# 11-09-2022 – Le jogging du collège de Kain – 12,85 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Vico Victor | Rcag | 0:40:33 | 3:25 | 17,53 | SE | 1 |
| 2 | Deblander Romain | Trakks | 0:40:58 | 3:27 | 17,34 | SE | 2 |
| 3 | Gilmet Julien | Cap Team | 0:42:47 | 3:37 | 16,61 | SE | 3 |
| 4 | Demuynck Emmanuel | Sans | 0:43:38 | 3:41 | 16,29 | SE | 4 |
| 5 | Dequin Frédéric | Popuelles Dr... | 0:43:45 | 3:42 | 16,24 | V1 | 1 |
| 6 | Chenut Sébastien | In God We Trust | 0:44:59 | 3:48 | 15,80 | V2 | 1 |
| 7 | Goebeert Pierre | Rcag | 0:45:45 | 3:52 | 15,54 | SE | 5 |
| 8 | Gustin Jeff | Sans | 0:45:56 | 3:53 | 15,47 | SE | 6 |
| 9 | De Munck Tanguy | Tortues Mesl... | 0:46:05 | 3:53 | 15,42 | V1 | 2 |
| 10 | Hourez Dylan | Sans | 0:46:08 | 3:54 | 15,40 | SE | 7 |
| 11 | Flamme Kévin | Team Verhels... | 0:46:09 | 3:54 | 15,40 | SE | 8 |
| 12 | Fontaine Thomas | Sans | 0:46:47 | 3:57 | 15,19 | SE | 9 |
| 13 | Vinchent Olivier | As Velaines | 0:46:59 | 3:58 | 15,12 | V1 | 3 |
| 14 | Lefevere Siegert | Rtb | 0:47:10 | 3:59 | 15,06 | SE | 10 |
| 15 | Van Strijdonck Claude |  | 0:47:21 | 4:00 | 15,01 | V2 | 2 |
| 16 | Minet Jimmy | Rst Ath/trakks | 0:47:27 | 4:00 | 14,98 | SE | 11 |
| 17 | Lelong Raphaël | Jc Baudour | 0:48:10 | 4:04 | 14,75 | SE | 12 |
| 18 | Dusausoit Eddy | Sans | 0:48:17 | 4:04 | 14,72 | V2 | 3 |
| 19 | Moulin Rémy | Havignoble | 0:48:57 | 4:08 | 14,52 | SE | 13 |
| 20 | Delbecq Nathan | Popuelles Dr... | 0:48:58 | 4:08 | 14,51 | SE | 14 |
| 21 | Debroux Isaac | Athois D'courir | 0:48:59 | 4:08 | 14,51 | EH | 1 |
| 22 | Pourtois Gilles | Addm Runners | 0:49:02 | 4:08 | 14,49 | V1 | 4 |
| 23 | Van Den Abeele Arnaud | Sans | 0:49:16 | 4:09 | 14,43 | SE | 15 |
| 24 | Monticelli Gérard | Sans | 0:49:23 | 4:10 | 14,39 | V1 | 5 |
| 25 | Hache Fabien | Sans | 0:49:24 | 4:10 | 14,39 | SE | 16 |
| 26 | Deribreux Sébastien | Sans | 0:49:34 | 4:11 | 14,34 | V1 | 6 |
| 27 | Van Nesté Michel | Pipaix | 0:49:55 | 4:13 | 14,24 | SE | 17 |
| 28 | Willocq Christophe | Team Verhels... | 0:50:02 | 4:13 | 14,20 | V1 | 7 |
| 29 | Dillies Pierre-Eloi | Popuelles Dr... | 0:50:02 | 4:13 | 14,20 | SE | 18 |
| 30 | Saussez Jérôme | Sans | 0:50:12 | 4:14 | 14,16 | SE | 19 |
| 31 | Declercq Stijn | Sans | 0:50:17 | 4:15 | 14,13 | SE | 20 |
| 32 | Vandeputte Christophe | Jc Herinnes | 0:50:40 | 4:17 | 14,03 | V1 | 8 |
| 33 | Debroux Stefan | Athois D'courir | 0:50:40 | 4:17 | 14,03 | V1 | 9 |
| 34 | Derreumaux David | Bac | 0:50:48 | 4:17 | 13,99 | V1 | 10 |
| 35 | Brismée Baptiste | Pipaix | 0:51:02 | 4:18 | 13,92 | SE | 21 |
| 36 | Mas Bruno | Pipaix | 0:51:07 | 4:19 | 13,90 | V2 | 4 |
| 37 | Olivier Loïc | Sans | 0:51:07 | 4:19 | 13,90 | SE | 22 |
| 38 | Moulin Jordy | Trail Des Po... | 0:51:15 | 4:19 | 13,86 | SE | 23 |
| 39 | De Poorter Samuel | Rocco Team | 0:51:19 | 4:20 | 13,85 | V1 | 11 |
| 40 | Pourtois Tom | Sans | 0:51:37 | 4:21 | 13,77 | EH | 2 |
| 41 | Marysse Remi | La Patte Folle | 0:51:40 | 4:22 | 13,76 | SE | 24 |
| 42 | Dujardin Virginie | Les Noix De ... | 0:51:43 | 4:22 | 13,74 | A1 | 1 |
| 43 | Fourdin Vincent | Athois D'courir | 0:51:56 | 4:23 | 13,69 | V1 | 12 |
| 44 | Deweer Sebastien | Rcag | 0:52:18 | 4:25 | 13,59 | SE | 25 |
