# 24-09-2023 – La Gouyasse – Ath – 12,4 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Demuynck Emmanuel | Rcag | 0:43:15 | 3:29 | 17,20 | SE | 1 |
| 2 | Ninforge Guillaume | Silly Runners | 0:43:21 | 3:30 | 17,15 | SE | 2 |
| 3 | Castelyn Mathieu | Sans | 0:43:44 | 3:32 | 17,00 | SE | 3 |
| 4 | Thémont Jérôme | Sans | 0:45:08 | 3:38 | 16,47 | SE | 4 |
| 5 | Carlot Raphael | Acbb | 0:45:33 | 3:40 | 16,33 | V1 | 1 |
| 6 | Hajdu Valentin | Rst Ath/trakks | 0:45:49 | 3:42 | 16,23 | SE | 5 |
| 7 | Hajdu Peter | Olympe | 0:45:56 | 3:42 | 16,19 | V1 | 2 |
| 8 | Bralion Louis | Et Chievres | 0:46:08 | 3:43 | 16,12 | EH | 1 |
| 9 | Debroux Isaac | Athois D'courir | 0:46:08 | 3:43 | 16,12 | EH | 2 |
| 10 | Van Der Hoeven Marc | Sna Welle | 0:46:56 | 3:47 | 15,85 | V3 | 1 |
| 11 | Bodarwe Antoine | Sans | 0:47:27 | 3:50 | 15,67 | SE | 6 |
| 12 | Monticelli Gérard | Rst Ath | 0:48:00 | 3:52 | 15,49 | V1 | 3 |
| 13 | Saussez Jérôme | Team Verhels... | 0:49:12 | 3:58 | 15,12 | SE | 7 |
| 14 | Baveye Simon | Sans | 0:49:19 | 3:59 | 15,08 | SE | 8 |
| 15 | Jouret Amaury | Sans | 0:49:45 | 4:01 | 14,95 | SE | 9 |
| 16 | Dillies Pierre-Eloi | Popuelles Dr... | 0:49:58 | 4:02 | 14,88 | SE | 10 |
| 17 | Lux David | Sans | 0:49:58 | 4:02 | 14,88 | SE | 11 |
| 18 | Leliveld Eddy | Acle | 0:50:16 | 4:03 | 14,79 | V2 | 1 |
| 19 | Nottebaert Julien | Rst Ath | 0:51:18 | 4:08 | 14,50 | SE | 12 |
| 20 | Delbecq Nathan | Sans | 0:51:20 | 4:08 | 14,49 | SE | 13 |
| 21 | Villet Kévin | Trakks | 0:51:41 | 4:10 | 14,39 | SE | 14 |
| 22 | Cailleau Benjamin | Tortues Mesl... | 0:52:24 | 4:14 | 14,19 | V1 | 4 |
| 23 | Campener Aurélien | Sans | 0:52:30 | 4:14 | 14,16 | SE | 15 |
| 24 | Mas Bruno | Pipaix | 0:52:46 | 4:15 | 14,09 | V2 | 2 |
| 25 | Gérard Kristof | Sans | 0:52:46 | 4:15 | 14,09 | SE | 16 |
| 26 | Rozel Nathan | Sans | 0:53:07 | 4:17 | 14,00 | SE | 17 |
| 27 | Verdebout Julien | Sans | 0:53:09 | 4:17 | 13,99 | SE | 18 |
| 28 | Gillet David | Rst Ath | 0:53:09 | 4:17 | 13,99 | V1 | 5 |
| 29 | Demunter Erik | Ac Geraardsb... | 0:53:16 | 4:18 | 13,96 | V1 | 6 |
| 30 | Hazette Henri | La Dtc | 0:53:33 | 4:19 | 13,89 | SE | 19 |
| 31 | Trifin Jonathan | Et Enghien | 0:53:35 | 4:19 | 13,88 | V1 | 7 |
| 32 | Manu Manu | Sans | 0:53:37 | 4:19 | 13,87 | V1 | 8 |
| 33 | Denoel Franck | Sans | 0:53:44 | 4:20 | 13,84 | V2 | 3 |
| 34 | Danneaux Joachim | Energy Team ... | 0:54:05 | 4:22 | 13,75 | SE | 20 |
| 35 | Van Elewyck Vincent | Sans | 0:54:39 | 4:24 | 13,61 | SE | 21 |
| 36 | Bralion Cédric | Et Chievres | 0:54:49 | 4:25 | 13,57 | V1 | 9 |
| 37 | Dieryck Pascal | Sans | 0:55:00 | 4:26 | 13,52 | V2 | 4 |
| 38 | Hallard Maxence | Sans | 0:55:03 | 4:26 | 13,51 | EH | 3 |
| 39 | Leleux Frédéric | Tortues Mesl... | 0:55:03 | 4:26 | 13,51 | V2 | 5 |
