# 05-07-2019 – Le jogging du FLOC et du souvenir – 10,9 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Adam Thaddée | Rc Estaimpuis | 0:35:57 | 3:18 | 18,18 | SE | 1 |
| 2 | Murez Anthony | Formyfit Trakks | 0:39:21 | 3:37 | 16,61 | SE | 2 |
| 3 | Vandenberghe Louis | Popuelles Dr... | 0:39:46 | 3:39 | 16,44 | SE | 3 |
| 4 | Delbecq Nathan | Popuelles Dr... | 0:39:57 | 3:40 | 16,36 | SE | 4 |
| 5 | Choteau Hugues | Rusta | 0:40:14 | 3:41 | 16,25 | V1 | 1 |
| 6 | Dillies Pierre-Eloi | Popuelles Dr... | 0:40:21 | 3:42 | 16,20 | SE | 5 |
| 7 | Rolet Sylvain | Formyfit | 0:40:42 | 3:44 | 16,06 | V1 | 2 |
| 8 | Gets Valentin | Running Safe | 0:41:21 | 3:48 | 15,81 | SE | 6 |
| 9 | Blanpain Paul | Sans | 0:41:53 | 3:51 | 15,61 | SE | 7 |
| 10 | Simoens Thierry | Adelardus | 0:42:04 | 3:52 | 15,54 | V1 | 3 |
| 11 | Catry Andy | Crazy Wheels... | 0:42:16 | 3:53 | 15,46 | V2 | 1 |
| 12 | Delva Christian | Accros 5 Clo... | 0:42:17 | 3:53 | 15,46 | V1 | 4 |
| 13 | Herman Jimmy | Jerusalem Fo... | 0:42:39 | 3:55 | 15,33 | SE | 8 |
| 14 | Willocq Christophe | Running Safe | 0:42:44 | 3:55 | 15,30 | V1 | 5 |
| 15 | Fontaine Robert | Running Friends | 0:42:51 | 3:56 | 15,25 | V1 | 6 |
| 16 | Trajius Gabriel | Bcm Vtt | 0:43:01 | 3:57 | 15,20 | V2 | 2 |
| 17 | Falesse Adelin | Saint Charles | 0:43:03 | 3:57 | 15,19 | SE | 9 |
| 18 | Gobbe Nicolas | Popuelles Dr... | 0:43:03 | 3:57 | 15,18 | SE | 10 |
| 19 | Vandenbroucke Leo | Rc Estaimpuis | 0:43:06 | 3:57 | 15,16 | SE | 11 |
| 20 | Stocman Yannick | Cap Team | 0:43:19 | 3:58 | 15,09 | V1 | 7 |
| 21 | Goebeert Pierre | Sans | 0:43:21 | 3:59 | 15,08 | SE | 12 |
| 22 | Minet Jimmy | Et Enghien | 0:43:25 | 3:59 | 15,05 | SE | 13 |
| 23 | Golabek Vincent | Sans | 0:43:30 | 3:59 | 15,02 | SE | 14 |
| 24 | Descamps Nicolas | Running Safe | 0:43:36 | 4:00 | 14,99 | SE | 15 |
| 25 | Letellier Anthony | Formyfit | 0:43:45 | 4:01 | 14,94 | SE | 16 |
| 26 | De Munck Tanguy | Tortues Mesl... | 0:44:08 | 4:03 | 14,81 | V1 | 8 |
| 27 | Le Fevre Jérémy | Sans | 0:44:19 | 4:04 | 14,75 | SE | 17 |
| 28 | Verzele Maxime | Kain B | 0:44:22 | 4:04 | 14,73 | SE | 18 |
| 29 | Pieraert Kevin | Sans | 0:44:26 | 4:05 | 14,71 | SE | 19 |
| 30 | Moulin Fabien | Les Gens D Ere | 0:44:27 | 4:05 | 14,70 | SE | 20 |
| 31 | Vinchent Olivier | Velaines | 0:44:28 | 4:05 | 14,70 | V1 | 9 |
| 32 | Clinquart Gilles | Coach Running | 0:44:30 | 4:05 | 14,69 | SE | 21 |
| 33 | Hajdu Valentin | Running Safe | 0:44:32 | 4:05 | 14,68 | SE | 22 |
| 34 | Lemoine Samuel | Cap Team | 0:44:34 | 4:05 | 14,67 | V1 | 10 |
| 35 | Fourdin Vincent | Kervassin | 0:44:35 | 4:05 | 14,66 | SE | 23 |
| 36 | Decocq Jacques-Antoine | Etm | 0:44:40 | 4:06 | 14,63 | SE | 24 |
| 37 | Dujardin Virginie | Les Noix De ... | 0:44:42 | 4:06 | 14,63 | A1 | 1 |
| 38 | Hache Fabien | Sans | 0:44:45 | 4:06 | 14,61 | SE | 25 |
| 39 | Verrellen Stéphane | Et Enghien | 0:44:48 | 4:07 | 14,59 | V2 | 3 |
| 40 | Saussez Jérôme | Sans | 0:44:52 | 4:07 | 14,57 | SE | 26 |
| 41 | Vandeputte Christophe | Jc Herinnes | 0:44:56 | 4:07 | 14,55 | V1 | 11 |
| 42 | Tortora Benoît | Kervassin | 0:45:13 | 4:09 | 14,45 | SE | 27 |
| 43 | Verschelde Sébastien | Sans | 0:45:21 | 4:10 | 14,41 | V1 | 12 |
| 44 | Tancre Dimitri | Sans | 0:45:29 | 4:10 | 14,37 | SE | 28 |
