# 28-09-2025 – La Gouyasse – Ath – 12,4 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Demuynck Emmanuel | Rcag | 0:41:35 | 3:22 | 17,81 | SE | 1 |
| 2 | Debroux Isaac | Athois D'courir | 0:42:03 | 3:24 | 17,62 | SE | 2 |
| 3 | Stanus Denis | Sans | 0:42:52 | 3:28 | 17,28 | SE | 3 |
| 4 | Depraetere Antoine | Athois D'courir | 0:43:53 | 3:33 | 16,88 | SE | 4 |
| 5 | Bralion Louis | Et Chievres | 0:44:07 | 3:34 | 16,79 | SE | 5 |
| 6 | Bourgois Gérémy | Popuelles Dr... | 0:44:45 | 3:37 | 16,55 | SE | 6 |
| 7 | Fevrier Benjamin | Sans | 0:44:57 | 3:38 | 16,48 | SE | 7 |
| 8 | Leleux Justin | Created By Val | 0:45:11 | 3:40 | 16,39 | SE | 8 |
| 9 | Minet Jimmy | Trakks / Ath... | 0:45:20 | 3:40 | 16,34 | V1 | 1 |
| 10 | Moulin Rémy | Pottiez-sais... | 0:46:05 | 3:44 | 16,07 | SE | 9 |
| 11 | Wiseur Alexis | Addm Runners | 0:46:13 | 3:45 | 16,03 | SE | 10 |
| 12 | Brichaut Thibaut | Sans | 0:46:47 | 3:47 | 15,83 | EH | 1 |
| 13 | Doclot Antoine | Sans | 0:46:48 | 3:47 | 15,82 | SE | 11 |
| 14 | Van Der Hoeven Marc | Sans | 0:47:05 | 3:49 | 15,73 | V3 | 1 |
| 15 | Biltresse Romain | Tortues Mesl... | 0:47:28 | 3:51 | 15,61 | EH | 2 |
| 16 | Fontaine Thomas | Sans | 0:47:36 | 3:51 | 15,56 | SE | 12 |
| 17 | Trifin Jonathan | Athois D'courir | 0:47:52 | 3:53 | 15,47 | V1 | 2 |
| 18 | Weytens Sven | Jcb Brakel | 0:48:11 | 3:54 | 15,37 | SE | 13 |
| 19 | Coessens Rémy | Cm72 | 0:48:22 | 3:55 | 15,31 | SE | 14 |
| 20 | Dillies Pierre-Eloi | Popuelles Dr... | 0:48:28 | 3:55 | 15,28 | SE | 15 |
| 21 | Rozel Nathan | Sans | 0:48:35 | 3:56 | 15,24 | SE | 16 |
| 22 | Clinquart Gilles | Sans | 0:48:37 | 3:56 | 15,23 | V1 | 3 |
| 23 | Verdebout Julien | Athois D'courir | 0:48:47 | 3:57 | 15,18 | SE | 17 |
| 24 | Dequin Frédéric | Popuelles Dr... | 0:48:54 | 3:58 | 15,15 | V1 | 4 |
| 25 | Delmeule Michel | Pipaix | 0:49:00 | 3:58 | 15,12 | V2 | 1 |
| 26 | De Coen Emmanuel | Rcag | 0:49:06 | 3:59 | 15,08 | SE | 18 |
| 27 | Hajdu Valentin | Optinium Tra... | 0:49:35 | 4:01 | 14,94 | SE | 19 |
| 28 | Campener Aurélien | Sans | 0:49:37 | 4:01 | 14,92 | SE | 20 |
| 29 | Moulin Fabien | Les Gens D Ere | 0:49:44 | 4:02 | 14,89 | SE | 21 |
| 30 | Vallez Nathan | Sans | 0:49:46 | 4:02 | 14,88 | SE | 22 |
| 31 | Cabo Quentin | Sans | 0:49:50 | 4:02 | 14,86 | SE | 23 |
| 32 | Laebens François | Rc Estaimpuis | 0:49:55 | 4:03 | 14,84 | SE | 24 |
| 33 | Breuse Mathieu | Running Safe | 0:49:55 | 4:03 | 14,84 | V1 | 5 |
| 34 | Roisse Goeffrey | Rc Estaimpuis | 0:50:05 | 4:03 | 14,79 | V1 | 6 |
| 35 | Selvais Dorian | Athois D'courir | 0:50:06 | 4:03 | 14,78 | SE | 25 |
| 36 | Bauts Olivier | Rc Estaimpuis | 0:50:06 | 4:03 | 14,78 | V1 | 7 |
| 37 | Werion Christian | Prfm | 0:50:22 | 4:05 | 14,70 | V3 | 2 |
| 38 | Cailleau Benjamin | Tortues Mesl... | 0:50:32 | 4:06 | 14,66 | V1 | 8 |
| 39 | Dusausoit Eddy | Sans | 0:50:34 | 4:06 | 14,65 | V2 | 2 |
| 40 | Falce David | Prfm | 0:51:00 | 4:08 | 14,52 | V3 | 3 |
| 41 | Leenaert Julien | La Dtc | 0:51:10 | 4:09 | 14,48 | SE | 26 |
| 42 | Dajba Romain | Sans | 0:51:19 | 4:09 | 14,43 | SE | 27 |
| 43 | Slagmolen Océane | Athois D'courir | 0:51:26 | 4:10 | 14,40 | DA | 1 |
| 44 | Mercier Jonas | Sans | 0:51:32 | 4:10 | 14,37 | SE | 28 |
| 45 | Vandeville Jason | Sans | 0:51:43 | 4:11 | 14,32 | SE | 29 |