| 45 | Decruyenaere Bastien | Sans | 0:52:53 | 4:28 | 13,44 | EH | 3 |
| 46 | Mat Benoît | Tournai Gene... | 0:52:56 | 4:28 | 13,43 | V2 | 5 |
| 47 | Froissart Fabrice | Spho | 0:52:59 | 4:28 | 13,41 | V2 | 6 |
| 48 | Dieryck Pascal | Sans | 0:53:13 | 4:29 | 13,35 | V2 | 7 |
| 49 | Vifquin Christophe | Jc Herinnes | 0:53:15 | 4:30 | 13,35 | V2 | 8 |
| 50 | Goebeert Théo | Rcag | 0:53:16 | 4:30 | 13,34 | SE | 26 |
| 51 | Flammia Francois | Cap Team | 0:53:26 | 4:31 | 13,30 | V1 | 13 |
| 52 | Van Ceunebroeck Michel | Les Ceusses ... | 0:53:27 | 4:31 | 13,29 | V2 | 9 |
| 53 | Waneukem Philippe | Les Ceusses ... | 0:53:28 | 4:31 | 13,29 | V1 | 14 |
| 54 | Lamon Peter | Gavertrimmers | 0:53:40 | 4:32 | 13,24 | V1 | 15 |
| 55 | Brichaut Olivier | Rst Ath | 0:53:49 | 4:32 | 13,20 | V1 | 16 |
| 56 | Thielemans Sébastien | Potes O Maltes | 0:54:03 | 4:34 | 13,15 | SE | 27 |
| 57 | Laho François | Tortues Mesl... | 0:54:05 | 4:34 | 13,14 | V1 | 17 |
| 58 | Maselis Ethan | Templeuve | 0:54:19 | 4:35 | 13,08 | EH | 4 |
| 59 | Bralion Cédric | Et Chievres | 0:54:19 | 4:35 | 13,08 | V1 | 18 |
| 60 | Fichere Sylvain | Rc Estaimpuis | 0:54:35 | 4:36 | 13,02 | V2 | 10 |
| 61 | Herman Jimmy | Jerusalem Fo... | 0:54:38 | 4:37 | 13,01 | V1 | 19 |
| 62 | Ledent Jérémy | Bac | 0:54:47 | 4:37 | 12,97 | SE | 28 |
| 63 | Wlomainck Pierre | Sans | 0:54:51 | 4:38 | 12,96 | V2 | 11 |
| 64 | Cambier David | Acbb | 0:55:01 | 4:39 | 12,91 | V2 | 12 |
| 65 | Abraham Steve | Potes O Maltes | 0:55:10 | 4:39 | 12,88 | V1 | 20 |
| 66 | Dupont Pol-Henri | Tri Gt | 0:55:17 | 4:40 | 12,85 | V2 | 13 |
| 67 | De Cubber Marc | Bac | 0:55:20 | 4:40 | 12,84 | V3 | 1 |
| 68 | Geets Cédric | Sans | 0:55:25 | 4:41 | 12,82 | V1 | 21 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 69 | Jandrez Edouard | Apero Running | 0:55:27 | 4:41 | 12,81 | SE | 29 |
| 70 | Van Glabeke Youri | Kain B | 0:55:34 | 4:41 | 12,79 | V1 | 22 |
| 71 | Verstraete Vincent | Sans | 0:55:34 | 4:41 | 12,79 | V1 | 23 |
| 72 | Brousse Jerome | Cocoach | 0:55:42 | 4:42 | 12,76 | V1 | 24 |
| 73 | Plasman Alexandre | Sans | 0:55:44 | 4:42 | 12,75 | V1 | 25 |
| 74 | Sahiri Tarik | Sans | 0:55:44 | 4:42 | 12,75 | SE | 30 |
| 75 | Dupret Didier | Bac | 0:55:53 | 4:43 | 12,72 | V2 | 14 |
| 76 | Dhallewyn Jérôme | Prfm | 0:55:53 | 4:43 | 12,72 | V1 | 26 |
| 77 | Vandenheede Jean-Marie | Grijsloke | 0:55:58 | 4:43 | 12,70 | V3 | 2 |
| 78 | Van Caenegem Vincent | Et Chievres | 0:55:58 | 4:43 | 12,70 | V1 | 27 |
| 79 | Aresu Fabian | Sans | 0:56:02 | 4:44 | 12,68 | V1 | 28 |
| 80 | Laebens François | Rc Estaimpuis | 0:56:03 | 4:44 | 12,68 | SE | 31 |
| 81 | Talbi Mehdi | Sans | 0:56:04 | 4:44 | 12,68 | V1 | 29 |
| 82 | Michel Bruno | Cocoach | 0:56:11 | 4:44 | 12,65 | V1 | 30 |
| 83 | Vanoverskelds Dominique | Coach Running | 0:56:14 | 4:45 | 12,64 | V2 | 15 |
| 84 | Baba Walid | Sans | 0:56:14 | 4:45 | 12,64 | SE | 32 |
| 85 | Crapez Lory | Jc Quievrain | 0:56:14 | 4:45 | 12,64 | V1 | 31 |
| 86 | Rozmanowski Cédric | Sans | 0:56:18 | 4:45 | 12,62 | V1 | 32 |
| 87 | Duquenne Mireille | Sans | 0:56:23 | 4:45 | 12,60 | A1 | 2 |
| 88 | Soldai Patrick | Sans | 0:56:24 | 4:46 | 12,60 | V3 | 3 |