| 45 | Van Hulle François | Tdp | 0:45:29 | 4:10 | 14,37 | SE | 29 |
| 46 | Steurbaut Maxime | Sans | 0:45:31 | 4:11 | 14,36 | V1 | 13 |
| 47 | Aresu Fabian | Sans | 0:45:32 | 4:11 | 14,35 | SE | 30 |
| 48 | Colle Dieter | Vacbl | 0:45:47 | 4:12 | 14,28 | V1 | 14 |
| 49 | Lodens Bram | Jc Zwalm | 0:45:49 | 4:12 | 14,26 | SE | 31 |
| 50 | Gaillet Christophe | Templeuve | 0:45:58 | 4:13 | 14,22 | V1 | 15 |
| 51 | Verhelst Jean-Michel | Running Safe | 0:46:07 | 4:14 | 14,18 | SE | 32 |
| 52 | Patrick Sebastien | Sans | 0:46:08 | 4:14 | 14,17 | SE | 33 |
| 53 | Boucart Jeremie | Sans | 0:46:12 | 4:14 | 14,15 | SE | 34 |
| 54 | Santy Emilien | Coach Running | 0:46:15 | 4:15 | 14,13 | SE | 35 |
| 55 | Derycke Anthony | Cap Team | 0:46:17 | 4:15 | 14,12 | SE | 36 |
| 56 | Berte Stephane | Les Gens D Ere | 0:46:18 | 4:15 | 14,12 | V1 | 16 |
| 57 | Denuncq Nicolas | Velaines | 0:46:22 | 4:15 | 14,10 | V1 | 17 |
| 58 | Agostino Antonio | Eclates | 0:46:24 | 4:15 | 14,09 | V1 | 18 |
| 59 | Desmette Hugues | Sans | 0:46:28 | 4:16 | 14,07 | V2 | 4 |
| 60 | Dieryck Pascal | Sans | 0:46:30 | 4:16 | 14,06 | V2 | 5 |
| 61 | De Saint Martin Alain | Farmers Club | 0:46:42 | 4:17 | 13,99 | SE | 37 |
| 62 | Descarpentries Fabrice | Running Safe | 0:46:43 | 4:17 | 13,99 | V2 | 6 |
| 63 | Soldai Patrick | Sans | 0:46:47 | 4:18 | 13,97 | V3 | 1 |
| 64 | Clerx Sébastien | Pipaix | 0:46:51 | 4:18 | 13,95 | SE | 38 |
| 65 | Durant Luc | Rscm | 0:46:51 | 4:18 | 13,95 | V2 | 7 |
| 66 | Camberlin Laurent | Popuelles Dr... | 0:47:05 | 4:19 | 13,88 | V1 | 19 |
| 67 | Dujardin Catherine | Les Noix De ... | 0:47:06 | 4:19 | 13,88 | DA | 1 |
| 68 | Lorthioir Benjamin | Sans | 0:47:09 | 4:20 | 13,86 | SE | 39 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 69 | Manche David | Templeuve | 0:47:15 | 4:20 | 13,83 | V1 | 20 |
| 70 | Petit Simon | Jcpmf Ere | 0:47:16 | 4:20 | 13,83 | V1 | 21 |
| 71 | Storme Rémy | Sans | 0:47:19 | 4:20 | 13,82 | SE | 40 |
| 72 | Mariage Michel | Bac | 0:47:20 | 4:21 | 13,81 | V3 | 2 |
| 73 | Nicolas Marc-Alfred | Coach Running | 0:47:20 | 4:21 | 13,81 | V1 | 22 |
| 74 | Delhaye Laurent | Kervassin | 0:47:22 | 4:21 | 13,80 | SE | 41 |
| 75 | Maselis Pascal | Sans | 0:47:23 | 4:21 | 13,80 | V1 | 23 |
| 76 | Moulin Cédric | Les Gens D Ere | 0:47:30 | 4:21 | 13,76 | SE | 42 |
| 77 | Leman Maxime | Sans | 0:47:36 | 4:22 | 13,73 | SE | 43 |
| 78 | Allard François | Coach Running | 0:47:37 | 4:22 | 13,73 | SE | 44 |
| 79 | Villani Antonio | Sans | 0:47:37 | 4:22 | 13,72 | V1 | 24 |
| 80 | Colin Laurent | Sans | 0:47:38 | 4:22 | 13,72 | V1 | 25 |
| 81 | Derreumaux David | Running Safe | 0:47:38 | 4:22 | 13,72 | V1 | 26 |
| 82 | Lizon Maxime | Addm Ogy | 0:47:42 | 4:23 | 13,70 | SE | 45 |
| 83 | Leturcq Fabien | Spho | 0:47:42 | 4:23 | 13,70 | SE | 46 |
| 84 | Cherki Nadjib | Sans | 0:47:44 | 4:23 | 13,69 | SE | 47 |
| 85 | Declercq Thomas | Sans | 0:47:48 | 4:23 | 13,67 | EH | 1 |
| 86 | Henry Frédéric | Running Safe | 0:47:54 | 4:24 | 13,64 | SE | 48 |
| 87 | Cardon Fabrice | Sans | 0:47:57 | 4:24 | 13,63 | V2 | 8 |
| 88 | Manchel Serge | Velaines | 0:47:59 | 4:24 | 13,62 | V2 | 9 |
| 89 | Mailly Albert | Sans | 0:47:59 | 4:24 | 13,62 | SE | 49 |
| 90 | Fichere Sylvain | Rc Estaimpuis | 0:48:00 | 4:24 | 13,62 | V2 | 10 |
| 91 | Taskin Kenan | Running Safe | 0:48:02 | 4:24 | 13,61 | SE | 50 |