| 46 | Crapez Lory | Jc Quievrain | 0:51:52 | 4:12 | 14,28 | V1 | 9 |
| 47 | Sahiri Tarik | Les Noix De ... | 0:51:54 | 4:12 | 14,27 | SE | 30 |
| 48 | Michel Bruno | Cocoach | 0:52:05 | 4:13 | 14,22 | V2 | 3 |
| 49 | Pourtois Gilles | Addm Runners | 0:52:14 | 4:14 | 14,18 | V2 | 4 |
| 50 | Carpentier Colin | Jc Herinnes | 0:52:34 | 4:15 | 14,09 | SE | 31 |
| 51 | Deboever Guillaume | Sans | 0:52:36 | 4:16 | 14,08 | SE | 32 |
| 52 | Velghe Jean | Jc Herinnes | 0:52:57 | 4:17 | 13,99 | V2 | 5 |
| 53 | Geets Romain | Ac Anvaing | 0:53:02 | 4:18 | 13,97 | EH | 3 |
| 54 | Biltresse Laurent | Tortues Mesl... | 0:53:24 | 4:19 | 13,87 | V1 | 10 |
| 55 | Leclercq Benoît | Coach Running | 0:53:38 | 4:21 | 13,81 | V2 | 6 |
| 56 | Van De Putte Christophe | Jc Herinnes | 0:53:40 | 4:21 | 13,80 | V1 | 11 |
| 57 | Vandenbroucke Gino | Jcl | 0:53:45 | 4:21 | 13,78 | V3 | 4 |
| 58 | Westerlinck Stefaan | Ap3t | 0:53:55 | 4:22 | 13,73 | V1 | 12 |
| 59 | Castelyn Mathieu | Rcag/trakkt | 0:54:01 | 4:22 | 13,71 | SE | 33 |
| 60 | Gilmet Julien | Rcag | 0:54:01 | 4:22 | 13,71 | SE | 34 |
| 61 | Pluquet Sébastien | Athois D'courir | 0:54:05 | 4:23 | 13,69 | SE | 35 |
| 62 | Lichnowski Grégory | Les Noix De ... | 0:54:13 | 4:23 | 13,66 | V1 | 13 |
| 63 | Baguet Aurélien | Sans | 0:54:15 | 4:24 | 13,65 | SE | 36 |
| 64 | De Saint Martin Alain | Addm Runners | 0:54:24 | 4:24 | 13,61 | V1 | 14 |
| 65 | Fontaine Maxime | Sans | 0:54:28 | 4:25 | 13,60 | V1 | 15 |
| 66 | Deroubaix David | H2o | 0:54:30 | 4:25 | 13,59 | V1 | 16 |
| 67 | Bottequin Térence | Sans | 0:54:47 | 4:26 | 13,52 | SE | 37 |
| 68 | Geets Cédric | Running Safe | 0:54:56 | 4:27 | 13,48 | V1 | 17 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 69 | Freville Geoffrey | Popuelles Dr... | 0:55:00 | 4:27 | 13,46 | V1 | 18 |
| 70 | Bralion Cédric | Et Chievres | 0:55:02 | 4:27 | 13,46 | V1 | 19 |
| 71 | Degand Aurélien | Sans | 0:55:05 | 4:28 | 13,44 | SE | 38 |
| 72 | Dieryck Pascal | Sans | 0:55:21 | 4:29 | 13,38 | V2 | 7 |
| 73 | Etienne Tom | Sans | 0:55:24 | 4:29 | 13,37 | EH | 4 |
| 74 | Deproote Ugo | Sans | 0:55:25 | 4:29 | 13,36 | EH | 5 |
| 75 | Fostroy Jean-Marie | Prfm | 0:55:29 | 4:30 | 13,35 | V3 | 5 |
| 76 | Pirotte Jarno | Jcsa | 0:55:31 | 4:30 | 13,34 | SE | 39 |
| 77 | Demunter Erik | Za/jcb | 0:55:39 | 4:30 | 13,31 | V1 | 20 |
| 78 | Coqu Miguel | Templeuve | 0:55:44 | 4:31 | 13,29 | V1 | 21 |
| 79 | Choteau Bertrand | Lamant's Run... | 0:55:49 | 4:31 | 13,27 | V1 | 22 |
| 80 | Larose Grégory | Sans | 0:55:54 | 4:32 | 13,25 | SE | 40 |
| 81 | La Rose Dimitri | Boram | 0:55:55 | 4:32 | 13,25 | SE | 41 |
| 82 | Murez Marjorie | Prfm | 0:55:57 | 4:32 | 13,24 | A2 | 1 |
| 83 | Maselis Ethan | Templeuve | 0:55:58 | 4:32 | 13,23 | EH | 6 |
| 84 | Spriet Jeson Rémi | Sans | 0:56:07 | 4:33 | 13,20 | SE | 42 |
| 85 | Rocquerelle Thomas | Sur La Piste | 0:56:25 | 4:34 | 13,13 | V1 | 23 |
| 86 | Lebailly Quentin | Sans | 0:56:27 | 4:34 | 13,12 | V1 | 24 |
| 87 | Allaert Anthime | Tortues Mesl... | 0:56:32 | 4:35 | 13,10 | V1 | 25 |
| 88 | De Neve Nancy | Rst Ath | 0:56:33 | 4:35 | 13,10 | A1 | 1 |
| 89 | Vanstraceele Kevin | Sans | 0:56:41 | 4:35 | 13,07 | SE | 43 |
| 90 | Droguest Margaux | Sans | 0:56:46 | 4:36 | 13,05 | DA | 2 |