| 40 | Wattiez Christophe | Les Potes O ... | 0:55:04 | 4:26 | 13,50 | V1 | 10 |
| 41 | Vandenbroucke Gino | Jcl | 0:55:05 | 4:27 | 13,50 | V3 | 2 |
| 42 | Deras Charles-Henri | Chiquitas | 0:55:06 | 4:27 | 13,50 | V1 | 11 |
| 43 | Scohiez Bernard | Pipaix | 0:55:06 | 4:27 | 13,50 | V2 | 6 |
| 44 | Cambier Xavier | Sans | 0:55:20 | 4:28 | 13,44 | V2 | 7 |
| 45 | Maselis Pascal | Coach Running | 0:55:24 | 4:28 | 13,42 | V1 | 12 |
| 46 | Delem Benoît | Tortues Mesl... | 0:55:51 | 4:30 | 13,31 | V1 | 13 |
| 47 | Lenoir Robin | Tortues Mesl... | 0:55:51 | 4:30 | 13,31 | SE | 22 |
| 48 | Tancre Dimitri | De Dartele D... | 0:55:52 | 4:30 | 13,31 | SE | 23 |
| 49 | Boisdequin Julien | Tortues Mesl... | 0:56:00 | 4:31 | 13,28 | SE | 24 |
| 50 | Wattecamps Thomas | Sans | 0:56:03 | 4:31 | 13,27 | SE | 25 |
| 51 | Van Mullem Nicolas | Coach Running | 0:56:13 | 4:32 | 13,23 | V2 | 8 |
| 52 | Carton-Delcourt Bruno | La Dtc | 0:56:16 | 4:32 | 13,21 | SE | 26 |
| 53 | Pierre Ophélie | Sans | 0:56:17 | 4:32 | 13,21 | DA | 1 |
| 54 | Debaisieux Serge | Bac | 0:56:17 | 4:32 | 13,21 | V3 | 3 |
| 55 | Roman Peter | Sans | 0:56:20 | 4:33 | 13,20 | V2 | 9 |
| 56 | Delmeule Michel | Pipaix | 0:56:23 | 4:33 | 13,19 | V2 | 10 |
| 57 | Duvivier Isabelle | Athois D'courir | 0:56:44 | 4:35 | 13,11 | A1 | 1 |
| 58 | Dupuis Laurent | Sans | 0:56:45 | 4:35 | 13,10 | SE | 27 |
| 59 | Hermetz Romain | Coach Running | 0:56:45 | 4:35 | 13,10 | SE | 28 |
| 60 | Houdart Matthieu | Tortues Mesl... | 0:56:52 | 4:35 | 13,08 | V1 | 14 |
| 61 | Sperlich Charles | Jc Baudour | 0:56:52 | 4:35 | 13,07 | V1 | 15 |
| 62 | Hanton Jérémy | Addm Runners | 0:56:55 | 4:35 | 13,06 | V1 | 16 |
| 63 | Rozel Gauthier | Sukcestfou | 0:56:57 | 4:36 | 13,06 | V1 | 17 |
| 64 | Rozel Sacha | Sans | 0:56:58 | 4:36 | 13,05 | EH | 4 |
| 65 | Legas Maxime | La Dtc | 0:57:10 | 4:37 | 13,01 | SE | 29 |
| 66 | Buidin Andy | Addm Runners | 0:57:12 | 4:37 | 13,00 | SE | 30 |
| 67 | Balcaen Philippe | Sans | 0:57:15 | 4:37 | 12,99 | V3 | 4 |
| 68 | Thielemans Sébastien | Potes O Maltes | 0:57:29 | 4:38 | 12,93 | SE | 31 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 69 | Rocquerelle Thomas | Sans | 0:57:35 | 4:39 | 12,91 | SE | 32 |
| 70 | Missante Stephane | Rst Ath | 0:57:44 | 4:39 | 12,88 | V1 | 18 |
| 71 | Laurent Alex | Aclss | 0:57:56 | 4:40 | 12,83 | V3 | 5 |
| 72 | Opsomer Bruno | Athois D'courir | 0:58:00 | 4:41 | 12,82 | V1 | 19 |
| 73 | Minet Jimmy | Rst Ath/trakks | 0:58:02 | 4:41 | 12,81 | SE | 33 |
| 74 | Duquenne Mireille | Sans | 0:58:16 | 4:42 | 12,76 | A1 | 2 |
| 75 | Michel Bruno | Cocoach | 0:58:18 | 4:42 | 12,76 | V1 | 20 |
| 76 | Bastien Jules | Sans | 0:58:33 | 4:43 | 12,70 | EH | 5 |