| 89 | Vanuxem Sylvain | Sans | 0:56:25 | 4:46 | 12,60 | V2 | 16 |
| 90 | Wauquiez Xavier | Sans | 0:56:27 | 4:46 | 12,59 | V1 | 33 |
| 91 | Henneton Benoit | Coach Running | 0:56:30 | 4:46 | 12,58 | SE | 33 |
| 92 | Villani Antonio | Rc Estaimpuis | 0:56:37 | 4:47 | 12,55 | V1 | 34 |
| 93 | Jouret Julien | B Betes De C... | 0:56:39 | 4:47 | 12,54 | V1 | 35 |
| 94 | Rozel Gauthier | Sukcestfou | 0:56:45 | 4:47 | 12,52 | V1 | 36 |
| 95 | Amorison Noemie | Athois D'courir | 0:56:45 | 4:47 | 12,52 | DA | 1 |
| 96 | Degryse Quentin | Runninggeek.be | 0:56:45 | 4:47 | 12,52 | SE | 34 |
| 97 | Daye Francis | Sans | 0:56:47 | 4:48 | 12,51 | V3 | 4 |
| 98 | Delbroeck Quentin | Sans | 0:56:47 | 4:48 | 12,51 | SE | 35 |
| 99 | Dujardin Catherine | Les Noix De ... | 0:56:59 | 4:49 | 12,47 | A1 | 3 |
| 100 | De Craeye Michaël | Popuelles Dr... | 0:57:06 | 4:49 | 12,44 | V2 | 17 |
| 101 | Rossie Samuel | Sans | 0:57:09 | 4:49 | 12,43 | V1 | 37 |
| 102 | Abraham Jordan | Potes O Maltes | 0:57:12 | 4:50 | 12,42 | SE | 36 |
| 103 | De Smet Alexandrine | Tortues Mesl... | 0:57:22 | 4:50 | 12,39 | A1 | 4 |
| 104 | Guérin Jean-Christophe | Rfcb | 0:57:22 | 4:50 | 12,39 | V1 | 38 |
| 105 | Martin François | Sans | 0:57:23 | 4:51 | 12,38 | V1 | 39 |
| 106 | Vinchent Miguël | As Velaines | 0:57:31 | 4:51 | 12,36 | V1 | 40 |
| 107 | Nicolas Charles | Cap Team | 0:57:39 | 4:52 | 12,33 | EH | 5 |
| 108 | Delcoigne Pierre | As Velaines | 0:57:40 | 4:52 | 12,32 | V2 | 18 |
| 109 | Dekeyzer Anthony | Jcpm Pecq | 0:57:40 | 4:52 | 12,32 | V1 | 41 |
| 110 | Legley Bertrand | Etm | 0:57:42 | 4:52 | 12,31 | V1 | 42 |
| 111 | Timmerman Sébastien | Jcl | 0:57:50 | 4:53 | 12,29 | SE | 37 |
| 112 | Tourneur Axel | Athois D'courir | 0:58:02 | 4:54 | 12,24 | SE | 38 |
| 113 | Deroubaix François | Popuelles Dr... | 0:58:03 | 4:54 | 12,24 | SE | 39 |
| 114 | Casaert Hugo | Sans | 0:58:07 | 4:54 | 12,23 | SE | 40 |
| 115 | Debosscker François | Sans | 0:58:07 | 4:54 | 12,23 | V1 | 43 |
| 116 | Michel Michael | Sans | 0:58:08 | 4:54 | 12,22 | V2 | 19 |
| 117 | Daemen Charles | Sans | 0:58:09 | 4:54 | 12,22 | SE | 41 |
| 118 | Maes Thomas | Sans | 0:58:09 | 4:54 | 12,22 | EH | 6 |
| 119 | Mercier Sylvain | Judo Club Fu... | 0:58:10 | 4:55 | 12,22 | SE | 42 |
| 120 | Magnier Sophie | Les Ceusses ... | 0:58:18 | 4:55 | 12,19 | A1 | 5 |
| 121 | De Bruyn David | Sans | 0:58:20 | 4:55 | 12,18 | V1 | 44 |
| 122 | Van Dyk Damien | Templeuve | 0:58:35 | 4:57 | 12,13 | V1 | 45 |
| 123 | Dickx Katrien | Sans | 0:58:43 | 4:57 | 12,10 | DA | 2 |
| 124 | Vanhaute Chris | Loopclub Gri... | 0:58:43 | 4:57 | 12,10 | V2 | 20 |
| 125 | Duquenne Michel | Jcsa | 0:58:59 | 4:59 | 12,05 | V3 | 5 |
| 126 | Rochez Sébastien | Accros 5 Clo... | 0:59:08 | 4:59 | 12,02 | V2 | 21 |
| 127 | Temperman Gaëtan | Amis Du Mardi | 0:59:14 | 5:00 | 12,00 | V2 | 22 |
| 128 | Deboever Guillaume | Sans | 0:59:16 | 5:00 | 11,99 | SE | 43 |
| 129 | Feys Nicolas | Accros 5 Clo... | 0:59:26 | 5:01 | 11,96 | V1 | 46 |
| 130 | Moutiez Cécile | Athois D'courir | 0:59:29 | 5:01 | 11,95 | A2 | 1 |
| 131 | Balcaen Philippe | Sans | 0:59:31 | 5:01 | 11,94 | V3 | 6 |