| 91 | Beetens Carlo | Rat | 0:56:53 | 4:36 | 13,02 | V2 | 8 |
| 92 | Debosscker François | Jc Herinnes | 0:56:59 | 4:37 | 13,00 | V1 | 26 |
| 93 | Vanderstraeten Laurent | Tomzalolo Ru... | 0:56:59 | 4:37 | 13,00 | V2 | 9 |
| 94 | Daye Yaël | Les Noix De ... | 0:56:59 | 4:37 | 13,00 | EH | 7 |
| 95 | Durant Luc | Athois D'courir | 0:57:01 | 4:37 | 12,99 | V2 | 10 |
| 96 | Vanhole Jean-Francois | Ath Athletisme | 0:57:02 | 4:37 | 12,98 | V1 | 27 |
| 97 | Bollue Bryan | Vc St Luc Mons | 0:57:18 | 4:38 | 12,92 | SE | 44 |
| 98 | Lison Claire | Sans | 0:57:20 | 4:39 | 12,92 | DA | 3 |
| 99 | Delhaye Laurent | Running Safe | 0:57:26 | 4:39 | 12,90 | V1 | 28 |
| 100 | Hobbel Charles-Henry | Sans | 0:57:29 | 4:39 | 12,88 | SE | 45 |
| 101 | Amaury Raphaël | Rst Ath | 0:57:37 | 4:40 | 12,85 | V1 | 29 |
| 102 | Lepers Arnaud | Jc Herinnes | 0:57:39 | 4:40 | 12,85 | V1 | 30 |
| 103 | Haegeman Geert | Jogging Club... | 0:57:43 | 4:40 | 12,83 | V2 | 11 |
| 104 | Delem Benoît | Tortues Mesl... | 0:57:47 | 4:41 | 12,82 | V1 | 31 |
| 105 | Dujardin Virginie | Les Noix De ... | 0:57:50 | 4:41 | 12,80 | A1 | 2 |
| 106 | Leterme Thomas | Sans | 0:57:51 | 4:41 | 12,80 | SE | 46 |
| 107 | Van Driessche Damien | As Velaines | 0:57:53 | 4:41 | 12,80 | V1 | 32 |
| 108 | Brixy Gilles | Etc | 0:57:54 | 4:41 | 12,79 | V1 | 33 |
| 109 | Lenoir Robin | Tortues Mesl... | 0:58:10 | 4:43 | 12,73 | SE | 47 |
| 110 | Brabant Jeremy | Sans | 0:58:12 | 4:43 | 12,73 | V1 | 34 |
| 111 | Delobbe Jonathan | L'agimontoise | 0:58:28 | 4:44 | 12,67 | V1 | 35 |
| 112 | Vantyghem Laurent | Sans | 0:58:28 | 4:44 | 12,67 | V2 | 12 |
| 113 | Ghislain Pierre | Pipaix | 0:58:32 | 4:44 | 12,65 | V2 | 13 |
| 114 | El Gueder Amandine | Sans | 0:58:37 | 4:45 | 12,63 | DA | 4 |
| 115 | Scohiez Bernard | Pipaix | 0:58:50 | 4:46 | 12,59 | V3 | 6 |
| 116 | De Bock Pierrick | Sans | 0:58:55 | 4:46 | 12,57 | SE | 48 |
| 117 | Van Glabeke Youri | Kain B | 0:58:56 | 4:46 | 12,57 | V1 | 36 |
| 118 | Mascret Nicolas | Les Noix De ... | 0:58:58 | 4:46 | 12,56 | SE | 49 |
| 119 | Anneessens Joachim | Rst Ath | 0:59:01 | 4:47 | 12,55 | SE | 50 |
| 120 | Dauge Christophe | Rst Ath | 0:59:01 | 4:47 | 12,55 | V1 | 37 |
| 121 | Debaisieux Serge | Rhe | 0:59:07 | 4:47 | 12,53 | V3 | 7 |
| 122 | Goebeert Sébastien | Rcag | 0:59:10 | 4:47 | 12,52 | V2 | 14 |
| 123 | Bertrand Isabelle | Sans | 0:59:12 | 4:48 | 12,51 | DA | 5 |
| 124 | Laho François | Tortues Mesl... | 0:59:14 | 4:48 | 12,50 | V1 | 38 |
| 125 | Watté Xavier | Run 4 Fun | 0:59:18 | 4:48 | 12,49 | V2 | 15 |
| 126 | Bernard Anthony | Les Gens D Ere | 0:59:24 | 4:49 | 12,47 | SE | 51 |
| 127 | Rozel Gauthier | Quintine Tra... | 0:59:25 | 4:49 | 12,46 | V2 | 16 |
| 128 | Gilquain Valentin | Sans | 0:59:37 | 4:50 | 12,42 | SE | 52 |
| 129 | St Radial Tommy | Sans | 0:59:39 | 4:50 | 12,42 | SE | 53 |
| 130 | Abraham Jordan | Les Potes O ... | 0:59:41 | 4:50 | 12,41 | SE | 54 |
| 131 | Gochon Lucas | Ercies Run | 0:59:53 | 4:51 | 12,37 | SE | 55 |
| 132 | Cambier David | Acbb | 0:59:54 | 4:51 | 12,36 | V2 | 17 |
| 133 | Pauwels Corentin | Sans | 0:59:56 | 4:51 | 12,36 | SE | 56 |
| 134 | De Backer Dave | Jcpmf Lessines | 1:00:38 | 4:55 | 12,21 | V2 | 18 |
| 135 | Samain Anthony | Coach Running | 1:00:54 | 4:56 | 12,16 | V2 | 19 |