| 92 | Guizard Olivier | Sans | 0:48:04 | 4:25 | 13,60 | V2 | 11 |
| 93 | Derycke Vincent | Mmm | 0:48:06 | 4:25 | 13,59 | V2 | 12 |
| 94 | De Craene Thomas | Sans | 0:48:11 | 4:25 | 13,57 | EH | 2 |
| 95 | Zenner Jeffrey | Templeuve | 0:48:12 | 4:25 | 13,56 | EH | 3 |
| 96 | Deboever Guillaume | Sans | 0:48:24 | 4:26 | 13,51 | SE | 51 |
| 97 | Loiselet Laurent | Sans | 0:48:29 | 4:27 | 13,48 | SE | 52 |
| 98 | Bral Jan | Sans | 0:48:30 | 4:27 | 13,48 | V1 | 27 |
| 99 | Van durmen Philippe | Running Safe | 0:48:31 | 4:27 | 13,47 | V1 | 28 |
| 100 | Mertens Pascal | Cocoach | 0:48:31 | 4:27 | 13,47 | V2 | 13 |
| 101 | Poulaert Didier | Cap Team | 0:48:32 | 4:27 | 13,47 | V1 | 29 |
| 102 | Vandenbroucke Gino | Jcl | 0:48:32 | 4:27 | 13,47 | V2 | 14 |
| 103 | Olivier Pierre | Sans | 0:48:35 | 4:27 | 13,45 | V2 | 15 |
| 104 | Van Den Brulle Veerle | Sans | 0:48:39 | 4:28 | 13,43 | A1 | 2 |
| 105 | Verdebout Maxence | Sans | 0:48:41 | 4:28 | 13,42 | EH | 4 |
| 106 | Froissart Fabrice | Spho | 0:48:48 | 4:29 | 13,40 | V1 | 30 |
| 107 | Carpentier Sylvie | Running Safe | 0:48:51 | 4:29 | 13,38 | DA | 2 |
| 108 | Dillies Bernard | Farmers Club | 0:48:55 | 4:29 | 13,36 | V2 | 16 |
| 109 | Cornu Gaëtan | Kain B | 0:48:58 | 4:30 | 13,35 | V2 | 17 |
| 110 | Ledent Jérémy | Bac | 0:49:00 | 4:30 | 13,34 | SE | 53 |
| 111 | Huyghe Emmanuel | Les Ceusses ... | 0:49:04 | 4:30 | 13,32 | V1 | 31 |
| 112 | Geets Cédric | Sans | 0:49:08 | 4:30 | 13,30 | SE | 54 |
| 113 | Malvoisin Florian | Sans | 0:49:22 | 4:32 | 13,24 | SE | 55 |
| 114 | Flamme Kévin | Pepse | 0:49:25 | 4:32 | 13,23 | SE | 56 |
| 115 | Barrez Francis | Jc Des Collines | 0:49:30 | 4:32 | 13,20 | V3 | 3 |
| 116 | Cuvelier Rémy | Accros 5 Clo... | 0:49:33 | 4:33 | 13,19 | SE | 57 |
| 117 | Van Ceunebroeck Michel | Les Ceusses ... | 0:49:36 | 4:33 | 13,18 | V2 | 18 |
| 118 | Waneukem Philippe | Les Ceusses ... | 0:49:37 | 4:33 | 13,17 | V1 | 32 |
| 119 | Brassart Nicolas | Sans | 0:49:38 | 4:33 | 13,17 | SE | 58 |
| 120 | Winand Alexandre | Sans | 0:49:42 | 4:34 | 13,15 | EH | 5 |
| 121 | Mahieu Frédéric | Coach Running | 0:49:51 | 4:34 | 13,11 | V1 | 33 |
| 122 | Martin François | Sans | 0:49:58 | 4:35 | 13,08 | V1 | 34 |
| 123 | Laebens François | Rc Estaimpuis | 0:50:04 | 4:36 | 13,06 | SE | 59 |
| 124 | Deconinck Aurelien | Sans | 0:50:05 | 4:36 | 13,05 | SE | 60 |
| 125 | Duquenne Michel | Jcsa | 0:50:07 | 4:36 | 13,04 | V3 | 4 |
| 126 | Westerlinck Stefaan | Vastgoedbox | 0:50:11 | 4:36 | 13,03 | V1 | 35 |
| 127 | Bollue Bryan | Fockedey Spo... | 0:50:11 | 4:36 | 13,03 | SE | 61 |
| 128 | Vanoverskelds Dominique | Sans | 0:50:11 | 4:36 | 13,03 | V2 | 19 |
| 129 | Dewulf Grégory | Coach Running | 0:50:17 | 4:37 | 13,00 | V2 | 20 |
| 130 | Santy Rudy | Coach Running | 0:50:18 | 4:37 | 13,00 | V2 | 21 |
| 131 | Bosquillon Julien | Sans | 0:50:20 | 4:37 | 12,99 | SE | 62 |
| 132 | Deronne Mathieu | Sport Evasion | 0:50:20 | 4:37 | 12,98 | V1 | 36 |
| 133 | Cambier David | Sans | 0:50:21 | 4:37 | 12,98 | V1 | 37 |
| 134 | Delcourt Florence | Les Eclates ... | 0:50:32 | 4:38 | 12,94 | A2 | 1 |
| 135 | Vermeersch Koen | Vac Beveren-... | 0:50:33 | 4:38 | 12,93 | V1 | 38 |
| 136 | Verstraete Vincent | Sans | 0:50:34 | 4:38 | 12,93 | V1 | 39 |
| 137 | Samain Anthony | Coach Running | 0:50:39 | 4:39 | 12,90 | V2 | 22 |
