304 | Galand Théo | Us Thumaide | 0:44:48 | 4:46 | 12,58 | EH | 30 |
| 305 | Lourdel Jerome | Jc Herinnes | 0:44:49 | 4:46 | 12,58 | SE | 138 |
| 306 | D Hooghe Louan | Us Thumaide | 0:44:49 | 4:46 | 12,58 | EH | 31 |
| 307 | Cambier David | Acbb | 0:44:50 | 4:46 | 12,57 | V2 | 46 |
| 308 | Meurisse Timofey | Sans | 0:44:53 | 4:46 | 12,56 | EH | 32 |
| 309 | Brotcorne Pascal | Rcag | 0:44:54 | 4:47 | 12,56 | V2 | 47 |
| 310 | Desplanque Coquereelmont Florian | V Hiking | 0:44:56 | 4:47 | 12,54 | SE | 139 |
| 311 | Botteldoorn Yannick | Sans | 0:45:01 | 4:47 | 12,52 | SE | 140 |
| 312 | Dumoulin Marie-Laure | Sans | 0:45:02 | 4:47 | 12,52 | DA | 13 |
| 313 | Segard Marion | Flowraid | 0:45:02 | 4:47 | 12,52 | DA | 14 |
| 314 | Delberghe April | Rc Estaimpuis | 0:45:04 | 4:48 | 12,51 | DA | 15 |
| 315 | Taverna Nicolas | Sans | 0:45:05 | 4:48 | 12,50 | SE | 141 |
| 316 | Delberghe Sacha | Rc Estaimpuis | 0:45:05 | 4:48 | 12,50 | SE | 142 |
| 317 | Catoire Jerome | Sans | 0:45:06 | 4:48 | 12,50 | SE | 143 |
| 318 | Moulard Gabin | Us Thumaide | 0:45:06 | 4:48 | 12,50 | EH | 33 |
| 319 | Spriet Frédéric | Sans | 0:45:16 | 4:49 | 12,45 | V2 | 48 |
| 320 | Moutiez Cécile | Athois D'courir | 0:45:17 | 4:49 | 12,45 | A3 | 1 |
| 321 | Laderrière Sébastien | Sans | 0:45:18 | 4:49 | 12,44 | V1 | 60 |
| 322 | Westrade Bruno | Jc Herinnes | 0:45:21 | 4:49 | 12,43 | V2 | 49 |
| 323 | Bury Baptiste | Sans | 0:45:22 | 4:50 | 12,42 | SE | 144 |
| 324 | Petit Jean-Louis | Sans | 0:45:24 | 4:50 | 12,42 | V2 | 50 |
| 325 | Quardel Sylvain | Us Thumaide | 0:45:31 | 4:51 | 12,38 | V1 | 61 |
| 326 | Vanhole Christophe | Sans | 0:45:33 | 4:51 | 12,38 | V2 | 51 |
| 327 | Billiet Fabrice | Ac Leuze | 0:45:37 | 4:51 | 12,36 | V3 | 12 |
| 328 | Catoire Thibaut | Sans | 0:45:39 | 4:51 | 12,35 | V2 | 52 |
| 329 | Doyen Claire | Coach Running | 0:45:39 | 4:51 | 12,35 | DA | 16 |
| 330 | Stragier Louis | Les Eclates | 0:45:41 | 4:52 | 12,34 | EH | 34 |
| 331 | Leclercq Sami | As Velaines | 0:45:41 | 4:52 | 12,34 | SE | 145 |
| 332 | Moulin Quentin | Les Gens D Ere | 0:45:42 | 4:52 | 12,33 | SE | 146 |
| 333 | Michel Diego | Les Coureurs... | 0:45:45 | 4:52 | 12,32 | SE | 147 |
| 334 | Carpentier Tommy | Sans | 0:45:47 | 4:52 | 12,31 | EH | 35 |
| 335 | Choteau Thibaut | Montkainoise | 0:45:47 | 4:52 | 12,31 | EH | 36 |
| 336 | Colson Charles Henry | Sans | 0:45:50 | 4:53 | 12,30 | V1 | 62 |
| 337 | Duthoit Jonathan | Sans | 0:45:50 | 4:53 | 12,30 | V1 | 63 |
| 338 | Rousseau Giulian | Sans | 0:45:55 | 4:53 | 12,28 | EH | 37 |
| 339 | Conil Léonie | Sans | 0:45:59 | 4:54 | 12,26 | ED | 3 |
| 340 | Smagghe Manon | Sans | 0:46:00 | 4:54 | 12,26 | DA | 17 |
| 341 | Fontaine Théo | Sans | 0:46:01 | 4:54 | 12,25 | SE | 148 |
| 342 | Crucq José-M | Sans | 0:46:01 | 4:54 | 12,25 | V1 | 64 |
| 343 | Deblicquy Daryl | Sans | 0:46:01 | 4:54 | 12,25 | SE | 149 |
| 344 | Gastelblum Antoine | Jsmc | 0:46:06 | 4:54 | 12,23 | EH | 38 |
| 345 | Waroux Cedric | Sans | 0:46:07 | 4:54 | 12,22 | V2 | 53 |
| 346 | Cannoot Rudi | Pipaix | 0:46:07 | 4:54 | 12,22 | V2 | 54 |
| 347 | Dermaut Stéphane | Rcag | 0:46:09 | 4:55 | 12,21 | V2 | 55 |
| 348 | Fourdin Luc | Sans | 0:46:10 | 4:55 | 12,21 | V2 | 56 |

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|---|---|---|---|---|---|---|---|
| 349 | De Backer Dave | Madres | 0:46:14 | 4:55 | 12,19 | V2 | 57 |
| 350 | Mercier Pascal | Sans | 0:46:25 | 4:56 | 12,15 | V3 | 13 |