| 136 | Giraud Serge | Addm Runners | 1:01:00 | 4:56 | 12,14 | V2 | 20 |
| 137 | Wagnair Hugo | Tif Et Tondu | 1:01:03 | 4:57 | 12,13 | SE | 57 |
| 138 | Wattiez Michael | Kain B | 1:01:06 | 4:57 | 12,12 | SE | 58 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 139 | Vanoppens Joachim | La Dtc | 1:01:12 | 4:57 | 12,10 | V1 | 39 |
| 140 | Deramee Matthieu | La Dtc | 1:01:20 | 4:58 | 12,07 | V1 | 40 |
| 141 | Wauquiez Xavier | Sans | 1:01:21 | 4:58 | 12,07 | V2 | 21 |
| 142 | Lust Arnaud | Sans | 1:01:26 | 4:58 | 12,05 | SE | 59 |
| 143 | Watté Vincent | Run 4 Fun | 1:01:30 | 4:59 | 12,04 | V2 | 22 |
| 144 | Taskin Kenan | Sans | 1:01:42 | 5:00 | 12,00 | SE | 60 |
| 145 | Bailly François | Sans | 1:01:42 | 5:00 | 12,00 | SE | 61 |
| 146 | Verzele Maxime | Kain B | 1:01:47 | 5:00 | 11,99 | SE | 62 |
| 147 | Laurent Caroline | Sans | 1:01:54 | 5:01 | 11,96 | DA | 6 |
| 148 | Emile Steve | Sans | 1:01:59 | 5:01 | 11,95 | V2 | 23 |
| 149 | Stevens Stephan | Tortues Mesl... | 1:01:59 | 5:01 | 11,95 | V2 | 24 |
| 150 | Waneukem Philippe | Athois D'courir | 1:02:11 | 5:02 | 11,91 | V2 | 25 |
| 151 | Schotte Gwen | Rst Ath | 1:02:12 | 5:02 | 11,91 | SE | 63 |
| 152 | Devroede Norbert | Popuelles Dr... | 1:02:18 | 5:03 | 11,89 | V4 | 1 |
| 153 | Dujardin Catherine | Les Noix De ... | 1:02:22 | 5:03 | 11,87 | A1 | 3 |
| 154 | Michel Michael | Athois D'courir | 1:02:30 | 5:04 | 11,85 | V2 | 26 |
| 155 | Spriet Emilien | Sans | 1:02:30 | 5:04 | 11,85 | SE | 64 |
| 156 | Abraham Steve | Les Potes O ... | 1:02:39 | 5:04 | 11,82 | V1 | 41 |
| 157 | Spileers Marie Helene | Team Verhels... | 1:02:43 | 5:05 | 11,81 | A1 | 4 |
| 158 | Mestag Benoit | Pipaix | 1:02:45 | 5:05 | 11,80 | V1 | 42 |
| 159 | Christiaens Kevin | Rc Estaimpuis | 1:02:56 | 5:06 | 11,77 | SE | 65 |
| 160 | Dujardin Auxanne | Les Noix De ... | 1:02:56 | 5:06 | 11,77 | DA | 7 |
| 161 | Bonte François | Sans | 1:02:57 | 5:06 | 11,77 | V1 | 43 |
| 162 | Masson Christophe | Rst Ath | 1:02:57 | 5:06 | 11,76 | V2 | 27 |
| 163 | Pierre Ophélie | Hoka Team | 1:03:01 | 5:06 | 11,75 | DA | 8 |
| 164 | Wagon Jérôme | Rc Estaimpuis | 1:03:08 | 5:07 | 11,73 | SE | 66 |
| 165 | Van Weehaeghe Robin | Sans | 1:03:12 | 5:07 | 11,72 | SE | 67 |
| 166 | Duquenne Mireille | Cocoach | 1:03:15 | 5:07 | 11,71 | A1 | 5 |
| 167 | Dumoulin Sylvie | Sans | 1:03:16 | 5:07 | 11,71 | A2 | 2 |
| 168 | Bourgeois Geoffrey | Sans | 1:03:17 | 5:07 | 11,70 | V1 | 44 |
| 169 | Stilite Bertrand | Sans | 1:03:19 | 5:08 | 11,70 | V2 | 28 |
| 170 | Delem Pascale | Tortues Mesl... | 1:03:22 | 5:08 | 11,69 | A3 | 1 |
| 171 | Vancaenegem Valentin | Sans | 1:03:23 | 5:08 | 11,68 | V1 | 45 |
| 172 | Toubeau Maximilien | Les Eclates ... | 1:03:25 | 5:08 | 11,68 | EH | 8 |
| 173 | Delmotte Julien | Sans | 1:03:26 | 5:08 | 11,67 | SE | 68 |
| 174 | Deleruelle Camille | Sans | 1:03:28 | 5:08 | 11,67 | DA | 9 |
| 175 | Lemoine Samuel | Cap Team | 1:03:33 | 5:09 | 11,65 | V2 | 29 |
| 176 | De Munck Tanguy | Tortues Mesl... | 1:03:34 | 5:09 | 11,65 | V1 | 46 |
| 177 | Nunez Cano Mattéo | Sans | 1:03:36 | 5:09 | 11,64 | SE | 69 |
| 178 | Wery Quentin | Sans | 1:03:36 | 5:09 | 11,64 | SE | 70 |
| 179 | Boisdequin Julien | Tortues Mesl... | 1:03:38 | 5:09 | 11,64 | V1 | 47 |