| 138 | Claeys Grégory | Sans | 0:51:00 | 4:41 | 12,82 | V1 | 40 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 139 | Bauts Yves | Rc Estaimpuis | 0:51:01 | 4:41 | 12,81 | V3 | 5 |
| 140 | Leclercq Eddy | Kain B | 0:51:14 | 4:42 | 12,76 | V3 | 6 |
| 141 | Demaret Christophe | Tortues Mesl... | 0:51:14 | 4:42 | 12,76 | V1 | 41 |
| 142 | Vandenberghe Gauthier | Sans | 0:51:15 | 4:42 | 12,76 | SE | 63 |
| 143 | Hochepied Jonathan | Sans | 0:51:16 | 4:42 | 12,75 | SE | 64 |
| 144 | Allard Quentin | Sans | 0:51:18 | 4:42 | 12,74 | SE | 65 |
| 145 | Van Driessche Damien | Velaines | 0:51:18 | 4:42 | 12,74 | V1 | 42 |
| 146 | Vanoverschelde Francois | Rc Estaimpuis | 0:51:29 | 4:43 | 12,70 | V1 | 43 |
| 147 | Brocart Charles | Jc Sainghin ... | 0:51:30 | 4:43 | 12,69 | V1 | 44 |
| 148 | Flasse Damien | Tri Ath | 0:51:30 | 4:43 | 12,69 | V1 | 45 |
| 149 | Polo Romero Rodrigue | Sans | 0:51:30 | 4:43 | 12,69 | SE | 66 |
| 150 | Hourez Dylan | Jc Blandain | 0:51:31 | 4:44 | 12,69 | SE | 67 |
| 151 | Bailey Edward | Cap Team | 0:51:33 | 4:44 | 12,68 | V1 | 46 |
| 152 | Roccaro Giuseppe | Running Safe | 0:51:35 | 4:44 | 12,67 | V2 | 23 |
| 153 | De Langhe Gilles | Les Gens D Ere | 0:51:39 | 4:44 | 12,65 | SE | 68 |
| 154 | Vanuxem Sylvain | Sans | 0:51:39 | 4:44 | 12,65 | V2 | 24 |
| 155 | Feys Bert | De Dartele D... | 0:51:40 | 4:44 | 12,65 | SE | 69 |
| 156 | Lorthioir Paul | Sans | 0:51:47 | 4:45 | 12,62 | SE | 70 |
| 157 | De Meester Bradeley | Sans | 0:51:48 | 4:45 | 12,62 | SE | 71 |
| 158 | Parmentier Jean-Claude | Jcl | 0:51:48 | 4:45 | 12,62 | V3 | 7 |
| 159 | Kargar Samani Khalil | Cap Team | 0:51:50 | 4:45 | 12,61 | V2 | 25 |
| 160 | Mestdagh Vincent | Jc Herinnes | 0:51:52 | 4:46 | 12,60 | V2 | 26 |
| 161 | Maes Joel | Spho | 0:51:53 | 4:46 | 12,60 | V2 | 27 |
| 162 | Wanin Johan | Sans | 0:51:54 | 4:46 | 12,59 | SE | 72 |
| 163 | Dusausoit Eddy | Spho | 0:51:55 | 4:46 | 12,59 | V1 | 47 |
| 164 | Delcourt Juan | Eclates Peru... | 0:51:55 | 4:46 | 12,59 | SE | 73 |
| 165 | Pirotte Jarno | Jcsa | 0:51:58 | 4:46 | 12,58 | EH | 6 |
| 166 | Beeuwsaert Dirk | Kks | 0:51:58 | 4:46 | 12,58 | V4 | 1 |
| 167 | Christiaens Kevin | Rc Estaimpuis | 0:51:59 | 4:46 | 12,58 | SE | 74 |
| 168 | Dumortier Johan | Cap Team | 0:51:59 | 4:46 | 12,57 | V1 | 48 |
| 169 | Simonart Christophe | Sans | 0:52:06 | 4:47 | 12,54 | SE | 75 |
| 170 | Pierre Ophélie | Sans | 0:52:15 | 4:48 | 12,51 | DA | 3 |
| 171 | Lemaitre Michel | Jc Herinnes | 0:52:15 | 4:48 | 12,51 | V2 | 28 |
| 172 | Nieuwland Jean-François | Les Chapelie... | 0:52:21 | 4:48 | 12,48 | V1 | 49 |
| 173 | Maselis Rudi | Coach Running | 0:52:24 | 4:48 | 12,48 | V1 | 50 |
| 174 | Balcaen Philippe | Sans | 0:52:28 | 4:49 | 12,46 | V2 | 29 |
| 175 | Rogge Johan | Sans | 0:52:29 | 4:49 | 12,45 | V4 | 2 |
| 176 | Daulhot Julien | Sans | 0:52:31 | 4:49 | 12,45 | SE | 76 |
| 177 | Brabant Nicolas | Bac | 0:52:34 | 4:49 | 12,43 | V1 | 51 |
| 178 | Van Den Bosch Gauthier | Sans | 0:52:38 | 4:50 | 12,42 | SE | 77 |
| 179 | Baekelandt Dany | Velaines | 0:52:48 | 4:51 | 12,38 | V2 | 30 |
| 180 | Giannone Aldo | Templeuve | 0:52:55 | 4:51 | 12,35 | V1 | 52 |
| 181 | Chapuis Fabien | Friends | 0:52:58 | 4:52 | 12,34 | V1 | 53 |
| 182 | Beaury Christophe | Bac | 0:53:02 | 4:52 | 12,33 | V1 | 54 |