| 351 | Wronski Quentin | Les Noix De ... | 0:46:25 | 4:56 | 12,14 | SE | 150 |
| 352 | Thiebaut Antoine | Running Club... | 0:46:26 | 4:56 | 12,14 | SE | 151 |
| 353 | Vandennieuwenborg Chris | Sans | 0:46:27 | 4:56 | 12,13 | SE | 152 |
| 354 | Vandenheede Théo | Sans | 0:46:39 | 4:58 | 12,08 | SE | 153 |
| 355 | Breyne Elodie | Rc Estaimpuis | 0:46:41 | 4:58 | 12,07 | A1 | 5 |
| 356 | Rivère Samuel | Sans | 0:46:43 | 4:58 | 12,07 | SE | 154 |
| 357 | Gillaux Mathieu | Sans | 0:46:48 | 4:59 | 12,04 | EH | 39 |
| 358 | Leconte Ines | Flowraid | 0:46:49 | 4:59 | 12,04 | DA | 18 |
| 359 | Dervaux Gaëtan | Pipaix | 0:46:51 | 4:59 | 12,03 | V2 | 58 |
| 360 | Huon Marion | Sans | 0:46:52 | 4:59 | 12,03 | DA | 19 |
| 361 | Duquesnoy Quentin | Rcag | 0:47:02 | 5:00 | 11,99 | SE | 155 |
| 362 | Mahieu Eddy | Pipaix | 0:47:02 | 5:00 | 11,98 | V2 | 59 |
| 363 | Simonart Christophe | Sans | 0:47:05 | 5:01 | 11,97 | V1 | 65 |
| 364 | Nihoul Nicolas | Coach Running | 0:47:08 | 5:01 | 11,96 | V1 | 66 |
| 365 | Decraene Jimmy | Jcl | 0:47:08 | 5:01 | 11,96 | V1 | 67 |
| 366 | Balcaen Philippe | Sans | 0:47:09 | 5:01 | 11,96 | V3 | 14 |
| 367 | Clement Xavier | Sans | 0:47:13 | 5:01 | 11,94 | SE | 156 |
| 368 | Leman Maxime | Les Grosses ... | 0:47:13 | 5:01 | 11,94 | SE | 157 |
| 369 | Decoster Guillaume | Sans | 0:47:13 | 5:01 | 11,94 | SE | 158 |
| 370 | Latour Jeanne | Popuelles Dr... | 0:47:14 | 5:01 | 11,93 | DA | 20 |
| 371 | Delzenne Romain | Kain B | 0:47:15 | 5:02 | 11,93 | SE | 159 |
| 372 | Leroy Philippe | Pipaix | 0:47:18 | 5:02 | 11,92 | V2 | 60 |
| 373 | Bonte Laurence | Jcpmf Pecq | 0:47:18 | 5:02 | 11,92 | A3 | 2 |
| 374 | Gossart Dimitri | Sans | 0:47:22 | 5:02 | 11,90 | V2 | 61 |
| 375 | Diricq Nolwenn | Les Noix De ... | 0:47:22 | 5:02 | 11,90 | DA | 21 |
| 376 | Diricq Héloïse | Les Noix De ... | 0:47:23 | 5:02 | 11,89 | DA | 22 |
| 377 | Descarpentries Fabrice | Sans | 0:47:25 | 5:03 | 11,89 | V2 | 62 |
| 378 | Parret Lucie | Les Eclates | 0:47:28 | 5:03 | 11,87 | DA | 23 |
| 379 | D Ennetieres Camille | Les Eclates | 0:47:29 | 5:03 | 11,87 | DA | 24 |
| 380 | D Ath Simon | Sans | 0:47:34 | 5:04 | 11,85 | SE | 160 |
| 381 | Spriet Marine | Sans | 0:47:34 | 5:04 | 11,85 | DA | 25 |
| 382 | Huys Nancy | Coach Running | 0:47:36 | 5:04 | 11,84 | A1 | 6 |
| 383 | Van Mullem Nicolas | Coach Running | 0:47:36 | 5:04 | 11,84 | V2 | 63 |
| 384 | Barbieux Corentin | Sans | 0:47:37 | 5:04 | 11,84 | SE | 161 |
| 385 | Debruyne Mateo | Sans | 0:47:39 | 5:04 | 11,83 | SE | 162 |
| 386 | Bureau Amandin | Sans | 0:47:40 | 5:04 | 11,83 | SE | 163 |
| 387 | Salomez Frédérik | Mmm & W | 0:47:40 | 5:04 | 11,83 | V2 | 64 |
| 388 | Leclercq Eddy | Kain B | 0:47:40 | 5:04 | 11,82 | V4 | 2 |
| 389 | Parent Victor | Rcag | 0:47:44 | 5:05 | 11,81 | SE | 164 |
| 390 | Dermaut Tom | Rcag | 0:47:46 | 5:05 | 11,80 | SE | 165 |
| 391 | Spileers Marie Helene | Les Joggeurs... | 0:47:49 | 5:05 | 11,79 | A1 | 7 |
| 392 | Lecocq Pierre | Cap Team | 0:47:52 | 5:06 | 11,77 | V3 | 15 |
| 393 | Pancheri Stephanie | Les Eclates ... | 0:47:53 | 5:06 | 11,77 | A1 | 8 |
| 394 | Lebrun Guy-Eloi | Sans | 0:47:55 | 5:06 | 11,76 | SE | 166 |
| 395 | Gindre Louis | Us Thumaide | 0:47:56 | 5:06 | 11,76 | EH | 40 |
| 396 | Vandenbulcke Arnaud | Rc Estaimpuis | 0:47:56 | 5:06 | 11,76 | V2 | 65 |
| 397 | Henrotte Andréas | Sans | 0:47:57 | 5:06 | 11,75 | V1 | 68 |