| 180 | Nève Frédéric | Sans | 1:03:39 | 5:09 | 11,64 | V2 | 30 |
| 181 | Becquaert Stevan | Sans | 1:03:39 | 5:09 | 11,64 | EH | 9 |
| 182 | Lamont Michael | As Velaines | 1:03:39 | 5:09 | 11,64 | V1 | 48 |
| 183 | Duquenne Michel | Jcsa | 1:03:42 | 5:09 | 11,63 | V3 | 8 |
| 184 | Clerx Vincent | Pipaix | 1:03:44 | 5:10 | 11,62 | V2 | 31 |
| 185 | Barrez Francis | Sans | 1:03:48 | 5:10 | 11,61 | V3 | 9 |
| 186 | Spriet Frédéric | Sans | 1:04:16 | 5:12 | 11,52 | V2 | 32 |
| 187 | Vandenheede Jean-Marie | Grijsloke | 1:04:18 | 5:12 | 11,52 | V3 | 10 |
| 188 | Lecocq Pierre | Cap Team | 1:04:26 | 5:13 | 11,49 | V3 | 11 |
| 189 | Waroux Cedric | Sans | 1:04:27 | 5:13 | 11,49 | V2 | 33 |
| 190 | Parent Laure | As Velaines | 1:04:29 | 5:13 | 11,49 | A1 | 6 |
| 191 | Lejeune Timothée | Sans | 1:04:31 | 5:13 | 11,48 | V1 | 49 |
| 192 | Grégoire Thomas | Sans | 1:04:36 | 5:14 | 11,47 | SE | 71 |
| 193 | Bostyn Francois | Sans | 1:04:40 | 5:14 | 11,45 | SE | 72 |
| 194 | Foullon Elise | Sans | 1:04:48 | 5:15 | 11,43 | DA | 10 |
| 195 | Van Wymeersch Julien | Sans | 1:04:53 | 5:15 | 11,41 | SE | 73 |
| 196 | Robette Romuald | Sans | 1:04:59 | 5:16 | 11,40 | V1 | 50 |
| 197 | Glorieux Pierre | As Velaines | 1:05:01 | 5:16 | 11,39 | V2 | 34 |
| 198 | Brusselmans Dorothée | Silly Runners | 1:05:19 | 5:17 | 11,34 | A2 | 3 |
| 199 | Bauts Yves | Rc Estaimpuis | 1:05:21 | 5:17 | 11,33 | V4 | 2 |
| 200 | Van Den Brulle Veerle | Herzele | 1:05:22 | 5:18 | 11,33 | A1 | 7 |
| 201 | Rysman Johan | Avi | 1:05:30 | 5:18 | 11,31 | V4 | 3 |
| 202 | Abandon Olivier | Rst Ath | 1:05:32 | 5:18 | 11,30 | V1 | 51 |
| 203 | Walasiak Grégory | Spibo | 1:05:36 | 5:19 | 11,29 | V2 | 35 |
| 204 | Debroux Guillaume | Sans | 1:05:41 | 5:19 | 11,28 | SE | 74 |
| 205 | De Vos Pascal | Addm Ogy | 1:05:52 | 5:20 | 11,24 | V2 | 36 |
| 206 | Cornu Gaëtan | Kain B | 1:05:59 | 5:21 | 11,22 | V2 | 37 |
| 207 | Bruneau Chantal | Pipaix | 1:06:09 | 5:21 | 11,20 | A3 | 2 |
| 208 | Laurent Christelle | Rst Ath | 1:06:09 | 5:21 | 11,19 | A2 | 4 |

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|---|---|---|---|---|---|---|---|
| 209 | Rysman Valérie | Sans | 1:06:10 | 5:21 | 11,19 | DA | 11 |
| 210 | Vanderoort Andrew | Sans | 1:06:15 | 5:22 | 11,18 | SE | 75 |
| 211 | Decubber Isabelle | Tomzalolo Ru... | 1:06:22 | 5:22 | 11,16 | A1 | 8 |
| 212 | Laurian Owen | Sans | 1:06:32 | 5:23 | 11,13 | EH | 10 |
| 213 | Leroy Antonin | Sans | 1:06:32 | 5:23 | 11,13 | EH | 11 |
| 214 | Maselis Rudi | Coach Running | 1:06:35 | 5:23 | 11,12 | V1 | 52 |
| 215 | Platteau Emmanuel | Et Chievres | 1:06:37 | 5:24 | 11,12 | V2 | 38 |
| 216 | François Daisy | Optimum Trai... | 1:06:37 | 5:24 | 11,12 | A1 | 9 |
| 217 | Bois Pierre-Henri | Templeuve | 1:06:39 | 5:24 | 11,11 | V1 | 53 |
| 218 | Vanden Borre Elodie | Jc Herinnes | 1:06:43 | 5:24 | 11,10 | ED | 1 |
| 219 | Evrard Laurane | Sans | 1:06:50 | 5:25 | 11,08 | DA | 12 |
| 220 | Leclercq Eddy | Kain B | 1:06:53 | 5:25 | 11,07 | V3 | 12 |
| 221 | Boutiau Davy | Sans | 1:06:56 | 5:25 | 11,06 | V1 | 54 |
| 222 | Noullez Céline | Sans | 1:07:00 | 5:26 | 11,05 | A1 | 10 |
| 223 | Zenner Eric | Templeuve | 1:07:06 | 5:26 | 11,04 | V2 | 39 |
| 224 | Colmant Vincent | Sans | 1:07:09 | 5:26 | 11,03 | V1 | 55 |