| 132 | Vastrat Michaël | Sans | 0:59:37 | 5:02 | 11,92 | V1 | 47 |
| 133 | Pevenage Sylvain | Addm Runners | 0:59:40 | 5:02 | 11,91 | SE | 44 |
| 134 | Vanhole Pierre-Adrien | Sans | 0:59:44 | 5:02 | 11,90 | EH | 7 |
| 135 | Winand Jean-Yves | Apero Running | 0:59:49 | 5:03 | 11,88 | V1 | 48 |
| 136 | Rocquerelle Thomas | Sans | 0:59:49 | 5:03 | 11,88 | SE | 45 |
| 137 | Van Moer Robin | Sans | 0:59:50 | 5:03 | 11,88 | EH | 8 |
| 138 | Ghyselings Alexis | Sans | 0:59:57 | 5:04 | 11,85 | SE | 46 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 139 | Rondelaere Tom | Cwt | 0:59:57 | 5:04 | 11,85 | V1 | 49 |
| 140 | Dubois Guillaume | Sans | 1:00:02 | 5:04 | 11,84 | SE | 47 |
| 141 | Amorison Luc | Sans | 1:00:05 | 5:04 | 11,83 | V2 | 23 |
| 142 | Duvivier Isabelle | Sans | 1:00:10 | 5:05 | 11,81 | A1 | 6 |
| 143 | Verzele Maxime | Kain B | 1:00:11 | 5:05 | 11,81 | SE | 48 |
| 144 | Lacroix Marie | Rfc Boulevard | 1:00:12 | 5:05 | 11,80 | A1 | 7 |
| 145 | Vanhole Jean-Francois | Sans | 1:00:14 | 5:05 | 11,80 | V1 | 50 |
| 146 | Van Eeckhout Dirk | Vacbl | 1:00:17 | 5:05 | 11,79 | V2 | 24 |
| 147 | Dermaut Stéphane | Rcag | 1:00:20 | 5:05 | 11,78 | V2 | 25 |
| 148 | Polo Romero Rodrigue | Sans | 1:00:26 | 5:06 | 11,76 | V1 | 51 |
| 149 | Degueldre Murielle | Sans | 1:00:26 | 5:06 | 11,76 | A1 | 8 |
| 150 | De Clercq Marion | Sans | 1:00:36 | 5:07 | 11,73 | DA | 3 |
| 151 | Mariage Michel | Bac | 1:00:36 | 5:07 | 11,73 | V3 | 7 |
| 152 | Haillez Alisson | Sans | 1:00:37 | 5:07 | 11,72 | DA | 4 |
| 153 | Van Malleghem Guillaume | Sans | 1:00:38 | 5:07 | 11,72 | SE | 49 |
| 154 | Pierre Ophélie | Sans | 1:00:41 | 5:07 | 11,71 | DA | 5 |
| 155 | Potvin Julien | Tortues Mesl... | 1:00:42 | 5:07 | 11,71 | SE | 50 |
| 156 | De Langhe Gilles | Les Gens D Ere | 1:01:16 | 5:10 | 11,60 | V1 | 52 |
| 157 | Dujardin Auxanne | Les Noix De ... | 1:01:26 | 5:11 | 11,57 | DA | 6 |
| 158 | François Christophe | Sans | 1:01:33 | 5:12 | 11,54 | V1 | 53 |
| 159 | De Meester Bradeley | Sans | 1:01:35 | 5:12 | 11,54 | SE | 51 |
| 160 | Deldaele Basile | Sans | 1:01:49 | 5:13 | 11,50 | SE | 52 |
| 161 | Vervacke Christophe | As Velaines | 1:02:07 | 5:15 | 11,44 | V2 | 26 |
| 162 | Manu Manu | Sans | 1:02:29 | 5:16 | 11,37 | V1 | 54 |
| 163 | Mat Christopher | Kain B | 1:02:36 | 5:17 | 11,35 | SE | 53 |
| 164 | Dellemme Bruno | Templeuve | 1:02:47 | 5:18 | 11,32 | V2 | 27 |
| 165 | Delwart Sonny | Athois D'courir | 1:02:50 | 5:18 | 11,31 | SE | 54 |
| 166 | Collie Fabian | Rfc Boulevard | 1:02:56 | 5:19 | 11,29 | V1 | 55 |
| 167 | Anrys Gabriel | Jcsa | 1:02:59 | 5:19 | 11,28 | V4 | 1 |
| 168 | Legrand Frederic | Potes O Maltes | 1:03:17 | 5:20 | 11,23 | V2 | 28 |
| 169 | Delemarle Stéphane | Sans | 1:03:31 | 5:22 | 11,19 | V2 | 29 |
| 170 | Cornu Gaëtan | Kain B | 1:03:45 | 5:23 | 11,15 | V2 | 30 |
| 171 | Mahieu David | Coach Running | 1:03:46 | 5:23 | 11,14 | V1 | 56 |
| 172 | Toubeau Dominique | Spho | 1:03:48 | 5:23 | 11,14 | V2 | 31 |
| 173 | Deceuninck Laurence | Sans | 1:03:52 | 5:23 | 11,13 | A1 | 9 |
| 174 | Deslee Eric | Kain B | 1:03:55 | 5:24 | 11,12 | V3 | 8 |
| 175 | Allard Thierry | Accros 5 Clo... | 1:04:04 | 5:24 | 11,09 | V2 | 32 |