| 77 | Roelens Marc-Olivier | Et Chievres | 0:58:34 | 4:43 | 12,70 | V2 | 11 |
| 78 | Delmotte Charles | Athois D'courir | 0:58:35 | 4:43 | 12,69 | SE | 34 |
| 79 | Navez Eric | Rst Ath | 0:58:38 | 4:44 | 12,68 | V1 | 21 |
| 80 | Dauge Christophe | Rst Ath | 0:58:39 | 4:44 | 12,68 | V1 | 22 |
| 81 | Soldai Patrick | Sans | 0:58:46 | 4:44 | 12,65 | V3 | 6 |
| 82 | Lefebvre Olivier | Sans | 0:58:48 | 4:45 | 12,65 | V2 | 12 |
| 83 | Campener Corentin | Sans | 0:58:50 | 4:45 | 12,64 | SE | 35 |
| 84 | Plasman Alexandre | Sans | 0:58:50 | 4:45 | 12,64 | V1 | 23 |
| 85 | Artisien Vincent | Sans | 0:58:50 | 4:45 | 12,64 | V1 | 24 |
| 86 | Vanhole Jean-Francois | Sans | 0:58:53 | 4:45 | 12,63 | V1 | 25 |
| 87 | Van Wymeersch Julien | Sans | 0:59:03 | 4:46 | 12,59 | SE | 36 |
| 88 | Hache Fabien | Sans | 0:59:10 | 4:46 | 12,57 | SE | 37 |
| 89 | Feys Bert | De Dartele D... | 0:59:23 | 4:47 | 12,52 | SE | 38 |
| 90 | De Meester Bradeley | Sans | 0:59:28 | 4:48 | 12,50 | SE | 39 |
| 91 | Vantrimpont Laurent | Sans | 0:59:39 | 4:49 | 12,47 | SE | 40 |
| 92 | Simon Jason | Sans | 0:59:43 | 4:49 | 12,45 | SE | 41 |
| 93 | Lizon Maxime | Addm Runners | 0:59:45 | 4:49 | 12,44 | V1 | 26 |
| 94 | Famelart Loic | Sans | 0:59:47 | 4:49 | 12,44 | SE | 42 |
| 95 | Froissart Fabrice | Spho | 0:59:51 | 4:50 | 12,43 | V2 | 13 |
| 96 | Amaury Raphaël | Rst Ath | 0:59:53 | 4:50 | 12,42 | V1 | 27 |
| 97 | Van Malleghem Guillaume | Athois D'courir | 0:59:54 | 4:50 | 12,42 | SE | 43 |
| 98 | Vermer Arnaud | Sans | 0:59:58 | 4:50 | 12,40 | SE | 44 |
| 99 | Portante Frédéric | Aclss | 1:00:12 | 4:51 | 12,35 | SE | 45 |
| 100 | Sahiri Tarik | Sans | 1:00:23 | 4:52 | 12,32 | SE | 46 |
| 101 | Wasier Jean-Yves | Sans | 1:00:26 | 4:52 | 12,30 | V1 | 28 |
| 102 | Laho François | Tortues Mesl... | 1:00:30 | 4:53 | 12,29 | V1 | 29 |
| 103 | Flammia Jean-Baptiste | Tortues Mesl... | 1:00:52 | 4:55 | 12,22 | SE | 47 |
| 104 | Ciavarella Raphaêl | Sans | 1:00:58 | 4:55 | 12,20 | EH | 6 |
| 105 | Fourdin Victor | Sans | 1:00:59 | 4:55 | 12,19 | EH | 7 |
| 106 | De Saint Martin Alain | Addm Runners | 1:01:02 | 4:55 | 12,18 | V1 | 30 |
| 107 | Verstraete Vincent | Sans | 1:01:09 | 4:56 | 12,16 | V1 | 31 |
| 108 | Bailey Edward | Cap Team | 1:01:20 | 4:57 | 12,13 | V2 | 14 |
| 109 | Gaillot Nicolas | Athois D'courir | 1:01:30 | 4:58 | 12,09 | V1 | 32 |
| 110 | Vanoverskelds Dominique | Coach Running | 1:01:32 | 4:58 | 12,08 | V2 | 15 |
| 111 | Henneton Benoit | Coach Running | 1:01:40 | 4:58 | 12,06 | SE | 48 |
| 112 | Klorek Fabrice | As Velaines | 1:01:41 | 4:58 | 12,06 | V2 | 16 |
| 113 | Vantyghem Laurent | Sans | 1:01:49 | 4:59 | 12,03 | V2 | 17 |
| 114 | Michel Michael | Sans | 1:01:49 | 4:59 | 12,03 | V2 | 18 |
| 115 | Taira Lahoussine | Sans | 1:02:07 | 5:01 | 11,97 | V2 | 19 |