| 398 | Flammia Jean-Baptiste | Tortues Mesl... | 0:48:00 | 5:06 | 11,74 | SE | 167 |
| 399 | Mazari Amar | Cocoach | 0:48:07 | 5:07 | 11,71 | V2 | 66 |
| 400 | Wallon Benjamin | Sans | 0:48:08 | 5:07 | 11,71 | V1 | 69 |
| 401 | Knockaert Guillaume | Sans | 0:48:12 | 5:08 | 11,70 | V1 | 70 |
| 402 | François Luc | Sans | 0:48:14 | 5:08 | 11,69 | V2 | 67 |
| 403 | Mercier Romain | Sans | 0:48:14 | 5:08 | 11,69 | SE | 168 |
| 404 | Mortrul Leandre | Sans | 0:48:15 | 5:08 | 11,68 | EH | 41 |
| 405 | Van Eeckhout Dirk | Vacbl | 0:48:15 | 5:08 | 11,68 | V3 | 16 |
| 406 | Ledegank Kurt | B Betes De C... | 0:48:16 | 5:08 | 11,68 | V2 | 68 |
| 407 | Roupin Alexandre | Sans | 0:48:16 | 5:08 | 11,68 | EH | 42 |
| 408 | Allard Thierry | Kain B | 0:48:23 | 5:09 | 11,65 | V2 | 69 |
| 409 | Abandon Olivier | Rst Ath | 0:48:25 | 5:09 | 11,64 | V2 | 70 |
| 410 | Clerx Vincent | Pipaix | 0:48:29 | 5:09 | 11,63 | V2 | 71 |
| 411 | Ansciaux Guillaume | Sans | 0:48:29 | 5:09 | 11,63 | SE | 169 |
| 412 | Ghyselings Alexis | Fockedey Spo... | 0:48:29 | 5:09 | 11,63 | SE | 170 |
| 413 | Coeuret Bastien | Sans | 0:48:30 | 5:10 | 11,62 | EH | 43 |
| 414 | Assoignons Camille | Sans | 0:48:30 | 5:10 | 11,62 | DA | 26 |
| 415 | Debuchy Anne-Laure | Cocoach | 0:48:34 | 5:10 | 11,61 | A1 | 9 |
| 416 | Delmarre Pierre | Rc Estaimpuis | 0:48:36 | 5:10 | 11,60 | V3 | 17 |
| 417 | Van Malleghem Guillaume | Athois D'courir | 0:48:38 | 5:10 | 11,59 | V1 | 71 |
| 418 | Van Den Brulle Roland | Jc Brakel | 0:48:39 | 5:11 | 11,59 | V4 | 3 |

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|---|---|---|---|---|---|---|---|
| 419 | Verdy Jacques | Kain B | 0:48:39 | 5:11 | 11,58 | V3 | 18 |
| 420 | Dutrannois Elodie | Sans | 0:48:41 | 5:11 | 11,58 | DA | 27 |
| 421 | Bruneau Chantal | Pipaix | 0:48:43 | 5:11 | 11,57 | A3 | 3 |
| 422 | Catteau Vincent | Cocoach | 0:48:45 | 5:11 | 11,56 | V3 | 19 |
| 423 | Deronne Amaury | Sans | 0:48:47 | 5:11 | 11,55 | V1 | 72 |
| 424 | Jonville Armand | Sans | 0:48:48 | 5:11 | 11,55 | V3 | 20 |
| 425 | X Y | Sans | 0:48:49 | 5:12 | 11,55 | SE | 171 |
| 426 | Verschelde Luc | Rtb | 0:48:49 | 5:12 | 11,54 | V4 | 4 |
| 427 | Leemans Grégory | Coach Running | 0:48:50 | 5:12 | 11,54 | SE | 172 |
| 428 | Tanghe Matthias | De Dartele D... | 0:48:54 | 5:12 | 11,53 | SE | 173 |
| 429 | Wacquier Elodie | Coach Running | 0:48:57 | 5:12 | 11,51 | A1 | 10 |
| 430 | Wauquiez Xavier | Sans | 0:49:15 | 5:14 | 11,45 | V2 | 72 |
| 431 | Michel Lucas | Les Coureurs... | 0:49:16 | 5:14 | 11,44 | SE | 174 |
| 432 | Coucke Bartel | Vacbl | 0:49:21 | 5:15 | 11,42 | V2 | 73 |
| 433 | Polo Romero Tiago | Prfm | 0:49:29 | 5:16 | 11,39 | EH | 44 |
| 434 | Polo Romero Rodrigue | Prfm | 0:49:29 | 5:16 | 11,39 | V1 | 73 |
| 435 | Venstals Célestin | Sans | 0:49:36 | 5:17 | 11,36 | EH | 45 |
| 436 | Cornez Lutgarde | Coach Running | 0:49:36 | 5:17 | 11,36 | A2 | 4 |
| 437 | Dufour Philippe | As Velaines | 0:49:41 | 5:17 | 11,34 | V3 | 21 |
| 438 | Roupin Tony | Sans | 0:49:42 | 5:17 | 11,34 | V1 | 74 |
| 439 | Robette Romuald | Sans | 0:49:45 | 5:18 | 11,33 | V1 | 75 |
| 440 | Masai Christian | Kain B | 0:49:47 | 5:18 | 11,32 | V4 | 5 |
| 441 | Fastrez Christophe | Sans | 0:49:50 | 5:18 | 11,31 | V2 | 74 |
| 442 | De Cubber Jacques | Bac | 0:49:53 | 5:18 | 11,30 | V3 | 22 |
| 443 | Guelton Lucas | Rcag | 0:49:54 | 5:19 | 11,30 | SE | 175 |
| 444 | Duart Luthe Mai | Sans | 0:49:55 | 5:19 | 11,29 | DA | 28 |