| 176 | Laurent Alex | Aclss | 1:04:06 | 5:25 | 11,09 | V3 | 9 |
| 177 | Rogge Johan | Sans | 1:04:12 | 5:25 | 11,07 | V4 | 2 |
| 178 | Mercier Jean-Baptiste | Sans | 1:04:18 | 5:26 | 11,05 | V1 | 57 |
| 179 | Ramu Annick | Kain B | 1:04:22 | 5:26 | 11,04 | A2 | 2 |
| 180 | Dervaux Gaëtan | Pipaix | 1:04:28 | 5:26 | 11,02 | V2 | 33 |
| 181 | Taskin Kenan | Running Safe | 1:04:36 | 5:27 | 11,00 | SE | 55 |
| 182 | Diricq Gwenaelle | Aclss | 1:04:44 | 5:28 | 10,98 | A1 | 10 |
| 183 | Leroy Philippe | Pipaix | 1:04:44 | 5:28 | 10,98 | V2 | 34 |
| 184 | Casterman Thierry | Sans | 1:04:45 | 5:28 | 10,97 | V2 | 35 |
| 185 | Giannone Aldo | Templeuve | 1:04:48 | 5:28 | 10,96 | V1 | 58 |
| 186 | Van Den Brulle Roland | Jc Brakel | 1:04:51 | 5:28 | 10,96 | V4 | 3 |
| 187 | Vandenberg Peter | Smart Sport/... | 1:04:57 | 5:29 | 10,94 | V2 | 36 |
| 188 | Deboever Francis | Sans | 1:05:08 | 5:30 | 10,91 | V2 | 37 |
| 189 | Bruneau Chantal | Pipaix | 1:05:10 | 5:30 | 10,90 | A3 | 1 |
| 190 | Vanslembrouck Hubert | Cap Team | 1:05:13 | 5:30 | 10,90 | V1 | 59 |
| 191 | Ryckebosch Ludwig | B Betes De C... | 1:05:14 | 5:30 | 10,89 | V2 | 38 |
| 192 | Parmentier Jean-Claude | Jcl | 1:05:17 | 5:31 | 10,88 | V3 | 10 |
| 193 | Bois Pierre-Henri | Jc Blandain | 1:05:23 | 5:31 | 10,87 | V1 | 60 |
| 194 | Hovine Constantin | Spho/ Farmer... | 1:05:24 | 5:31 | 10,86 | V3 | 11 |
| 195 | Lecocq Pierre | Cap Team | 1:05:27 | 5:31 | 10,86 | V3 | 12 |
| 196 | Delcourt Romuald | Sans | 1:05:33 | 5:32 | 10,84 | V1 | 61 |
| 197 | Lemaire Laurent | Gsk | 1:05:35 | 5:32 | 10,83 | V2 | 39 |
| 198 | Delobelle Bernadette | Spho | 1:05:36 | 5:32 | 10,83 | A3 | 2 |
| 199 | Bury Gaylord | Templeuve | 1:05:36 | 5:32 | 10,83 | SE | 56 |
| 200 | Delmarre Pierre | Farmers Club | 1:05:37 | 5:32 | 10,83 | V3 | 13 |
| 201 | Van Wynsberghe Antoine | Sans | 1:05:37 | 5:32 | 10,83 | SE | 57 |
| 202 | Vanoverbeke Romain | Sans | 1:05:44 | 5:33 | 10,81 | EH | 9 |
| 203 | Hondekyn Maxime | Sans | 1:05:45 | 5:33 | 10,81 | EH | 10 |
| 204 | Demarcin Quentin | Sans | 1:05:47 | 5:33 | 10,80 | SE | 58 |
| 205 | Mollet Ephrem | Addm Runners | 1:05:49 | 5:33 | 10,80 | SE | 59 |
| 206 | Léchevin Marlene | Sans | 1:06:00 | 5:34 | 10,77 | A1 | 11 |
| 207 | Collie Marie-Jo | As Velaines | 1:06:02 | 5:34 | 10,76 | A4 | 1 |
| 208 | Van Den Haute Herman | Addm Runners | 1:06:10 | 5:35 | 10,74 | V4 | 4 |

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|---|---|---|---|---|---|---|---|
| 209 | Gastelblum Arnaud | Mmm | 1:06:10 | 5:35 | 10,74 | V1 | 62 |
| 210 | Dellemme David | Sans | 1:06:11 | 5:35 | 10,74 | SE | 60 |
| 211 | Dewavrin Ludovic | Sans | 1:06:11 | 5:35 | 10,74 | V1 | 63 |
| 212 | Cambier Anne-Sophie | Running Safe | 1:06:13 | 5:35 | 10,73 | DA | 7 |
| 213 | Toubeau Maximilien | Les Eclates ... | 1:06:14 | 5:35 | 10,73 | EH | 11 |
| 214 | Quintin Pierre | As Velaines | 1:06:16 | 5:36 | 10,72 | V3 | 14 |
| 215 | Kensier Guillaume | Spho | 1:06:19 | 5:36 | 10,71 | V1 | 64 |
| 216 | Deronne Sébastien | Les Eclates ... | 1:06:24 | 5:36 | 10,70 | V1 | 65 |
| 217 | Choteau Bertrand | Sans | 1:06:24 | 5:36 | 10,70 | V1 | 66 |
| 218 | Servais Luc | Sans | 1:06:31 | 5:37 | 10,68 | SE | 61 |