| 183 | Temperman Gaëtan | Amis Du Mardi | 0:53:04 | 4:52 | 12,32 | V1 | 55 |
| 184 | Lepoutre Vincent | Sport Evasion | 0:53:17 | 4:53 | 12,27 | V1 | 56 |
| 185 | Magnier Sophie | Les Ceusses ... | 0:53:18 | 4:53 | 12,26 | A1 | 3 |
| 186 | Foucart Simon | Jupiteam | 0:53:20 | 4:54 | 12,26 | V1 | 57 |
| 187 | Marginet Olivier | Jc Herinnes | 0:53:24 | 4:54 | 12,24 | V1 | 58 |
| 188 | Legrand Frederic | Potes O Maltes | 0:53:24 | 4:54 | 12,24 | V1 | 59 |
| 189 | Van Den Brulle Roland | Jc Erwetegem | 0:53:26 | 4:54 | 12,23 | V4 | 3 |
| 190 | Pauwels Corentin | Sans | 0:53:26 | 4:54 | 12,23 | SE | 78 |
| 191 | Debraine Laurent | Sans | 0:53:28 | 4:54 | 12,23 | SE | 79 |
| 192 | Le Fevre Alexandre | Sans | 0:53:29 | 4:54 | 12,22 | SE | 80 |
| 193 | Laute Frédéric |  | 0:53:29 | 4:54 | 12,22 | V1 | 60 |
| 194 | Ghiselin Boris | Sans | 0:53:30 | 4:54 | 12,22 | SE | 81 |
| 195 | Van Malleghem Ariane | Kain B | 0:53:32 | 4:55 | 12,21 | A2 | 2 |
| 196 | Toussaint Matthieu | Potes O Maltes | 0:53:35 | 4:55 | 12,20 | SE | 82 |
| 197 | Labitte Philippe | Mmm | 0:53:41 | 4:56 | 12,18 | V2 | 31 |
| 198 | Kuberski Charles | Sans | 0:53:41 | 4:56 | 12,18 | SE | 83 |
| 199 | Petillon Philippe | Sans | 0:53:42 | 4:56 | 12,17 | SE | 84 |
| 200 | Naessens Nathalie | Rc Estaimpuis | 0:53:44 | 4:56 | 12,17 | A2 | 3 |
| 201 | Devroede Norbert | Popuelles Dr... | 0:53:44 | 4:56 | 12,16 | V3 | 8 |
| 202 | Duhem Gérard | Bac | 0:53:50 | 4:56 | 12,14 | V2 | 32 |
| 203 | Lefevre Linda | Vieux CondÉ | 0:53:52 | 4:57 | 12,14 | A1 | 4 |
| 204 | Diez Esteban | Farmers Club | 0:53:55 | 4:57 | 12,12 | V1 | 61 |
| 205 | Van Renterghem Gwenaël | Potes O Maltes | 0:53:56 | 4:57 | 12,12 | SE | 85 |
| 206 | Deman Maxime | Templeuve | 0:54:05 | 4:58 | 12,09 | SE | 86 |
| 207 | Deboever Francis | Sans | 0:54:05 | 4:58 | 12,08 | V2 | 33 |
| 208 | Gaillet Antoine | Templeuve | 0:54:06 | 4:58 | 12,08 | EH | 7 |

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|---|---|---|---|---|---|---|---|
| 209 | Rosier David | Sans | 0:54:06 | 4:58 | 12,08 | V1 | 62 |
| 210 | Degels David | Bad Boys | 0:54:08 | 4:58 | 12,07 | V1 | 63 |
| 211 | Lecocq Pierre | Cap Team | 0:54:14 | 4:59 | 12,05 | V2 | 34 |
| 212 | De Moor Thierry | Jcl | 0:54:14 | 4:59 | 12,05 | V2 | 35 |
| 213 | Lefevre Stéphane | Sans | 0:54:15 | 4:59 | 12,05 | V2 | 36 |
| 214 | Sutera Giovanni | Bac | 0:54:18 | 4:59 | 12,04 | SE | 87 |
| 215 | Thaon Frédéric | Sans | 0:54:20 | 4:59 | 12,03 | V1 | 64 |
| 216 | Timmerman Sébastien | Jcl | 0:54:21 | 4:59 | 12,03 | SE | 88 |
| 217 | Robichon Yvan | Cocoach | 0:54:26 | 5:00 | 12,01 | SE | 89 |
| 218 | Dujardin Auxanne | Les Noix De ... | 0:54:26 | 5:00 | 12,01 | ED | 1 |
| 219 | Waroux Cedric | Rc Estaimpuis | 0:54:30 | 5:00 | 11,99 | V1 | 65 |
| 220 | Lecat Daniel | Accros 5 Clo... | 0:54:32 | 5:00 | 11,99 | V2 | 37 |
| 221 | Lepot Xavier | Les Ceusses ... | 0:54:35 | 5:00 | 11,97 | V2 | 38 |
| 222 | Hernould Franz | Cap Team | 0:54:42 | 5:01 | 11,95 | V3 | 9 |
| 223 | Platteau Jules | Cs Pays Verts | 0:54:43 | 5:01 | 11,94 | EH | 8 |
| 224 | Drouillon Clément |  | 0:54:44 | 5:01 | 11,94 | SE | 90 |
| 225 | Bataille Claude | Rc Estaimpuis | 0:54:44 | 5:01 | 11,94 | V4 | 4 |
| 226 | De Backer Erwin | Sans | 0:54:44 | 5:01 | 11,94 | V3 | 10 |