| 445 | Vifquin Perrine | Sans | 0:49:58 | 5:19 | 11,28 | DA | 29 |
| 446 | Evers Alexandre | Sans | 0:50:00 | 5:19 | 11,27 | SE | 176 |
| 447 | Vantyghem Alain | Sans | 0:50:02 | 5:19 | 11,26 | V4 | 6 |
| 448 | Huon Colin | Sans | 0:50:05 | 5:20 | 11,25 | SE | 177 |
| 449 | Depius Timeo | Sans | 0:50:06 | 5:20 | 11,25 | SE | 178 |
| 450 | Deboever Bernard | Sans | 0:50:07 | 5:20 | 11,25 | V2 | 75 |
| 451 | Boulanger Julien | Sans | 0:50:12 | 5:20 | 11,23 | V1 | 76 |
| 452 | Soudant Caroline | Sans | 0:50:16 | 5:21 | 11,21 | DA | 30 |
| 453 | Ladriere Vincent | Sans | 0:50:16 | 5:21 | 11,21 | V1 | 77 |
| 454 | Vanclef Hippolyte | Sans | 0:50:19 | 5:21 | 11,20 | EH | 46 |
| 455 | Stock Camille | Sans | 0:50:22 | 5:21 | 11,19 | DA | 31 |
| 456 | Hennebicq Laurent | Pipaix | 0:50:23 | 5:22 | 11,19 | V3 | 23 |
| 457 | Michaux Lorenzo | Sans | 0:50:25 | 5:22 | 11,18 | EH | 47 |
| 458 | Nachtergale Jade |  | 0:50:27 | 5:22 | 11,17 | ED | 4 |
| 459 | Scorniciel Marylène | As Velaines | 0:50:27 | 5:22 | 11,17 | A2 | 5 |
| 460 | Lefevre Pauline | Templeuve | 0:50:28 | 5:22 | 11,17 | DA | 32 |
| 461 | Declercq Marion | Coach Running | 0:50:28 | 5:22 | 11,17 | EH | 48 |
| 462 | Barbieux Yaelle | Rusta | 0:50:29 | 5:22 | 11,16 | ED | 5 |
| 463 | De Cubber Simon | Rcag | 0:50:30 | 5:22 | 11,16 | SE | 179 |
| 464 | Dumont Olivia | Coach Running | 0:50:35 | 5:23 | 11,14 | DA | 33 |
| 465 | Simoens Rémi | Coach Running | 0:50:36 | 5:23 | 11,14 | SE | 180 |
| 466 | Auquière Pierre | Sans | 0:50:36 | 5:23 | 11,14 | SE | 181 |
| 467 | Dupilet Jérémie | Courir Ensem... | 0:50:40 | 5:23 | 11,13 | V1 | 78 |
| 468 | Themont Cyrille | Sans | 0:50:40 | 5:23 | 11,13 | EH | 49 |
| 469 | Janssens Lidia | Les Potes O ... | 0:50:41 | 5:24 | 11,12 | A1 | 11 |
| 470 | Roccaro Giuseppe | Rst Ath | 0:50:41 | 5:24 | 11,12 | V3 | 24 |
| 471 | Van Kerchkem Esteban | Us Thumaide | 0:50:41 | 5:24 | 11,12 | EH | 50 |
| 472 | Delbecq Rémy | Les Potes O ... | 0:50:43 | 5:24 | 11,11 | V1 | 79 |
| 473 | Mahy Baptiste | Sans | 0:50:45 | 5:24 | 11,11 | SE | 182 |
| 474 | Dillies Gaetan | Mmm & W | 0:50:47 | 5:24 | 11,10 | SE | 183 |
| 475 | Rysman Johan | Avi | 0:50:48 | 5:24 | 11,10 | V4 | 7 |
| 476 | Jaupart Véronique | Addm Runners | 0:50:48 | 5:24 | 11,09 | A3 | 4 |
| 477 | Cortvrint Henri | Les Pintes A... | 0:50:51 | 5:25 | 11,09 | V3 | 25 |
| 478 | Duhamel Jimmy | Sans | 0:50:54 | 5:25 | 11,07 | SE | 184 |
| 479 | Olejnik Sandrine | Athois D'courir | 0:50:55 | 5:25 | 11,07 | A2 | 6 |
| 480 | Hernould Bastien | Sans | 0:50:56 | 5:25 | 11,06 | SE | 185 |
| 481 | Gabriels Maxime | Pipaix | 0:51:02 | 5:26 | 11,04 | SE | 186 |
| 482 | Henneton Juliette | Running Plan... | 0:51:11 | 5:27 | 11,01 | DA | 34 |
| 483 | Genette Iseline | Athois D'courir | 0:51:13 | 5:27 | 11,00 | DA | 35 |
| 484 | Noel Jonathan | Athois D'courir | 0:51:14 | 5:27 | 11,00 | SE | 187 |
| 485 | Deronne Camille | Sans | 0:51:14 | 5:27 | 11,00 | DA | 36 |
| 486 | Defresne Raphaël | Sans | 0:51:14 | 5:27 | 11,00 | EH | 51 |
| 487 | François Valérie | Sans | 0:51:14 | 5:27 | 11,00 | A2 | 7 |
| 488 | Scohiez Melanie | Pipaix | 0:51:15 | 5:27 | 11,00 | DA | 37 |

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|---|---|---|---|---|---|---|---|
| 489 | Delgado Da Costa Javier | Sans | 0:51:17 | 5:27 | 10,99 | EH | 52 |
| 490 | Debeve Fiona | Rst Ath | 0:51:20 | 5:28 | 10,98 | DA | 38 |
| 491 | Desablens Emilie | Sans | 0:51:21 | 5:28 | 10,98 | DA | 39 |