| 225 | Fastrez Christophe | Sans | 1:07:10 | 5:26 | 11,03 | V2 | 40 |
| 226 | De Clercq Marion | Sans | 1:07:10 | 5:26 | 11,03 | DA | 13 |
| 227 | Polo Romero Rodrigue | Prfm | 1:07:14 | 5:27 | 11,02 | V1 | 56 |
| 228 | Danhaive Mathilde | Btt | 1:07:21 | 5:27 | 11,00 | DA | 14 |
| 229 | Arias Manon | Rst | 1:07:21 | 5:27 | 11,00 | DA | 15 |
| 230 | Deboever Bernard |  | 1:07:21 | 5:27 | 11,00 | V2 | 41 |
| 231 | Sanders Jonathan | Rst Ath | 1:07:21 | 5:27 | 10,99 | V1 | 57 |
| 232 | Hennebicq Laurent | Pipaix | 1:07:22 | 5:27 | 10,99 | V3 | 13 |
| 233 | Leroy Philippe | Pipaix | 1:07:22 | 5:27 | 10,99 | V2 | 42 |
| 234 | Ansciaux Guillaume | Sans | 1:07:29 | 5:28 | 10,97 | SE | 76 |
| 235 | De Rouck Frédéric | Potes O Maltes | 1:07:33 | 5:28 | 10,96 | V2 | 43 |
| 236 | Lejeune Zacharie | Sans | 1:07:41 | 5:29 | 10,94 | EH | 12 |
| 237 | Dugauquier Catherine | Sans | 1:07:46 | 5:29 | 10,93 | DA | 16 |
| 238 | Leroy Cédric | Sans | 1:07:49 | 5:29 | 10,92 | V1 | 58 |
| 239 | Mahieu Eddy | Pipaix | 1:07:56 | 5:30 | 10,90 | V2 | 44 |
| 240 | Wafwana Emmanuel | Les Gens D Ere | 1:07:57 | 5:30 | 10,90 | V2 | 45 |
| 241 | Rasson Aurélien | Sans | 1:08:03 | 5:31 | 10,88 | SE | 77 |
| 242 | Henry Estelle | Run Academy ... | 1:08:03 | 5:31 | 10,88 | DA | 17 |
| 243 | Dubois Celine | Silly Runners | 1:08:14 | 5:31 | 10,85 | A1 | 11 |
| 244 | Duquesne Fanny | Sans | 1:08:17 | 5:32 | 10,85 | DA | 18 |
| 245 | Coornaert Kian | Sans | 1:08:25 | 5:32 | 10,82 | EH | 13 |
| 246 | Di Sipio Ciro | Sans | 1:08:25 | 5:32 | 10,82 | V2 | 46 |
| 247 | Leybaert Florian | Les 4 Fantas... | 1:08:39 | 5:34 | 10,79 | EH | 14 |
| 248 | Gaziaux Serge | Sans | 1:08:41 | 5:34 | 10,78 | V2 | 47 |
| 249 | Demel Pauline | Sans | 1:08:41 | 5:34 | 10,78 | DA | 19 |
| 250 | Assoignons Camille | Sans | 1:08:49 | 5:34 | 10,76 | DA | 20 |
| 251 | Decordier Henri | Rst Ath | 1:08:53 | 5:35 | 10,75 | SE | 78 |
| 252 | Pipart Aurore | Jc Herinnes | 1:09:09 | 5:36 | 10,71 | A1 | 12 |
| 253 | Coinne Philippe | Tortues Mesl... | 1:09:27 | 5:37 | 10,66 | V2 | 48 |
| 254 | Collage Julie | Sans | 1:09:39 | 5:38 | 10,63 | A1 | 13 |
| 255 | Collie Marie-Jo | As Velaines | 1:09:47 | 5:39 | 10,61 | A4 | 1 |
| 256 | Vanus Eric | Run 4 Fun | 1:09:52 | 5:39 | 10,60 | V2 | 49 |
| 257 | Dubois David | Run 4 Fun | 1:09:59 | 5:40 | 10,58 | V2 | 50 |
| 258 | Sadoine Yves | As Velaines | 1:09:59 | 5:40 | 10,58 | V3 | 14 |
| 259 | Jourquin Pauline | Prosper's Ru... | 1:10:06 | 5:41 | 10,57 | DA | 21 |
| 260 | Salingue Jérôme | Rst Ath | 1:10:20 | 5:42 | 10,53 | V1 | 59 |
| 261 | Cornez Lutgarde | As Velaines | 1:10:20 | 5:42 | 10,53 | A2 | 5 |
| 262 | D Haene Christopher | Sans | 1:10:22 | 5:42 | 10,52 | SE | 79 |
| 263 | Vanhecke Martin | Silly Runners | 1:10:25 | 5:42 | 10,52 | SE | 80 |
| 264 | Rogge Johan | Sans | 1:10:40 | 5:43 | 10,48 | V5 | 1 |
| 265 | Roty Michel | Kain B | 1:10:56 | 5:45 | 10,44 | V5 | 2 |
| 266 | Delhaye Michel | Sans | 1:10:57 | 5:45 | 10,44 | V2 | 51 |
| 267 | Mahieu Maxence | Sans | 1:10:58 | 5:45 | 10,43 | SE | 81 |
| 268 | Vucic Benedicte | Sans | 1:11:10 | 5:46 | 10,40 | A1 | 14 |
| 269 | Rombaut Nicolas | Sans | 1:11:11 | 5:46 | 10,40 | V1 | 60 |
| 270 | Duquesne Daniel | Sans | 1:11:26 | 5:47 | 10,37 | V3 | 15 |