| 227 | Blondeel France | Sans | 0:54:44 | 5:01 | 11,94 | DA | 4 |
| 228 | Debosscker François | Jcpmf Pecq | 0:54:51 | 5:02 | 11,92 | V1 | 66 |
| 229 | Audin Julie | Jc Herinnes | 0:54:55 | 5:02 | 11,90 | DA | 5 |
| 230 | Platteau Emmanuel | Et Chievres | 0:54:55 | 5:02 | 11,90 | V1 | 67 |
| 231 | Bronier Ludovic | Sans | 0:54:56 | 5:02 | 11,90 | SE | 91 |
| 232 | Dewattine Marc | Sans | 0:54:57 | 5:02 | 11,90 | V2 | 39 |
| 233 | Nef Ludovic | Jupiteam | 0:55:01 | 5:03 | 11,88 | V1 | 68 |
| 234 | Devaux Philippe | Sans | 0:55:06 | 5:03 | 11,86 | V1 | 69 |
| 235 | Lambiotte Valentin | Sans | 0:55:09 | 5:04 | 11,85 | SE | 92 |
| 236 | Bourgi Patrick | B Betes De C... | 0:55:17 | 5:04 | 11,82 | V2 | 40 |
| 237 | Bohems André | Accros 5 Clo... | 0:55:21 | 5:05 | 11,81 | V2 | 41 |
| 238 | Juchtmans Pierre | Et Chievres | 0:55:25 | 5:05 | 11,80 | V2 | 42 |
| 239 | Roos Joël | Run 4 Fun | 0:55:27 | 5:05 | 11,79 | V2 | 43 |
| 240 | Dubar Jean-Yves | Jc Blandain | 0:55:28 | 5:05 | 11,79 | SE | 93 |
| 241 | Flamme Thierry | Bac | 0:55:28 | 5:05 | 11,78 | V3 | 11 |
| 242 | Henry Michel | Jc Herinnes | 0:55:28 | 5:05 | 11,78 | V2 | 44 |
| 243 | Casse Henry | Running Temp... | 0:55:34 | 5:06 | 11,76 | V2 | 45 |
| 244 | Lorthioir Bernard | Sans | 0:55:36 | 5:06 | 11,76 | V2 | 46 |
| 245 | Seneca Florian | Sans | 0:55:37 | 5:06 | 11,75 | SE | 94 |
| 246 | Glorieux Pierre | Velaines | 0:55:38 | 5:06 | 11,75 | V1 | 70 |
| 247 | Verhaegh Dimitri | Rc Estaimpuis | 0:55:44 | 5:07 | 11,73 | SE | 95 |
| 248 | Degraeve Alain | Sans | 0:55:46 | 5:07 | 11,72 | V2 | 47 |
| 249 | Werrebrouck Blaise | Sans | 0:55:49 | 5:07 | 11,71 | V2 | 48 |
| 250 | Grugeon Lucas | Sans | 0:55:59 | 5:08 | 11,68 | SE | 96 |
| 251 | Rousseau David | Sans | 0:56:01 | 5:08 | 11,67 | V1 | 71 |
| 252 | Anrys Gabriel | Jcsa | 0:56:01 | 5:08 | 11,67 | V3 | 12 |
| 253 | Bonte Laurence | Jcpmf Pecq | 0:56:03 | 5:09 | 11,66 | A2 | 4 |
| 254 | De Bodt Didier | Sans | 0:56:04 | 5:09 | 11,66 | V1 | 72 |
| 255 | Rocquerelle Thomas | Sans | 0:56:04 | 5:09 | 11,66 | SE | 97 |
| 256 | Bacro Antoine | Coach Running | 0:56:07 | 5:09 | 11,65 | SE | 98 |
| 257 | Andre Lucas | Sans | 0:56:08 | 5:09 | 11,64 | SE | 99 |
| 258 | Tahon Patrice | Havignoble | 0:56:09 | 5:09 | 11,64 | V2 | 49 |
| 259 | Vanus Eric | Run 4 Fun | 0:56:10 | 5:09 | 11,64 | V2 | 50 |
| 260 | Vantyghem Alain | Sans | 0:56:17 | 5:10 | 11,61 | V3 | 13 |
| 261 | Carlier Frederic | Sans | 0:56:19 | 5:10 | 11,61 | SE | 100 |
| 262 | Bonte Bérengère | Jcpmf Pecq | 0:56:19 | 5:10 | 11,61 | A1 | 5 |
| 263 | Flavignie Gérard | Sans | 0:56:19 | 5:10 | 11,61 | V3 | 14 |
| 264 | Zenner Eric | Templeuve | 0:56:20 | 5:10 | 11,60 | V1 | 73 |
| 265 | Collie Marie-Jo | Velaines | 0:56:20 | 5:10 | 11,60 | A3 | 1 |
| 266 | Vandenbulcke Francis | Sport Evasion | 0:56:22 | 5:10 | 11,59 | V3 | 15 |
| 267 | Beukenne Jerry | Sans | 0:56:22 | 5:10 | 11,59 | V2 | 51 |
| 268 | Van Eeckhout Dirk | Vac Beveren-... | 0:56:24 | 5:10 | 11,59 | V2 | 52 |
| 269 | Delhez Romaric | Kain B | 0:56:29 | 5:11 | 11,57 | V1 | 74 |
| 270 | Freville Geoffrey | Popuelles Dr... | 0:56:30 | 5:11 | 11,57 | SE | 101 |
| 271 | Delhez Noé | Kain B | 0:56:33 | 5:11 | 11,56 | EH | 9 |
| 272 | Amaury Raphaël | Sans | 0:56:34 | 5:11 | 11,56 | SE | 102 |
| 273 | Lessines Steve | Running Safe | 0:56:36 | 5:12 | 11,55 | V1 | 75 |