| 492 | Moyart Emilie | James Club | 0:51:29 | 5:29 | 10,95 | DA | 40 |
| 493 | Vanmalleghem Alona | Sans | 0:51:30 | 5:29 | 10,95 | ED | 6 |
| 494 | Hurbain Raphaël | Sans | 0:51:30 | 5:29 | 10,94 | SE | 188 |
| 495 | Ninane Marie Eve | Sans | 0:51:33 | 5:29 | 10,93 | A1 | 12 |
| 496 | Van driessche Rémy | Zoe Club | 0:51:35 | 5:29 | 10,93 | V1 | 80 |
| 497 | Thiebaut Jean-Philippe | Sans | 0:51:36 | 5:29 | 10,92 | V2 | 76 |
| 498 | Senelle Ines | As Velaines | 0:51:37 | 5:29 | 10,92 | DA | 41 |
| 499 | Axensalva Renaud | Sans | 0:51:38 | 5:30 | 10,92 | V2 | 77 |
| 500 | Verraes Olivia | Jsmc Mouscron | 0:51:39 | 5:30 | 10,91 | ED | 7 |
| 501 | Carette Valérie-Anne | Sans | 0:51:41 | 5:30 | 10,91 | A2 | 8 |
| 502 | Fontaine Sarah | Sans | 0:51:41 | 5:30 | 10,90 | DA | 42 |
| 503 | Chadi Nicolas | Cap Team | 0:51:42 | 5:30 | 10,90 | V2 | 78 |
| 504 | Van Renterghem Jean-Philippe | Les Potes O ... | 0:51:43 | 5:30 | 10,90 | V1 | 81 |
| 505 | Hovine Clara | Running Safe | 0:51:45 | 5:30 | 10,89 | DA | 43 |
| 506 | Castel Aurélie | Les Joggeurs... | 0:51:46 | 5:30 | 10,89 | DA | 44 |
| 507 | Van Hoecke Dylan | Montkainoise | 0:51:47 | 5:31 | 10,89 | SE | 189 |
| 508 | Ramu Annick | Kain B | 0:51:49 | 5:31 | 10,88 | A3 | 5 |
| 509 | Deslee Eric | Kain B | 0:51:49 | 5:31 | 10,88 | V3 | 26 |
| 510 | Nyssen Alain | Hermes Atletic | 0:51:51 | 5:31 | 10,87 | V2 | 79 |
| 511 | Coornaert Frédéric | Team Verhels... | 0:51:53 | 5:31 | 10,86 | V1 | 82 |
| 512 | Moulin Rémy | Us Thumaide | 0:51:57 | 5:32 | 10,85 | EH | 53 |
| 513 | Lemoine Samuel | Lamant's Run... | 0:51:57 | 5:32 | 10,85 | V2 | 80 |
| 514 | Delaunoy Sebastien | Coach Running | 0:51:58 | 5:32 | 10,85 | V2 | 81 |
| 515 | De Craene Jean-Philippe | Sans | 0:52:11 | 5:33 | 10,80 | V2 | 82 |
| 516 | Messiaen Antonin | Sans | 0:52:24 | 5:34 | 10,76 | EH | 54 |
| 517 | Vlemincx Sharon | Sans | 0:52:26 | 5:35 | 10,75 | DA | 45 |
| 518 | Vandendyck Vanessa | Sans | 0:52:27 | 5:35 | 10,75 | A1 | 13 |
| 519 | Duquenne Michel | Jcsa | 0:52:27 | 5:35 | 10,75 | V4 | 8 |
| 520 | Demitri Cosimo | Athois D'courir | 0:52:28 | 5:35 | 10,74 | V3 | 27 |
| 521 | Abrassart Ilona | Sans | 0:52:28 | 5:35 | 10,74 | DA | 46 |
| 522 | Delobelle Chantal | Spho | 0:52:28 | 5:35 | 10,74 | A3 | 6 |
| 523 | Abrassart Michael | Sans | 0:52:28 | 5:35 | 10,74 | V1 | 83 |
| 524 | Geenens Mathilde | Running Club... | 0:52:35 | 5:36 | 10,72 | DA | 47 |
| 525 | Louviaux Sarah | Sans | 0:52:38 | 5:36 | 10,71 | DA | 48 |
| 526 | Messiaen Benoît | Sans | 0:52:44 | 5:37 | 10,69 | V2 | 83 |
| 527 | Betermier Laetitia | Sans | 0:52:47 | 5:37 | 10,68 | A2 | 9 |
| 528 | Lonez Eddy | Sans | 0:52:50 | 5:37 | 10,67 | V4 | 9 |
| 529 | Desmons Lily | Rusta | 0:52:59 | 5:38 | 10,64 | DA | 49 |
| 530 | Leroy Julie | Running Safe | 0:53:03 | 5:39 | 10,63 | A1 | 14 |
| 531 | Lefebvre Marie-Jeanne | Running Safe | 0:53:03 | 5:39 | 10,62 | A1 | 15 |
| 532 | Bossut Esteban | Cap Team | 0:53:07 | 5:39 | 10,61 | SE | 190 |
| 533 | Riche Bryan | Sans | 0:53:10 | 5:39 | 10,60 | SE | 191 |
| 534 | Ducoron Benjamin | Us Thumaide | 0:53:10 | 5:39 | 10,60 | EH | 55 |
| 535 | Mestdagh Edwin | Jcpmf Rumes | 0:53:11 | 5:39 | 10,60 | SE | 192 |
| 536 | Vandevelde Victor | Us Thumaide | 0:53:11 | 5:39 | 10,60 | EH | 56 |
| 537 | Tharin Frédéric | Jcl | 0:53:11 | 5:39 | 10,60 | V3 | 28 |
| 538 | Depelchin Anne Cecile | Templeuve | 0:53:12 | 5:40 | 10,60 | A1 | 16 |