| 116 | Desmarlières Bryan | Sans | 1:02:10 | 5:01 | 11,96 | SE | 49 |
| 117 | Iliopoulos Vassilis | Sans | 1:02:11 | 5:01 | 11,96 | SE | 50 |
| 118 | Carels Didier | Rst Ath | 1:02:15 | 5:01 | 11,95 | V1 | 33 |
| 119 | Willocq Jean-Luc | Rst Ath | 1:02:17 | 5:01 | 11,94 | V2 | 20 |
| 120 | Delcoigne Pierre | As Velaines | 1:02:26 | 5:02 | 11,91 | V2 | 21 |
| 121 | Moulard Geoffrey | Rst Ath | 1:02:29 | 5:02 | 11,90 | V1 | 34 |
| 122 | Bicha El-Hassane | Rst Ath | 1:02:31 | 5:03 | 11,89 | V2 | 22 |
| 123 | Vandenberg Peter | Smart Sport/... | 1:02:34 | 5:03 | 11,88 | V2 | 23 |
| 124 | Villani Antonio | Rc Estaimpuis | 1:02:43 | 5:03 | 11,86 | V1 | 35 |
| 125 | Foucart Kevin | Sans | 1:02:47 | 5:04 | 11,84 | SE | 51 |
| 126 | Durant Luc | Sans | 1:02:50 | 5:04 | 11,83 | V2 | 24 |
| 127 | Magnier Sophie | Athois D'courir | 1:02:50 | 5:04 | 11,83 | A1 | 3 |
| 128 | Dobbeleire Jean-Marc | Sans | 1:02:54 | 5:04 | 11,82 | V2 | 25 |
| 129 | Delem Pascale | Tortues Mesl... | 1:02:54 | 5:04 | 11,82 | A2 | 1 |
| 130 | Abandon Olivier | Rst Ath | 1:02:57 | 5:05 | 11,81 | V1 | 36 |
| 131 | Dehon Thomas | Sans | 1:03:06 | 5:05 | 11,79 | SE | 52 |
| 132 | Selvais Dorian | Sans | 1:03:07 | 5:05 | 11,78 | SE | 53 |
| 133 | Dufour Yannik | Rst Ath | 1:03:12 | 5:06 | 11,77 | V1 | 37 |
| 134 | Giraud Serge | Addm Runners | 1:03:13 | 5:06 | 11,76 | V2 | 26 |
| 135 | Divry Nicolas | Moha | 1:03:15 | 5:06 | 11,76 | V1 | 38 |
| 136 | Michel Delphine | Sans | 1:03:17 | 5:06 | 11,75 | DA | 2 |
| 137 | Piron Gilles | Team Verhels... | 1:03:27 | 5:07 | 11,72 | V1 | 39 |
| 138 | Boulanger Julien | Team Verhels... | 1:03:28 | 5:07 | 11,72 | SE | 54 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 139 | Mdaghri Alaoui Ismaël | Templeuve | 1:03:36 | 5:08 | 11,69 | V1 | 40 |
| 140 | Darcon Benoît | Tortues Meslin | 1:03:51 | 5:09 | 11,64 | V2 | 27 |
| 141 | Bassibei Julien | Sans | 1:04:06 | 5:10 | 11,60 | SE | 55 |
| 142 | Cousin Olivier | Quintine Tra... | 1:04:11 | 5:11 | 11,59 | V2 | 28 |
| 143 | Toubeau Maximilien | Les Eclates ... | 1:04:33 | 5:12 | 11,52 | EH | 8 |
| 144 | Baland Johan | Farmers Club | 1:04:37 | 5:13 | 11,51 | V1 | 41 |
| 145 | Devroey Vanessa | Farmers Club | 1:04:37 | 5:13 | 11,51 | A2 | 2 |
| 146 | Delemarle Stéphane | Sans | 1:04:51 | 5:14 | 11,47 | V2 | 29 |
| 147 | Van Den Brulle Veerle | Sans | 1:04:54 | 5:14 | 11,46 | A1 | 4 |
| 148 | Bourlart Yohan | Sans | 1:04:56 | 5:14 | 11,45 | SE | 56 |
| 149 | Dubois Arnaud | Sans | 1:05:04 | 5:15 | 11,43 | SE | 57 |
| 150 | Schmitz Mathieu | Addm Runners | 1:05:17 | 5:16 | 11,39 | V1 | 42 |
| 151 | Livemont Yves | Sans | 1:05:18 | 5:16 | 11,39 | SE | 58 |
| 152 | Dufour Philippe | As Velaines | 1:05:18 | 5:16 | 11,39 | V2 | 30 |