| 271 | Audoor Alain | As Velaines | 1:11:29 | 5:47 | 10,36 | V3 | 16 |
| 272 | Peeters Joël | Pipaix | 1:11:44 | 5:49 | 10,32 | V2 | 52 |
| 273 | Paye Thomas | Les Tristes ... | 1:11:53 | 5:49 | 10,30 | SE | 82 |
| 274 | D Hont Robert | Sans | 1:11:57 | 5:50 | 10,29 | V5 | 3 |
| 275 | Olivier Jérôme | Sans | 1:12:17 | 5:51 | 10,24 | V1 | 61 |
| 276 | Van Den Bogaergen Séverine | Tortues Mesl... | 1:12:21 | 5:51 | 10,24 | A1 | 15 |
| 277 | Gilquain Laurie | Sans | 1:12:25 | 5:52 | 10,23 | DA | 22 |
| 278 | Tilleul Carine | Madres | 1:12:26 | 5:52 | 10,22 | A2 | 6 |

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|---|---|---|---|---|---|---|---|
| 279 | Schoonooghe Erwin | As Velaines | 1:12:40 | 5:53 | 10,19 | V2 | 53 |
| 280 | Tanghe Matthias | De Dartele D... | 1:12:45 | 5:53 | 10,18 | SE | 83 |
| 281 | Henry Mathieu | Jc Herinnes | 1:12:48 | 5:54 | 10,17 | V1 | 62 |
| 282 | Vandenheede Lore | Loopclub Gri... | 1:12:49 | 5:54 | 10,17 | DA | 23 |
| 283 | Schleich Nicolas | Kain B | 1:13:38 | 5:58 | 10,06 | SE | 84 |
| 284 | Casaert Hugo | Popuelles Dr... | 1:13:56 | 5:59 | 10,02 | SE | 85 |
| 285 | Van Hee Olivier | Runaissance.be | 1:14:09 | 6:00 | 9,99 | V2 | 54 |
| 286 | Truant Philip | Renaissance.be | 1:14:10 | 6:00 | 9,99 | V1 | 63 |
| 287 | Dereux Francis | Sans | 1:14:11 | 6:00 | 9,98 | V4 | 4 |
| 288 | Vandeputte Willy | Jc Herinnes | 1:14:14 | 6:01 | 9,98 | V4 | 5 |
| 289 | Vucic Ivan | Sans | 1:14:26 | 6:02 | 9,95 | V4 | 6 |
| 290 | Scorniciel Marylène | As Velaines | 1:14:55 | 6:04 | 9,88 | A2 | 7 |
| 291 | Dekegel Augustin | Sans | 1:15:08 | 6:05 | 9,86 | SE | 86 |
| 292 | Cuvelier Françis | As Velaines | 1:15:29 | 6:07 | 9,81 | V3 | 17 |
| 293 | Spitals Joy | La Dtc | 1:15:35 | 6:07 | 9,80 | DA | 24 |
| 294 | Gossuin Kévin | La Dtc | 1:15:35 | 6:07 | 9,80 | SE | 87 |
| 295 | Sevrin Lauralyne | Sans | 1:15:39 | 6:08 | 9,79 | DA | 25 |
| 296 | Hempte Sylvie | As Velaines | 1:15:40 | 6:08 | 9,79 | A3 | 3 |
| 297 | Goetvinck Marina | Tortues Mesl... | 1:15:44 | 6:08 | 9,78 | A3 | 4 |
| 298 | Decat Baptiste | Sans | 1:16:00 | 6:09 | 9,74 | SE | 88 |
| 299 | Vandemeulebroecke Laura | Sans | 1:16:01 | 6:09 | 9,74 | DA | 26 |
| 300 | Kargar Samani Khalil | Cap Team | 1:16:05 | 6:10 | 9,73 | V3 | 18 |
| 301 | Ansciaux Philippe | Sans | 1:16:05 | 6:10 | 9,73 | V3 | 19 |
| 302 | Toubeau Dominique | Spho | 1:16:26 | 6:11 | 9,69 | V3 | 20 |
| 303 | Monté Jean | As Velaines | 1:16:45 | 6:13 | 9,65 | V3 | 21 |
| 304 | Christiaens Alexandra | Les Gazelles | 1:16:48 | 6:13 | 9,64 | A2 | 8 |
| 305 | Depelchin Anne Cecile | Templeuve | 1:16:49 | 6:13 | 9,64 | A1 | 16 |
| 306 | Herme Nathalie | Silly Runners | 1:16:56 | 6:14 | 9,63 | A2 | 9 |
| 307 | Thaon Sabine | Silly Runners | 1:16:56 | 6:14 | 9,63 | A1 | 17 |
| 308 | De Witte Christian | Sans | 1:17:14 | 6:15 | 9,59 | V4 | 7 |
| 309 | Nicolle Bruno | Sans | 1:17:21 | 6:16 | 9,57 | V3 | 22 |
| 310 | Hastin Maxime | Sans | 1:17:41 | 6:17 | 9,53 | SE | 89 |
| 311 | Dekoster Maxime | Sans | 1:17:41 | 6:17 | 9,53 | SE | 90 |
| 312 | Delvaulx Anouk | Sans | 1:17:49 | 6:18 | 9,52 | A1 | 18 |
| 313 | Goossens Richard | Sans | 1:18:06 | 6:19 | 9,48 | V3 | 23 |
| 314 | Delaunoy Jacques | Sans | 1:18:11 | 6:20 | 9,47 | V3 | 24 |
| 315 | Robette Mathilde | Sans | 1:18:15 | 6:20 | 9,46 | DA | 27 |