| 539 | Joye Pierre | Jcl | 0:53:14 | 5:40 | 10,59 | V2 | 84 |
| 540 | Henry Mathieu | Jc Herinnes | 0:53:15 | 5:40 | 10,58 | V1 | 84 |
| 541 | Carpentier Jean-Michel | Jc Herinnes | 0:53:18 | 5:40 | 10,58 | V2 | 85 |
| 542 | Desmet Yves | Jcsa | 0:53:23 | 5:41 | 10,56 | V3 | 29 |
| 543 | Deruyver Myriam | Les Noix De ... | 0:53:25 | 5:41 | 10,55 | A1 | 17 |
| 544 | Van Den Bogaergen Séverine | Tortues Mesl... | 0:53:27 | 5:41 | 10,54 | A1 | 18 |
| 545 | Fontaine Léonce | Sans | 0:53:28 | 5:41 | 10,54 | V2 | 86 |
| 546 | Vandenheede Lore | Loopclub Gri... | 0:53:30 | 5:41 | 10,53 | DA | 50 |
| 547 | De Rodder Éric | Bac | 0:53:34 | 5:42 | 10,52 | V3 | 30 |
| 548 | Croes Melissa | Sans | 0:53:39 | 5:42 | 10,51 | DA | 51 |
| 549 | Ghestem Louis | Sans | 0:53:41 | 5:43 | 10,50 | SE | 193 |
| 550 | Prevost Mathys | Sans | 0:53:41 | 5:43 | 10,50 | EH | 57 |
| 551 | Hellin Augustin | Sans | 0:53:42 | 5:43 | 10,50 | SE | 194 |
| 552 | De Graeve Théo | Montkainoise | 0:53:43 | 5:43 | 10,49 | EH | 58 |
| 553 | Decat Baptiste | Sans | 0:53:51 | 5:44 | 10,47 | SE | 195 |
| 554 | Vandemeulebroecke Laura | Sans | 0:53:52 | 5:44 | 10,46 | DA | 52 |
| 555 | Morel Pierre | Sans | 0:53:52 | 5:44 | 10,46 | SE | 196 |
| 556 | Piron Gilles | Team Verhels... | 0:53:56 | 5:44 | 10,45 | V1 | 85 |
| 557 | Simonart David | Sans | 0:53:57 | 5:44 | 10,45 | V2 | 87 |
| 558 | Lechantre Erwin | Sans | 0:53:57 | 5:44 | 10,45 | V1 | 86 |

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|---|---|---|---|---|---|---|---|
| 559 | Choteau Hugues | Montkainoise | 0:54:02 | 5:45 | 10,43 | V1 | 87 |
| 560 | Stassin Martin | Sans | 0:54:07 | 5:45 | 10,42 | SE | 197 |
| 561 | Wibaut Isabelle | As Velaines | 0:54:10 | 5:46 | 10,41 | DA | 53 |
| 562 | Dubus Valérie | Jcl | 0:54:13 | 5:46 | 10,40 | A1 | 19 |
| 563 | Petain Ludovic | Sans | 0:54:13 | 5:46 | 10,39 | V1 | 88 |
| 564 | Nortier David | Sport Evasion | 0:54:15 | 5:46 | 10,39 | V2 | 88 |
| 565 | Bourgi Patrick | B Betes De C... | 0:54:17 | 5:46 | 10,38 | V2 | 89 |
| 566 | Senelle Natan | As Velaines | 0:54:18 | 5:47 | 10,38 | SE | 198 |
| 567 | Delesie Jan | Kks | 0:54:21 | 5:47 | 10,37 | V4 | 10 |
| 568 | Dujardin Flore | Les Noix De ... | 0:54:23 | 5:47 | 10,37 | ED | 8 |
| 569 | Vander Meiren Didier | Sans | 0:54:26 | 5:47 | 10,36 | V3 | 31 |
| 570 | Dujardin Catherine | Les Noix De ... | 0:54:26 | 5:47 | 10,36 | A1 | 20 |
| 571 | Lesoil Harmony | Et Chievres | 0:54:26 | 5:47 | 10,35 | DA | 54 |
| 572 | Hache Fabien | Les Noix De ... | 0:54:26 | 5:47 | 10,35 | SE | 199 |
| 573 | Decoster Nicolas | Sans | 0:54:29 | 5:48 | 10,35 | SE | 200 |
| 574 | Fontaine Marie | Sans | 0:54:31 | 5:48 | 10,34 | DA | 55 |
| 575 | Giacomello Kelly | Sans | 0:54:32 | 5:48 | 10,34 | DA | 56 |
| 576 | Werrebrouck Blaise | Manhattan | 0:54:34 | 5:48 | 10,33 | V2 | 90 |
| 577 | Binon Frédérique | Sans | 0:54:39 | 5:49 | 10,31 | A2 | 10 |
| 578 | Vairon catherine | Sans | 0:54:47 | 5:50 | 10,29 | A1 | 21 |
| 579 | De Wolf Perrine | Sans | 0:54:52 | 5:50 | 10,27 | DA | 57 |
| 580 | Choteau Margot | Rusta | 0:54:54 | 5:50 | 10,27 | DA | 58 |
| 581 | Dendauw Severine | Montkainoise | 0:54:56 | 5:51 | 10,26 | A1 | 22 |
| 582 | Lhost Camille | Sans | 0:54:58 | 5:51 | 10,25 | DA | 59 |
| 583 | Cambier Virginie |  | 0:55:00 | 5:51 | 10,25 | A1 | 23 |
| 584 | Fervaille Fabienne | Kain B | 0:55:04 | 5:51 | 10,24 | A3 | 7 |