| 153 | Boisdenghien Loic | Sans | 1:05:27 | 5:17 | 11,36 | SE | 59 |
| 154 | Clerx Vincent | Pipaix | 1:05:31 | 5:17 | 11,35 | V2 | 31 |
| 155 | Leroy Philippe | Pipaix | 1:05:32 | 5:17 | 11,35 | V2 | 32 |
| 156 | Devahif Axel | Sans | 1:05:35 | 5:17 | 11,34 | SE | 60 |
| 157 | Biltresse Laurent | Sans | 1:05:46 | 5:18 | 11,31 | V1 | 43 |
| 158 | Masson Christophe | Rst Ath | 1:05:48 | 5:18 | 11,30 | V2 | 33 |
| 159 | Vanhoutte Cécile | Sans | 1:05:55 | 5:19 | 11,28 | DA | 3 |
| 160 | Vanderstraeten Laurent | Sans | 1:05:55 | 5:19 | 11,28 | V2 | 34 |
| 161 | Collie Michaël | Sans | 1:05:56 | 5:19 | 11,28 | V1 | 44 |
| 162 | Vanus Eric | Run 4 Fun | 1:06:02 | 5:20 | 11,26 | V2 | 35 |
| 163 | Lietard Christine | Sans | 1:06:25 | 5:21 | 11,20 | A2 | 3 |
| 164 | Botteldoorn Stéphane | Sans | 1:06:25 | 5:21 | 11,20 | V3 | 7 |
| 165 | Fichere Sylvain | Rc Estaimpuis | 1:06:32 | 5:22 | 11,18 | V2 | 36 |
| 166 | Vandekerkove Christine | Rc Estaimpuis | 1:06:32 | 5:22 | 11,17 | A2 | 4 |
| 167 | Van Den Brulle Roland | Jc Brakel | 1:06:38 | 5:22 | 11,16 | V4 | 1 |
| 168 | Coinne Philippe | Tortues Mesl... | 1:06:43 | 5:23 | 11,14 | V2 | 37 |
| 169 | Duprez Grégoire | Sans | 1:06:45 | 5:23 | 11,14 | SE | 61 |
| 170 | Kargar Samani Khalil | Cap Team | 1:06:49 | 5:23 | 11,13 | V3 | 8 |
| 171 | Soenens Luca | Sans | 1:06:53 | 5:24 | 11,12 | EH | 9 |
| 172 | Soenens Julien | Sans | 1:06:53 | 5:24 | 11,12 | V1 | 45 |
| 173 | Vandenberghe Jean-Baptiste | Sans | 1:07:19 | 5:26 | 11,05 | SE | 62 |
| 174 | Platteau Emmanuel | Et Chievres | 1:07:28 | 5:26 | 11,02 | V2 | 38 |
| 175 | Broutin Caty | Coach Running | 1:07:29 | 5:27 | 11,02 | A2 | 5 |
| 176 | Morancé Sébastien | Rst Ath | 1:07:40 | 5:27 | 10,99 | V2 | 39 |
| 177 | Van Eeckhout Dirk | Vacbl | 1:07:45 | 5:28 | 10,97 | V2 | 40 |
| 178 | Vrancx Ludovic | Sans | 1:08:03 | 5:29 | 10,93 | SE | 63 |
| 179 | Hovine Constantin | Spho/ Farmer... | 1:08:07 | 5:30 | 10,91 | V3 | 9 |
| 180 | Duhem Gérard | Bac | 1:08:16 | 5:30 | 10,89 | V3 | 10 |
| 181 | Jaupart Véronique | Sans | 1:08:21 | 5:31 | 10,88 | A2 | 6 |
| 182 | Lagache Arnaud | Sans | 1:08:26 | 5:31 | 10,87 | SE | 64 |
| 183 | Maselis Rudi | Coach Running | 1:08:26 | 5:31 | 10,87 | V1 | 46 |
| 184 | Ansciaux Guillaume | Sans | 1:08:41 | 5:32 | 10,83 | SE | 65 |
| 185 | Lepoutre Thibault | Sans | 1:08:46 | 5:33 | 10,81 | SE | 66 |
| 186 | Blindeman Nils | Sans | 1:08:51 | 5:33 | 10,80 | SE | 67 |
| 187 | Leroy Cédric | Sans | 1:08:52 | 5:33 | 10,80 | V1 | 47 |
| 188 | Mat Christopher | Kain B | 1:09:20 | 5:35 | 10,72 | SE | 68 |
| 189 | Beheyt Marie | Sans | 1:09:24 | 5:36 | 10,71 | DA | 4 |
| 190 | Roland Kévin | Sans | 1:09:32 | 5:36 | 10,69 | SE | 69 |
| 191 | Hennebicq Laurent | Pipaix | 1:09:35 | 5:37 | 10,69 | V2 | 41 |