| 219 | Van Hee Olivier | Www.runaissa... | 1:06:38 | 5:37 | 10,66 | V2 | 40 |
| 220 | D Hont Robert | Sans | 1:06:49 | 5:38 | 10,64 | V4 | 5 |
| 221 | Flamme Marie-Jeanne | Team Verhels... | 1:06:51 | 5:38 | 10,63 | DA | 8 |
| 222 | Goemaere Bart | Sukcestfou | 1:06:51 | 5:38 | 10,63 | V1 | 67 |
| 223 | Di Sipio Ciro | Running Friends | 1:06:57 | 5:39 | 10,61 | V2 | 41 |
| 224 | Vanus Eric | Run 4 Fun | 1:07:02 | 5:39 | 10,60 | V2 | 42 |
| 225 | Roty Michel | Kain B | 1:07:06 | 5:40 | 10,59 | V4 | 6 |
| 226 | Dupilet Jérémie | Sans | 1:07:22 | 5:41 | 10,55 | V1 | 68 |
| 227 | Lepot Xavier | Les Ceusses ... | 1:07:26 | 5:41 | 10,54 | V2 | 43 |
| 228 | Ansciaux Guillaume | Sans | 1:07:37 | 5:42 | 10,51 | SE | 62 |
| 229 | Maes Eric | Sans | 1:07:49 | 5:43 | 10,48 | V1 | 69 |
| 230 | Lourdel Jerome | Jc Herinnes | 1:08:05 | 5:45 | 10,44 | SE | 63 |
| 231 | Vanlancker Leo | Running Safe | 1:08:11 | 5:45 | 10,42 | SE | 64 |
| 232 | Chamart Isabelle | Running Safe | 1:08:12 | 5:45 | 10,42 | A2 | 3 |
| 233 | Roose Laurent | Bac | 1:08:22 | 5:46 | 10,39 | V3 | 15 |
| 234 | Falez Xavier | Jc Herinnes | 1:08:26 | 5:46 | 10,38 | V1 | 70 |
| 235 | Dezeque Dominique | Jcsa | 1:08:28 | 5:47 | 10,38 | V2 | 44 |
| 236 | Lemaitre Michel | Jc Herinnes | 1:08:29 | 5:47 | 10,38 | V2 | 45 |
| 237 | Delbecq Rémy | Potes O Maltes | 1:08:32 | 5:47 | 10,37 | SE | 65 |
| 238 | Waroux Cedric | Rc Estaimpuis | 1:08:32 | 5:47 | 10,37 | V1 | 71 |
| 239 | Carrez Myriam | Les Ceusses ... | 1:08:34 | 5:47 | 10,36 | A1 | 12 |
| 240 | Jaupart Véronique | Sans | 1:08:37 | 5:47 | 10,36 | A2 | 4 |
| 241 | Chadi Nicolas | Cap Team | 1:08:37 | 5:47 | 10,36 | V1 | 72 |
| 242 | Spileers Marie Helene | Team Verhels... | 1:08:40 | 5:48 | 10,35 | A1 | 13 |
| 243 | Slimani Peggy | Running Safe | 1:08:50 | 5:49 | 10,32 | A1 | 14 |
| 244 | Leroy Pascal | Jc Beclers | 1:08:51 | 5:49 | 10,32 | V3 | 16 |
| 245 | Devroede Norbert | Popuelles Dr... | 1:08:54 | 5:49 | 10,31 | V3 | 17 |
| 246 | Vandenbulcke Melanie | Sport Evasion | 1:09:08 | 5:50 | 10,28 | DA | 9 |
| 247 | Vandenbulcke Francis | Sport Evasion | 1:09:09 | 5:50 | 10,28 | V3 | 18 |
| 248 | De Rodder Éric | Bac | 1:09:09 | 5:50 | 10,28 | V3 | 19 |
| 249 | Wibaut Isabelle | Sans | 1:09:13 | 5:50 | 10,27 | DA | 10 |
| 250 | Broutin Caty | Coach Running | 1:09:28 | 5:52 | 10,23 | A2 | 5 |
| 251 | Cuvelier Françis | As Velaines | 1:09:38 | 5:53 | 10,20 | V3 | 20 |
| 252 | De Cubber Simon | Rcag | 1:09:38 | 5:53 | 10,20 | SE | 66 |
| 253 | Clinquart Jean-Christophe | Road Running... | 1:09:39 | 5:53 | 10,20 | V1 | 73 |
| 254 | Carton Stéphanie | As Velaines | 1:09:42 | 5:53 | 10,20 | A1 | 15 |
| 255 | Ladriere Vincent | Sans | 1:09:43 | 5:53 | 10,19 | V1 | 74 |
| 256 | Ghilgemyn Sandrine | Running Safe | 1:09:50 | 5:54 | 10,18 | A1 | 16 |
| 257 | Descamps Enola | Sans | 1:09:51 | 5:54 | 10,17 | DA | 11 |
| 258 | Demat Thomas | Sans | 1:09:53 | 5:54 | 10,17 | SE | 67 |
| 259 | Mahieu Eddy | Pipaix | 1:10:04 | 5:55 | 10,14 | V2 | 46 |
| 260 | Devahif Axel | Sans | 1:10:07 | 5:55 | 10,13 | SE | 68 |
| 261 | Malloudi Karim | Cocoach | 1:10:15 | 5:56 | 10,11 | V1 | 75 |
| 262 | Vanhole Christophe | Sans | 1:10:20 | 5:56 | 10,10 | V1 | 76 |