| 274 | Daye Jean-Robert | Les Noix De ... | 0:56:37 | 5:12 | 11,55 | V3 | 16 |
| 275 | Vanhoutte Geoffrey | Sport Evasion | 0:56:43 | 5:12 | 11,52 | SE | 103 |
| 276 | Wilssens Julie | Running Safe | 0:56:44 | 5:12 | 11,52 | DA | 6 |
| 277 | Duponcheel Jean-Claude | Rc Estaimpuis | 0:56:46 | 5:12 | 11,52 | V2 | 53 |
| 278 | Trinteler Simon | Rc Estaimpuis | 0:57:01 | 5:14 | 11,46 | SE | 104 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 279 | Ponchau Jean-Paul | Templeuve | 0:57:01 | 5:14 | 11,46 | V3 | 17 |
| 280 | Delhuvenne René | Lamain-sport | 0:57:07 | 5:14 | 11,44 | V3 | 18 |
| 281 | Saen Dominique | Monts Et Col... | 0:57:12 | 5:15 | 11,43 | SE | 105 |
| 282 | Borighem Didier | Mc Running | 0:57:18 | 5:15 | 11,41 | V2 | 54 |
| 283 | Allard Thierry | Accros 5 Clo... | 0:57:19 | 5:16 | 11,40 | V2 | 55 |
| 284 | Leblanc Carine | Kain B | 0:57:19 | 5:16 | 11,40 | A2 | 5 |
| 285 | Boucau William | Sans | 0:57:21 | 5:16 | 11,40 | V2 | 56 |
| 286 | Chantry Louis | Popuelles Dr... | 0:57:25 | 5:16 | 11,39 | V2 | 57 |
| 287 | Laho François | Rtc Tournai | 0:57:27 | 5:16 | 11,38 | SE | 106 |
| 288 | Carbon Jean-Christophe | Templeuve | 0:57:29 | 5:16 | 11,37 | SE | 107 |
| 289 | Delangre Amélie | Farmers Club | 0:57:30 | 5:17 | 11,37 | A1 | 6 |
| 290 | Deramaix Jean-Marie | Team Running 46 | 0:57:35 | 5:17 | 11,35 | V3 | 19 |
| 291 | Delgrange Michael | Sans | 0:57:37 | 5:17 | 11,35 | V1 | 76 |
| 292 | Denys Myriam | Les Ceusses ... | 0:57:42 | 5:18 | 11,33 | A1 | 7 |
| 293 | Allard Julien | Sans | 0:57:47 | 5:18 | 11,31 | SE | 108 |
| 294 | Winand Jean-Yves | Sans | 0:57:51 | 5:18 | 11,30 | V1 | 77 |
| 295 | Geenens Bruno | Jc Herinnes | 0:57:54 | 5:19 | 11,29 | V2 | 58 |
| 296 | D Hont Robert | Vac Beveren-... | 0:57:55 | 5:19 | 11,28 | V4 | 5 |
| 297 | Snoeck Felipe | Velaines | 0:57:58 | 5:19 | 11,28 | V1 | 78 |
| 298 | Glorieux Stephane | Velaines | 0:57:59 | 5:19 | 11,27 | V1 | 79 |
| 299 | Desmet Gregory | Velaines | 0:58:02 | 5:19 | 11,26 | V1 | 80 |
| 300 | Lemaitre Michaël | Sans | 0:58:04 | 5:20 | 11,26 | SE | 109 |
| 301 | Gilleman Pierre | Kain B | 0:58:12 | 5:20 | 11,23 | V2 | 59 |
| 302 | Bargibant Patrick | Bac | 0:58:13 | 5:20 | 11,23 | V2 | 60 |
| 303 | Foucart Mathieu | Sans | 0:58:17 | 5:21 | 11,22 | SE | 110 |
| 304 | Van Leynseele Jean-Jacques | Jc Blandain | 0:58:17 | 5:21 | 11,22 | V1 | 81 |
| 305 | Lucas Philippe | Templeuve | 0:58:19 | 5:21 | 11,21 | V3 | 20 |
| 306 | Hacha Margot | Sans | 0:58:27 | 5:22 | 11,18 | DA | 7 |
| 307 | Duponthieu Angelique | Sans | 0:58:29 | 5:22 | 11,18 | A1 | 8 |
| 308 | Voiturier Grégory | Coifsabine | 0:58:30 | 5:22 | 11,17 | V1 | 82 |
| 309 | De Craene Jean-Philippe | Sans | 0:58:30 | 5:22 | 11,17 | V1 | 83 |
| 310 | Lessens Sabrina | Et Enghien | 0:58:36 | 5:23 | 11,15 | A1 | 9 |
| 311 | Thieffry Jean-François | Les Gens D Ere | 0:58:38 | 5:23 | 11,15 | V1 | 84 |
| 312 | Duveiller Laurence | Sans | 0:58:39 | 5:23 | 11,15 | A1 | 10 |
| 313 | Catteau Vincent | Rc Estaimpuis | 0:58:39 | 5:23 | 11,14 | V2 | 61 |
| 314 | Vandenbulcke Melanie | Sport Evasion | 0:58:41 | 5:23 | 11,14 | DA | 8 |
| 315 | Wielemans Daniel | B Betes De C... | 0:58:42 | 5:23 | 11,14 | V2 | 62 |
| 316 | Ryckebosch Ludwig | B Betes De C... | 0:58:48 | 5:24 | 11,12 | V2 | 63 |