| 192 | Favart Margaux | Sans | 1:09:37 | 5:37 | 10,68 | DA | 5 |
| 193 | Decubber Isabelle | Sans | 1:09:44 | 5:37 | 10,66 | A1 | 5 |
| 194 | Vanderkelen Isabelle | Rst Ath | 1:09:46 | 5:38 | 10,66 | A1 | 6 |
| 195 | Sarraut Eric | Les 4 Fantas... | 1:09:47 | 5:38 | 10,65 | V2 | 42 |
| 196 | Goetvinck Marina | Tortues Mesl... | 1:09:54 | 5:38 | 10,64 | A3 | 1 |
| 197 | Tanghe Matthias | De Dartele D... | 1:09:54 | 5:38 | 10,64 | SE | 70 |
| 198 | Delehouzee Philippe | Sans | 1:09:57 | 5:38 | 10,63 | V2 | 43 |
| 199 | Jourquin Florent | Sans | 1:10:01 | 5:39 | 10,62 | SE | 71 |
| 200 | Carrez Myriam | Sans | 1:10:10 | 5:40 | 10,60 | A1 | 7 |
| 201 | Delfosse Eloïse | Sans | 1:10:10 | 5:40 | 10,60 | DA | 6 |
| 202 | Mollet Ephrem | Addm Runners | 1:10:11 | 5:40 | 10,60 | V1 | 48 |
| 203 | Casaert Hugo | Popuelles Dr... | 1:10:21 | 5:40 | 10,57 | SE | 72 |
| 204 | Verset Éric | Sans | 1:10:22 | 5:40 | 10,57 | V2 | 44 |
| 205 | Vandewatere Pierre | Sans | 1:10:24 | 5:41 | 10,56 | SE | 73 |
| 206 | Nef Mattéo | Sans | 1:10:26 | 5:41 | 10,56 | EH | 10 |
| 207 | Roty Michel | Kain B | 1:10:29 | 5:41 | 10,55 | V5 | 1 |
| 208 | Delobelle Bernadette | Spho | 1:10:54 | 5:43 | 10,49 | A3 | 2 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 209 | Vonsianinos Isidoras | Sans | 1:10:56 | 5:43 | 10,48 | V1 | 49 |
| 210 | Marquant Nicolas | Kervassin | 1:11:11 | 5:44 | 10,45 | V1 | 50 |
| 211 | Michiels Arnaud | Sans | 1:11:11 | 5:44 | 10,44 | SE | 74 |
| 212 | Van Damme Eric | Rst | 1:11:15 | 5:45 | 10,44 | V2 | 45 |
| 213 | Vanderstrichelen Laurent | Rst Ath | 1:11:15 | 5:45 | 10,43 | V2 | 46 |
| 214 | Dequévy Laurent | Sans | 1:11:17 | 5:45 | 10,43 | SE | 75 |
| 215 | Floq Romain | Sans | 1:11:22 | 5:45 | 10,42 | SE | 76 |
| 216 | Daubechies Victorine | Sans | 1:11:29 | 5:46 | 10,40 | DA | 7 |
| 217 | De Rodder Éric | Bac | 1:11:43 | 5:47 | 10,37 | V3 | 11 |
| 218 | Huys Nancy | Sans | 1:11:50 | 5:48 | 10,35 | A1 | 8 |
| 219 | Danneaux Nathan | Ercies Run | 1:11:50 | 5:48 | 10,35 | EH | 11 |
| 220 | Busiau Patrice | Sans | 1:11:51 | 5:48 | 10,35 | SE | 77 |
| 221 | Boutry Vincent | Addm Runners | 1:11:53 | 5:48 | 10,34 | V1 | 51 |
| 222 | Wagnair Hugo | Sans | 1:11:55 | 5:48 | 10,34 | SE | 78 |
| 223 | Simonart David | Sans | 1:11:56 | 5:48 | 10,34 | V1 | 52 |
| 224 | Toubeau Dominique | Spho | 1:11:58 | 5:48 | 10,33 | V3 | 12 |
| 225 | Bodson Carole | Jcpmf Lessines | 1:11:59 | 5:48 | 10,33 | A2 | 7 |
| 226 | Legrand Lara | Sans | 1:12:06 | 5:49 | 10,31 | ED | 1 |
| 227 | Vucic Benedicte | Rst Ath | 1:12:08 | 5:49 | 10,31 | A1 | 9 |
| 228 | Decordier Henri | Sans | 1:12:16 | 5:50 | 10,29 | SE | 79 |
| 229 | Dekeyser Guillaume | Sans | 1:12:18 | 5:50 | 10,28 | V1 | 53 |
| 230 | Minette Laurent | Sans | 1:12:32 | 5:51 | 10,25 | SE | 80 |