| 263 | Hennebicq Laurent | Pipaix | 1:10:24 | 5:56 | 10,09 | V2 | 47 |
| 264 | Kargar Samani Khalil | Cap Team | 1:10:40 | 5:58 | 10,05 | V3 | 21 |
| 265 | Van Ceunebroeck Estelle | Sans | 1:10:42 | 5:58 | 10,05 | DA | 12 |
| 266 | Bury Baptiste | Sans | 1:10:58 | 5:59 | 10,01 | SE | 69 |
| 267 | Scorniciel Marylène | As Velaines | 1:11:00 | 5:59 | 10,01 | A2 | 6 |
| 268 | Leleu Caroline | Apero Running | 1:11:14 | 6:01 | 9,98 | DA | 13 |
| 269 | Stoquart Christian | Sans | 1:11:16 | 6:01 | 9,97 | V2 | 48 |
| 270 | Bourgois Julie | Apero Running | 1:11:19 | 6:01 | 9,96 | A1 | 17 |
| 271 | Hennebert Marie | Jc Herinnes | 1:11:21 | 6:01 | 9,96 | A1 | 18 |
| 272 | Renaux Nancy | As Velaines | 1:11:31 | 6:02 | 9,94 | A1 | 19 |
| 273 | Moreau Claude | Apero Running | 1:11:31 | 6:02 | 9,94 | V2 | 49 |
| 274 | De Craeye Marine | Popuelles Dr... | 1:11:44 | 6:03 | 9,91 | DA | 14 |
| 275 | Delangre Amélie | Farmers Club | 1:11:46 | 6:03 | 9,90 | A1 | 20 |
| 276 | Desonniaux Fabrice | Sans | 1:11:47 | 6:03 | 9,90 | V2 | 50 |
| 277 | Diez Esteban | Farmers Club | 1:11:47 | 6:03 | 9,90 | V2 | 51 |
| 278 | Piron Gilles | Team Verhels... | 1:11:52 | 6:04 | 9,89 | SE | 70 |

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|---|---|---|---|---|---|---|---|
| 279 | Lebain Alain | As Velaines | 1:11:54 | 6:04 | 9,88 | V3 | 22 |
| 280 | Ergo Philippe | Jc Herinnes | 1:11:59 | 6:04 | 9,87 | V2 | 52 |
| 281 | Vandenheede Lore | Loopclub Gri... | 1:11:59 | 6:04 | 9,87 | DA | 15 |
| 282 | De Witte Christian | Sans | 1:12:03 | 6:05 | 9,86 | V3 | 23 |
| 283 | Debel Rick | Sans | 1:12:06 | 6:05 | 9,86 | V2 | 53 |
| 284 | Duc Eric | Jcsa | 1:12:06 | 6:05 | 9,86 | V2 | 54 |
| 285 | De Craene Jean-Philippe | Sans | 1:12:10 | 6:05 | 9,85 | V1 | 77 |
| 286 | Noel Jonathan | Athois D'courir | 1:12:43 | 6:08 | 9,77 | SE | 71 |
| 287 | Schleich Nicolas | Kain B | 1:12:54 | 6:09 | 9,75 | SE | 72 |
| 288 | Diricq Pascal | Aclss | 1:12:55 | 6:09 | 9,74 | V1 | 78 |
| 289 | Ghyselings Emmanuel | Tourpes | 1:13:01 | 6:10 | 9,73 | SE | 73 |
| 290 | Pottiez Jean-Marc | Les Ceusses ... | 1:13:17 | 6:11 | 9,70 | V3 | 24 |
| 291 | Delobelle Chantal | Spho | 1:13:27 | 6:12 | 9,67 | A2 | 7 |
| 292 | Marquez Andres | Sans | 1:13:37 | 6:13 | 9,65 | V2 | 55 |
| 293 | Thaon Sabine | Canicross Ce... | 1:13:45 | 6:13 | 9,64 | A1 | 21 |
| 294 | Musumeci Bruno | Jcsa | 1:13:49 | 6:14 | 9,63 | V3 | 25 |
| 295 | Vanuxem Rita | Sans | 1:13:57 | 6:14 | 9,61 | A2 | 8 |
| 296 | Degallaix Réginald | Sans | 1:13:58 | 6:15 | 9,61 | V1 | 79 |
| 297 | Scohiez Melanie | Pipaix | 1:14:10 | 6:16 | 9,58 | DA | 16 |
| 298 | Thémont Laurie | Sans | 1:14:14 | 6:16 | 9,57 | DA | 17 |
| 299 | Raviart Flavie | Pipaix | 1:14:24 | 6:17 | 9,55 | DA | 18 |
| 300 | Locatelli Tony | Sans | 1:14:33 | 6:17 | 9,53 | V1 | 80 |
| 301 | Monté Jean | As Velaines | 1:14:45 | 6:18 | 9,51 | V3 | 26 |
| 302 | Jonville Armand | Sans | 1:15:04 | 6:20 | 9,47 | V2 | 56 |
| 303 | Haboussi Karim | Sans | 1:15:17 | 6:21 | 9,44 | V2 | 57 |
| 304 | Dereux Francis | Sans | 1:15:32 | 6:22 | 9,41 | V4 | 7 |
| 305 | Delaunoy Jean | Athois D'courir | 1:15:47 | 6:24 | 9,38 | V3 | 27 |