| 585 | Demory Olivia | Sans | 0:55:09 | 5:52 | 10,22 | DA | 60 |
| 586 | Dewandel Elénie | Sans | 0:55:11 | 5:52 | 10,21 | DA | 61 |
| 587 | Vancaenegem Valentin | Sans | 0:55:12 | 5:52 | 10,21 | V1 | 89 |
| 588 | Roty Michel | Kain B | 0:55:14 | 5:53 | 10,20 | V5 | 1 |
| 589 | Demaeseneire Michaël | Sans | 0:55:17 | 5:53 | 10,20 | V2 | 91 |
| 590 | Gremmens Stefan | Rmt | 0:55:18 | 5:53 | 10,19 | V2 | 92 |
| 591 | Vandenbroucke Serge | Jcl | 0:55:27 | 5:54 | 10,17 | V1 | 90 |
| 592 | Henry Valentine | Sans | 0:55:30 | 5:54 | 10,16 | DA | 62 |
| 593 | Soete Nancy | Jc Baudour | 0:55:32 | 5:54 | 10,15 | A1 | 24 |
| 594 | Manteau Corad | Sans | 0:55:39 | 5:55 | 10,13 | SE | 201 |
| 595 | Van Huffel Zoé | Sans | 0:55:43 | 5:56 | 10,12 | DA | 63 |
| 596 | Vercouter Jens | Sans | 0:55:52 | 5:57 | 10,09 | SE | 202 |
| 597 | Vercouter Dominiek | Dapalo | 0:55:55 | 5:57 | 10,08 | V2 | 93 |
| 598 | Metten Marie | Sans | 0:55:59 | 5:57 | 10,07 | DA | 64 |
| 599 | Mahieu Maxence | Sans | 0:56:06 | 5:58 | 10,05 | SE | 203 |
| 600 | Debaye Melanie | Lamant's Run... | 0:56:06 | 5:58 | 10,05 | A1 | 25 |
| 601 | Dellettre Anne | Spho | 0:56:14 | 5:59 | 10,02 | A2 | 11 |
| 602 | Le Roi Amandine | Sans | 0:56:26 | 6:00 | 9,99 | DA | 65 |
| 603 | Dogimont Amandine | Srt | 0:56:27 | 6:00 | 9,99 | DA | 66 |
| 604 | Pierquin Sabine | Jc Herinnes | 0:56:29 | 6:01 | 9,98 | A3 | 8 |
| 605 | Delhaye Carl | Jc Herinnes | 0:56:29 | 6:01 | 9,98 | V3 | 32 |
| 606 | Peutte Sylvie | As Velaines | 0:56:33 | 6:01 | 9,97 | A2 | 12 |
| 607 | Delneste Julie | Coach Running | 0:56:39 | 6:02 | 9,95 | A1 | 26 |
| 608 | Nicolle Bruno | Avec | 0:56:58 | 6:04 | 9,89 | V3 | 33 |
| 609 | Galant Anne | Tortues Mesl... | 0:56:59 | 6:04 | 9,89 | A2 | 13 |
| 610 | Grivet Dominique | Templeuve | 0:57:02 | 6:04 | 9,88 | V2 | 94 |
| 611 | Porcu Clara | Rc Estaimpuis | 0:57:03 | 6:04 | 9,88 | A3 | 9 |
| 612 | Frenoy Frederique | Wild Academy | 0:57:03 | 6:04 | 9,88 | A2 | 14 |
| 613 | Jenart Estelle | Rcag | 0:57:12 | 6:05 | 9,85 | DA | 67 |
| 614 | Cornu Alice |  | 0:57:12 | 6:05 | 9,85 | DA | 68 |
| 615 | Mat Gwendoline | Sans | 0:57:13 | 6:05 | 9,85 | DA | 69 |
| 616 | Verdoncq Louise | Sans | 0:57:14 | 6:05 | 9,85 | DA | 70 |
| 617 | Demaret Coline | Sans | 0:57:17 | 6:06 | 9,84 | DA | 71 |
| 618 | Cuvelier Françis | As Velaines | 0:57:20 | 6:06 | 9,83 | V3 | 34 |
| 619 | Casaert Hugo | Popuelles Dr... | 0:57:27 | 6:07 | 9,81 | SE | 204 |
| 620 | Grugeon Nicolas | Jc Herinnes | 0:57:37 | 6:08 | 9,78 | V2 | 95 |
| 621 | Louette Julien | Sans | 0:57:37 | 6:08 | 9,78 | SE | 205 |
| 622 | Homerin Catherine | Sans | 0:57:38 | 6:08 | 9,78 | A1 | 27 |
| 623 | Verhamme Lili | Sans | 0:57:38 | 6:08 | 9,78 | DA | 72 |
| 624 | Ansciaux Philippe | Sans | 0:57:38 | 6:08 | 9,78 | V3 | 35 |
| 625 | Van Wymeersch Julien | Jcpmf Rumes | 0:57:45 | 6:09 | 9,76 | SE | 206 |
| 626 | Sckokaert Kyllian | Us Thumaide | 0:57:47 | 6:09 | 9,75 | EH | 59 |
| 627 | Renaut Jordan | Sans | 0:57:51 | 6:09 | 9,74 | SE | 207 |
| 628 | Renard Théophile | Sans | 0:57:52 | 6:09 | 9,74 | SE | 208 |

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|---|---|---|---|---|---|---|---|
| 629 | De Witte Christian | Sans | 0:58:11 | 6:11 | 9,69 | V4 | 11 |
| 630 | Desmons Richard | Jc Herinnes | 0:58:12 | 6:11 | 9,68 | V1 | 91 |
| 631 | Desmons Aneëlle | Sans | 0:58:12 | 6:11 | 9,68 | ED | 9 |
| 632 | Fontaine Christelle | Templeuve | 0:58:19 | 6:12 | 9,66 | A3 | 10 |