| 316 | Dubois Thomas | Sans | 1:18:18 | 6:20 | 9,46 | EH | 15 |
| 317 | Collie Marius | Sans | 1:18:19 | 6:20 | 9,46 | EH | 16 |
| 318 | Anneessens Jessica | Silly Runners | 1:18:20 | 6:21 | 9,45 | A1 | 19 |
| 319 | Richer Thierry | Silly Runners | 1:18:20 | 6:21 | 9,45 | V3 | 25 |
| 320 | Houtart Xavier | Sans | 1:18:20 | 6:21 | 9,45 | SE | 91 |
| 321 | Dubois Mathieu | Sans | 1:18:21 | 6:21 | 9,45 | V1 | 64 |
| 322 | Jachimowski Philippe | Silly Runners | 1:18:48 | 6:23 | 9,40 | V1 | 65 |
| 323 | Grivet Dominique | Templeuve | 1:19:17 | 6:25 | 9,34 | V2 | 55 |
| 324 | Carlier Jean-Marie | Kain B | 1:19:29 | 6:26 | 9,32 | V3 | 26 |
| 325 | Leclercq Sami | As Velaines | 1:19:31 | 6:26 | 9,31 | SE | 92 |
| 326 | Senelle Ines | As Velaines | 1:19:32 | 6:26 | 9,31 | DA | 28 |
| 327 | Senelle Paul-Valéry | As Velaines | 1:19:33 | 6:26 | 9,31 | V2 | 56 |
| 328 | Richoux Bénédicte | As Velaines | 1:19:33 | 6:26 | 9,31 | A2 | 10 |
| 329 | Paindavoine Guillaume | Sans | 1:19:42 | 6:27 | 9,29 | SE | 93 |
| 330 | Paindavoine Marie-Charlotte | Sans | 1:19:42 | 6:27 | 9,29 | DA | 29 |
| 331 | Deruyver Myriam | Les Noix De ... | 1:19:53 | 6:28 | 9,27 | A1 | 20 |
| 332 | Vanden Borre Alexandre | Jc Herinnes | 1:19:56 | 6:28 | 9,26 | V2 | 57 |
| 333 | De Nève Chantal | Pipaix | 1:20:12 | 6:30 | 9,23 | A3 | 5 |
| 334 | Van driessche Rémy | Zoe Club | 1:20:13 | 6:30 | 9,23 | V1 | 66 |
| 335 | Hanuise Emilie | Silly Runners | 1:20:54 | 6:33 | 9,15 | DA | 30 |
| 336 | Vandenhoven Benjamin | Run & Smash | 1:21:02 | 6:34 | 9,14 | V1 | 67 |
| 337 | Vangheluwe Patrick | As Velaines | 1:21:09 | 6:34 | 9,12 | V3 | 27 |
| 338 | Coussé Christophe | As Velaines | 1:21:13 | 6:35 | 9,12 | V2 | 58 |
| 339 | Dufour Line | As Velaines | 1:21:18 | 6:35 | 9,11 | A3 | 6 |
| 340 | Van Herck Morgane | Sans | 1:21:22 | 6:35 | 9,10 | DA | 31 |
| 341 | Loiselet Annelise | Sans | 1:21:23 | 6:35 | 9,10 | DA | 32 |
| 342 | El Bazzouna Anas | Ath Athletisme | 1:21:35 | 6:36 | 9,08 | SE | 94 |
| 343 | Vancoppenolle Guy | Sans | 1:21:35 | 6:36 | 9,08 | V4 | 8 |
| 344 | Brouillard Celine | Les 4 Fantas... | 1:21:38 | 6:37 | 9,07 | A1 | 21 |
| 345 | Hernandez Garcia Urbano | Tortues Mesl... | 1:23:15 | 6:44 | 8,90 | V3 | 28 |
| 346 | Clinquart Jean-Christophe | Road Running... | 1:23:23 | 6:45 | 8,88 | V1 | 68 |
| 347 | Caby Bernard | Jcsa | 1:25:24 | 6:55 | 8,67 | V3 | 29 |
| 348 | Lemoine Christelle | Kain B | 1:25:35 | 6:56 | 8,65 | A3 | 7 |

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|---|---|---|---|---|---|---|---|
| 349 | Chenut Eloïse | Silly Runners | 1:26:38 | 7:01 | 8,55 | DA | 33 |
| 350 | Roelens Hanna | Sans | 1:26:39 | 7:01 | 8,55 | DA | 34 |
| 351 | Bataille Claude | Rc Estaimpuis | 1:27:55 | 7:07 | 8,42 | V4 | 9 |
| 352 | Vander Donckt Philippe | Sans | 1:28:15 | 7:09 | 8,39 | V4 | 10 |
| 353 | Bekers Noël | Sans | 1:28:17 | 7:09 | 8,39 | V5 | 4 |
| 354 | Cocu Jean-Luc | Prfm | 1:28:19 | 7:09 | 8,38 | V4 | 11 |
| 355 | Van Sinaeys Clara | Sans | 1:28:51 | 7:12 | 8,33 | DA | 35 |
| 356 | Lemaire Estelle | Sans | 1:29:08 | 7:13 | 8,31 | A2 | 11 |
| 357 | Coupé Francis | Kain B | 1:31:09 | 7:23 | 8,12 | V5 | 5 |
| 358 | Daye Jean-Robert | Les Noix De ... | 1:34:04 | 7:37 | 7,87 | V3 | 30 |