| 306 | Saint-Omer Pauline | Cocoach | 1:16:00 | 6:25 | 9,35 | A1 | 22 |
| 307 | Boucau Céline | Jcpmf Pecq | 1:16:08 | 6:25 | 9,33 | A1 | 23 |
| 308 | Collie Anne | Les Ceusses ... | 1:16:10 | 6:26 | 9,33 | A1 | 24 |
| 309 | Wattecamps Frédéricq | Jc Herinnes | 1:16:20 | 6:26 | 9,31 | V2 | 58 |
| 310 | Dewattines Lara | Sans | 1:16:24 | 6:27 | 9,30 | DA | 19 |
| 311 | Liviau Emmanuel | Sans | 1:16:25 | 6:27 | 9,30 | V2 | 59 |
| 312 | Cocu Jean-Luc | Prfm | 1:16:31 | 6:27 | 9,29 | V4 | 8 |
| 313 | Lefebvre Manon | Templeuve | 1:16:33 | 6:28 | 9,28 | DA | 20 |
| 314 | Wargnies Marine | Templeuve | 1:16:37 | 6:28 | 9,27 | DA | 21 |
| 315 | Pierquin Sabine | Jc Herinnes | 1:16:59 | 6:30 | 9,23 | A3 | 3 |
| 316 | D Hondt Sandrine | Les Ceusses ... | 1:17:10 | 6:31 | 9,21 | A1 | 25 |
| 317 | Thaon José | Spho | 1:17:33 | 6:33 | 9,16 | V4 | 9 |
| 318 | Dermaut Tom | Rcag | 1:17:58 | 6:35 | 9,11 | EH | 12 |
| 319 | Leconte Brigitte | Spho | 1:18:17 | 6:36 | 9,08 | A3 | 4 |
| 320 | Caby Bernard | Jcsa | 1:19:06 | 6:41 | 8,98 | V3 | 28 |
| 321 | Carpentier Jean-Michel | Jc Herinnes | 1:19:07 | 6:41 | 8,98 | V2 | 60 |
| 322 | Fervaille Fabienne | Jcpmf Pecq | 1:19:08 | 6:41 | 8,98 | A2 | 9 |
| 323 | De Nève Chantal | Aclss | 1:19:23 | 6:42 | 8,95 | A2 | 10 |
| 324 | Leersnyder Joel | As Velaines | 1:19:32 | 6:43 | 8,93 | V4 | 10 |
| 325 | Dellettre Anne | Spho | 1:20:03 | 6:45 | 8,88 | A2 | 11 |
| 326 | Geurts Olivier | Jc Herinnes | 1:20:13 | 6:46 | 8,86 | V1 | 81 |
| 327 | Venquier Christine | Sans | 1:20:17 | 6:46 | 8,85 | DA | 22 |
| 328 | Duriez Pierre | Sans | 1:20:37 | 6:48 | 8,81 | V1 | 82 |
| 329 | Vangheluwe Patrick | As Velaines | 1:20:54 | 6:50 | 8,78 | V3 | 29 |
| 330 | Lefébure Grégory | Sans | 1:21:17 | 6:52 | 8,74 | SE | 74 |
| 331 | Van Neste Rudy | Jcpmf Pecq | 1:21:20 | 6:52 | 8,74 | V1 | 83 |
| 332 | Salmon Eddy | Pecp | 1:21:51 | 6:54 | 8,68 | V1 | 84 |
| 333 | Moulin Jean-Pierre | Les Gens D Ere | 1:22:36 | 6:58 | 8,60 | V3 | 30 |
| 334 | Brouillard Dominique | Sans | 1:22:36 | 6:58 | 8,60 | V3 | 31 |
| 335 | Berthe Alain | Sans | 1:22:37 | 6:58 | 8,60 | V1 | 85 |
| 336 | Brouillard Celine | Vertigo | 1:22:37 | 6:58 | 8,60 | DA | 23 |
| 337 | Vanden Borre Alexandre | Jc Herinnes | 1:22:56 | 7:00 | 8,57 | V1 | 86 |
| 338 | Longepee Philippe | Sans | 1:23:43 | 7:04 | 8,49 | V3 | 32 |
| 339 | De Meester Germain | Tourpes | 1:23:55 | 7:05 | 8,47 | V4 | 11 |
| 340 | Lebrun Marc | Sans | 1:24:03 | 7:06 | 8,45 | V2 | 61 |
| 341 | Cnudde Sophie | Sans | 1:26:31 | 7:18 | 8,21 | A1 | 26 |
| 342 | Lefebvre Emile | Team Verhels... | 1:27:43 | 7:24 | 8,10 | V3 | 33 |
| 343 | Lagiad Christophe | Sans | 1:28:30 | 7:28 | 8,03 | V2 | 62 |
| 344 | François José | As Velaines | 1:28:41 | 7:29 | 8,01 | V3 | 34 |
| 345 | Lemaire Estelle | Ecla Landas | 1:29:10 | 7:31 | 7,97 | A2 | 12 |
| 346 | Di Vita Rocco | Jcsa | 1:30:26 | 7:38 | 7,86 | V4 | 12 |
| 347 | Allard Stephane | Www.runaissa... | 1:30:27 | 7:38 | 7,85 | V3 | 35 |
| 348 | Duwelz Michael | Run Bike Dus... | 1:30:52 | 7:40 | 7,82 | V1 | 87 |

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|---|---|---|---|---|---|---|---|
| 349 | Debourse Philippe | Spho | 1:30:53 | 7:40 | 7,82 | V3 | 36 |