| 633 | Roisse Yana | Sans | 0:58:24 | 6:13 | 9,65 | ED | 10 |
| 634 | Lemoine Christelle | Kain B | 0:58:31 | 6:14 | 9,63 | A3 | 11 |
| 635 | Durant Elise | Sans | 0:58:32 | 6:14 | 9,63 | DA | 73 |
| 636 | Dupuis Noémie | Rc Estaimpuis | 0:58:33 | 6:14 | 9,63 | DA | 74 |
| 637 | Dardenne Mélanie | Rc Estaimpuis | 0:58:33 | 6:14 | 9,63 | A1 | 28 |
| 638 | Deknudt Margaux | Sans | 0:58:33 | 6:14 | 9,63 | DA | 75 |
| 639 | Musumeci Bruno | Jcsa | 0:58:36 | 6:14 | 9,62 | V3 | 36 |
| 640 | Delhaye Michel | Sans | 0:58:45 | 6:15 | 9,59 | V3 | 37 |
| 641 | Quintin Pierre | As Velaines | 0:58:46 | 6:15 | 9,59 | V3 | 38 |
| 642 | Vangheluwe Patrick | As Velaines | 0:58:47 | 6:15 | 9,59 | V3 | 39 |
| 643 | Hennequart Lieve | Les Tortues ... | 0:59:07 | 6:17 | 9,53 | A1 | 29 |
| 644 | Helin Véronique | Lamant's Run... | 0:59:23 | 6:19 | 9,49 | A3 | 12 |
| 645 | De Moerloose Johan | Leonidas | 0:59:33 | 6:20 | 9,46 | V2 | 96 |
| 646 | Declercq Anne-Sophie | Sans | 0:59:37 | 6:21 | 9,45 | A2 | 15 |
| 647 | Bargibant Patrick | Sans | 0:59:37 | 6:21 | 9,45 | V2 | 97 |
| 648 | Delannoy Lila | Sans | 0:59:44 | 6:21 | 9,43 | DA | 76 |
| 649 | Toubeau Dominique | Spho | 0:59:48 | 6:22 | 9,42 | V3 | 40 |
| 650 | De Nève Chantal | Pipaix | 0:59:50 | 6:22 | 9,42 | A3 | 13 |
| 651 | Bequet Yannick | Lamant's Run... | 0:59:56 | 6:23 | 9,41 | A2 | 16 |
| 652 | Pollet Lana | Sans | 1:00:28 | 6:26 | 9,32 | DA | 77 |
| 653 | Bouhon Amandine | Les Gens D Ere | 1:00:43 | 6:28 | 9,28 | A1 | 30 |
| 654 | Caby Bernard | Jcsa | 1:00:47 | 6:28 | 9,27 | V3 | 41 |
| 655 | Deberdt Danny | Sans | 1:01:24 | 6:32 | 9,18 | V4 | 12 |
| 656 | Thiébaut Jeanne | Sans | 1:02:03 | 6:36 | 9,08 | DA | 78 |
| 657 | Thiébaut Manon | Sans | 1:02:04 | 6:36 | 9,08 | ED | 11 |
| 658 | Malaterre Gilles | No Macadam S... | 1:02:11 | 6:37 | 9,06 | V4 | 13 |
| 659 | Canard Ariane | Sans | 1:02:27 | 6:39 | 9,02 | A2 | 17 |
| 660 | Betermiez Maguy | As Velaines | 1:02:37 | 6:40 | 9,00 | A3 | 14 |
| 661 | Bonte Anne-Fleur | Control To Perf | 1:02:42 | 6:40 | 8,99 | DA | 79 |
| 662 | Declercq Enzo | Sans | 1:03:35 | 6:46 | 8,86 | EH | 60 |
| 663 | Devleeshouwer Lucas | Les Potes O ... | 1:03:43 | 6:47 | 8,85 | SE | 209 |
| 664 | Cocu Jean-Luc | Prfm | 1:03:43 | 6:47 | 8,84 | V4 | 14 |
| 665 | Guyot Clément | Rc Estaimpuis | 1:03:45 | 6:47 | 8,84 | EH | 61 |
| 666 | Devleeshouwer Jérémie | Les Potes O ... | 1:04:05 | 6:49 | 8,79 | V1 | 92 |
| 667 | Dubois Jean-Marie | Jcsa | 1:04:20 | 6:51 | 8,76 | V3 | 42 |
| 668 | Boutery Elodie | Sans | 1:04:24 | 6:51 | 8,75 | DA | 80 |
| 669 | Decleve Benoit | Les Potes O ... | 1:04:40 | 6:53 | 8,72 | V1 | 93 |
| 670 | Carnier Sacha | Us Thumaide | 1:04:50 | 6:54 | 8,69 | EH | 62 |
| 671 | De Meester Germain | Tourpes | 1:05:00 | 6:55 | 8,67 | V4 | 15 |
| 672 | Lauvichi Hocine | Sans | 1:06:58 | 7:07 | 8,42 | V4 | 16 |
| 673 | Maury Dominique | Happy Jog'team | 1:07:45 | 7:12 | 8,32 | A2 | 18 |
| 674 | Auquiere Marine | Sans | 1:08:53 | 7:20 | 8,18 | DA | 81 |
| 675 | Vanoverskelds Aurore | Sans | 1:08:54 | 7:20 | 8,18 | DA | 82 |
| 676 | Collot Mélanie | Us Thumaide | 1:08:55 | 7:20 | 8,18 | A1 | 31 |
| 677 | Marcour Aymerick | Sans | 1:09:25 | 7:23 | 8,12 | EH | 63 |
| 678 | Renard Pascal | Jcl | 1:09:57 | 7:26 | 8,06 | V2 | 98 |
| 679 | Monté Jean | As Velaines | 1:10:09 | 7:28 | 8,03 | V3 | 43 |
| 680 | Daubies Céline | Sans | 1:10:20 | 7:29 | 8,01 | ED | 12 |