| 231 | La Haise Olivier | Jc Blandain | 1:12:33 | 5:51 | 10,25 | V2 | 47 |
| 232 | Berthe Alain | Les 4 Fantas... | 1:12:34 | 5:51 | 10,25 | V2 | 48 |
| 233 | Galant Anne | Tortues Mesl... | 1:12:47 | 5:52 | 10,21 | A2 | 8 |
| 234 | Janssens Roland | Tortues Mesl... | 1:12:48 | 5:52 | 10,21 | V3 | 13 |
| 235 | Janssens Lidia | Potes O Maltes | 1:12:54 | 5:53 | 10,20 | A1 | 10 |
| 236 | De Backer Dave | Jcpmf Lessines | 1:12:54 | 5:53 | 10,20 | V1 | 54 |
| 237 | Stocké David | Jcpmf Lessines | 1:12:54 | 5:53 | 10,20 | V2 | 49 |
| 238 | Salingue Jérôme | Rst Ath | 1:13:10 | 5:54 | 10,16 | V1 | 55 |
| 239 | Duret Ludovic | Sans | 1:13:14 | 5:54 | 10,15 | SE | 81 |
| 240 | Evrard Pauline | Rst Ath | 1:13:16 | 5:55 | 10,15 | DA | 8 |
| 241 | Decroïe Alain | Addm Runners | 1:13:33 | 5:56 | 10,11 | V2 | 50 |
| 242 | Decroie Fanny | Addm Runners | 1:13:34 | 5:56 | 10,11 | DA | 9 |
| 243 | Fauconnier Fostine | Sans | 1:13:44 | 5:57 | 10,08 | DA | 10 |
| 244 | Schoonooghe Erwin | As Velaines | 1:13:47 | 5:57 | 10,08 | V2 | 51 |
| 245 | Dubois Thibaut | Rst Ath | 1:14:16 | 5:59 | 10,01 | V1 | 56 |
| 246 | Clinquart Jean-Christophe | Road Running... | 1:14:16 | 5:59 | 10,01 | V1 | 57 |
| 247 | Blondelle Sophie | Tortues Mesl... | 1:14:22 | 6:00 | 10,00 | A2 | 9 |
| 248 | Brouillard Dominique | Sans | 1:14:23 | 6:00 | 10,00 | V3 | 14 |
| 249 | Jourquin Pauline | Sans | 1:14:30 | 6:00 | 9,98 | DA | 11 |
| 250 | Henry Mathieu | Jc Herinnes | 1:14:33 | 6:01 | 9,97 | SE | 82 |
| 251 | De Witte Christian | Sans | 1:15:03 | 6:03 | 9,91 | V4 | 2 |
| 252 | Van Der Massen Geoffrey | Addm Runners | 1:15:38 | 6:06 | 9,83 | SE | 83 |
| 253 | Vercruysse Augustin | Sans | 1:15:56 | 6:07 | 9,79 | SE | 84 |
| 254 | Duquesne Daniel | Sans | 1:16:00 | 6:08 | 9,78 | V3 | 15 |
| 255 | Vandenhoven Benjamin | Run & Smash | 1:16:03 | 6:08 | 9,78 | V1 | 58 |
| 256 | Constant Marie-Christine | Tortues Mesl... | 1:16:08 | 6:08 | 9,77 | A3 | 3 |
| 257 | Vairon catherine | Sans | 1:16:18 | 6:09 | 9,74 | A1 | 11 |
| 258 | Lelong Nadia | Jc Baudour | 1:16:47 | 6:12 | 9,68 | DA | 12 |
| 259 | Bienkowski Frédérique | Jc Baudour | 1:16:47 | 6:12 | 9,68 | A2 | 10 |
| 260 | Royer Patrick | Jc Baudour | 1:16:48 | 6:12 | 9,68 | V2 | 52 |
| 261 | Amorison David | Kervassin | 1:16:57 | 6:12 | 9,66 | V1 | 59 |
| 262 | D Hondt Sandrine | Les Ceusses ... | 1:17:05 | 6:13 | 9,65 | A2 | 11 |
| 263 | Waneukem Philippe | Les Ceusses ... | 1:17:06 | 6:13 | 9,64 | V1 | 60 |
| 264 | Cocu Jean-Luc | Prfm | 1:17:06 | 6:13 | 9,64 | V4 | 3 |
| 265 | Delobelle Chantal | Spho | 1:17:08 | 6:13 | 9,64 | A2 | 12 |
| 266 | Depluverez Katrien | Tortues Mesl... | 1:17:37 | 6:16 | 9,58 | A1 | 12 |
| 267 | Leconte Brigitte | Spho | 1:17:37 | 6:16 | 9,58 | A3 | 4 |
| 268 | Dereux Francis | Sans | 1:17:43 | 6:16 | 9,57 | V4 | 4 |
| 269 | De Meester Germain | Tourpes | 1:17:51 | 6:17 | 9,55 | V4 | 5 |
| 270 | Soete Nancy | Jc Baudour | 1:17:54 | 6:17 | 9,54 | A1 | 13 |
| 271 | Wlomainck Julien | Sans | 1:18:09 | 6:18 | 9,51 | V1 | 61 |
| 272 | Navez Romain | Rst Ath | 1:18:38 | 6:20 | 9,46 | SE | 85 |
| 273 | Dekeyser Lola | Rst Ath | 1:18:38 | 6:20 | 9,46 | ED | 2 |
| 274 | Hargot Cindy | Les 4 Fantas... | 1:19:18 | 6:24 | 9,38 | A1 | 14 |
| 275 | Debel Rick | Sans | 1:19:18 | 6:24 | 9,38 | V2 | 53 |
| 276 | Brouillard Celine | Les 4 Fantas... | 1:19:18 | 6:24 | 9,38 | DA | 13 |
| 277 | Vangheluwe Patrick | As Velaines | 1:19:31 | 6:25 | 9,35 | V3 | 16 |
| 278 | Bataille Claude | Rc Estaimpuis | 1:19:51 | 6:26 | 9,31 | V4 | 6 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 279 | Riou Martine | Jc Baudour | 1:19:55 | 6:27 | 9,30 | A3 | 5 |
| 280 | Delcoigne Georges | Run 4 Fun | 1:20:15 | 6:28 | 9,26 | V3 | 17 |
| 281 | Midulla Domenico | Sans | 1:20:16 | 6:28 | 9,26 | V2 | 54 |
| 282 | Dufour Célestine | Sans | 1:20:18 | 6:29 | 9,26 | DA | 14 |
| 283 | Bogaerts Magalie | Sans | 1:20:21 | 6:29 | 9,25 | A1 | 15 |
| 284 | Fauville Pierre | Sans | 1:20:34 | 6:30 | 9,23 | V1 | 62 |
| 285 | Monté Jean | As Velaines | 1:20:49 | 6:31 | 9,20 | V3 | 18 |
| 286 | Dellettre Anne | Spho | 1:20:58 | 6:32 | 9,18 | A2 | 13 |
| 287 | Claerhout Stéphanie | Pecq | 1:21:02 | 6:32 | 9,18 | A1 | 16 |
| 288 | Cochez Jean-Albert | Jcpmf Pecq | 1:21:02 | 6:32 | 9,18 | V3 | 19 |
| 289 | Chais Sylvianne | Tortues Mesl... | 1:21:21 | 6:34 | 9,14 | A1 | 17 |
| 290 | Carette Valérie-Anne | As Velaines | 1:22:01 | 6:37 | 9,07 | A1 | 18 |
| 291 | Peutte Sylvie | As Velaines | 1:22:02 | 6:37 | 9,06 | A2 | 14 |
| 292 | Degallaix Réginald | Sans | 1:22:23 | 6:39 | 9,03 | V1 | 63 |
| 293 | De Nève Chantal | Aclss | 1:22:26 | 6:39 | 9,02 | A2 | 15 |
| 294 | Leersnyder Joel | As Velaines | 1:22:36 | 6:40 | 9,00 | V4 | 7 |
| 295 | Tirant Maxence | Sans | 1:22:51 | 6:41 | 8,97 | EH | 12 |
| 296 | Vanherreweghe Vincent | Sans | 1:22:55 | 6:41 | 8,97 | V1 | 64 |
| 297 | Lecomte Benjamin | Sans | 1:24:53 | 6:51 | 8,76 | V1 | 65 |
| 298 | Strumelle Jean-Michel | Tortues Mesl... | 1:25:28 | 6:54 | 8,70 | V3 | 20 |
| 299 | Weyders David | Younited | 1:26:45 | 7:00 | 8,57 | V1 | 66 |
| 300 | Nicolle Bruno | Sans | 1:27:19 | 7:03 | 8,52 | V3 | 21 |
| 301 | Michiels Philippe | As Velaines | 1:28:59 | 7:11 | 8,35 | V3 | 22 |
| 302 | Dehantschytter Ophélie | Sans | 1:29:32 | 7:13 | 8,30 | DA | 15 |
| 303 | Desmet Cyril | Rst Ath | 1:29:32 | 7:13 | 8,30 | SE | 86 |
| 304 | Lebrun Marc | Sans | 1:33:49 | 7:34 | 7,92 | V2 | 55 |
| 305 | Delehouzee Ninon | Sans | 1:34:24 | 7:37 | 7,88 | ED | 3 |