| 317 | De Lovinfosse Noemie | Sans | 0:58:49 | 5:24 | 11,11 | DA | 9 |
| 318 | Salomé Michel | Accros 5 Clo... | 0:58:49 | 5:24 | 11,11 | V2 | 64 |
| 319 | Morel Camille | Sans | 0:58:51 | 5:24 | 11,11 | DA | 10 |
| 320 | Delbecq Anthony | Sans | 0:58:53 | 5:24 | 11,10 | SE | 111 |
| 321 | De Rodder Éric | Bac | 0:58:55 | 5:24 | 11,09 | V2 | 65 |
| 322 | Vandenberg Peter | Roba Recreanten | 0:59:05 | 5:25 | 11,06 | V1 | 85 |
| 323 | Demaeseneire Michaël | As Thurawa | 0:59:08 | 5:26 | 11,05 | V1 | 86 |
| 324 | Wattiez Murielle | Pipaix | 0:59:09 | 5:26 | 11,05 | A1 | 11 |
| 325 | Dekoster Pauline | Sans | 0:59:12 | 5:26 | 11,04 | DA | 11 |
| 326 | Delaunoy Jacques | Sans | 0:59:12 | 5:26 | 11,04 | V3 | 21 |
| 327 | Destrebecq Didier | Sans | 0:59:14 | 5:26 | 11,04 | V2 | 66 |
| 328 | De Ruy Peter | Sans | 0:59:16 | 5:26 | 11,03 | V1 | 87 |
| 329 | Jurquin Christian | Les Ceusses ... | 0:59:16 | 5:26 | 11,03 | V2 | 67 |
| 330 | Hovine Constantin | Farmers Club | 0:59:22 | 5:27 | 11,01 | V2 | 68 |
| 331 | Delobelle Bernadette | Spho | 0:59:24 | 5:27 | 11,00 | A2 | 6 |
| 332 | Detrain Stéphane | Jupiteam | 0:59:26 | 5:27 | 11,00 | V1 | 88 |
| 333 | Degryse Pierre | Sans | 0:59:27 | 5:27 | 11,00 | V2 | 69 |
| 334 | Desmet Yves | Jcsa | 0:59:32 | 5:28 | 10,98 | V3 | 22 |
| 335 | Cherki Zohair | Sans | 0:59:33 | 5:28 | 10,98 | V2 | 70 |
| 336 | Roussel Quentin | Coach Running | 0:59:35 | 5:28 | 10,97 | V1 | 89 |
| 337 | Di Lauro Martino | Velaines | 0:59:40 | 5:28 | 10,95 | V2 | 71 |
| 338 | Basten Michaël | Tri Ath | 0:59:46 | 5:29 | 10,94 | V1 | 90 |
| 339 | Masschelein Patricia | Rc Estaimpuis | 0:59:48 | 5:29 | 10,93 | A1 | 12 |
| 340 | Delcoigne Pierre | Velaines | 0:59:49 | 5:29 | 10,93 | V1 | 91 |
| 341 | Vlaminck Allain | Runnin Grez | 1:00:04 | 5:31 | 10,88 | V3 | 23 |
| 342 | Bogemans Sébastien | Jc Herinnes | 1:00:05 | 5:31 | 10,88 | SE | 112 |
| 343 | Humetz Hervé | Jc Herinnes | 1:00:05 | 5:31 | 10,88 | V2 | 72 |
| 344 | Vanderhauwaert Sandra | Sans | 1:00:09 | 5:31 | 10,87 | DA | 12 |
| 345 | Bruggeman Joseph | Le Club De S... | 1:00:12 | 5:31 | 10,86 | SE | 113 |
| 346 | Pennequin Sacha | Rusta | 1:00:17 | 5:32 | 10,84 | SE | 114 |
| 347 | Leleux Christophe | Sans | 1:00:19 | 5:32 | 10,84 | SE | 115 |
| 348 | Vinchant Ariane | Sans | 1:00:22 | 5:32 | 10,83 | A1 | 13 |

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|---|---|---|---|---|---|---|---|
| 349 | Rozel Gauthier | Sukcestfou | 1:00:26 | 5:33 | 10,81 | V1 | 92 |
| 350 | Solbreux Véronique | Sans | 1:00:31 | 5:33 | 10,80 | A1 | 14 |
| 351 | Herlin Fabrice | Les Ceusses ... | 1:00:32 | 5:33 | 10,80 | V2 | 73 |
| 352 | Neukens Dimitri | Sans | 1:00:40 | 5:34 | 10,77 | V1 | 93 |
| 353 | Leroy Philippe | Pipaix | 1:00:41 | 5:34 | 10,77 | V1 | 94 |
| 354 | Ansciaux Guillaume | Sans | 1:00:41 | 5:34 | 10,77 | SE | 116 |
| 355 | Fastrez Christophe | Sans | 1:00:46 | 5:34 | 10,76 | V1 | 95 |
| 356 | Vandevyvere Teddy | Cc Warneton | 1:00:53 | 5:35 | 10,73 | SE | 117 |
| 357 | Hennebert Marie | Rc Estaimpuis | 1:00:54 | 5:35 | 10,73 | A1 | 15 |
| 358 | Conil Nicolas | Templeuve | 1:00:54 | 5:35 | 10,73 | SE | 118 |
| 359 | De Witte Christian | Sans | 1:00:58 | 5:36 | 10,72 | V3 | 24 |
| 360 | Mariage Yves | Sans | 1:01:03 | 5:36 | 10,71 | V1 | 96 |
| 361 | Flamme Jean-Michel | Jcsa | 1:01:11 | 5:37 | 10,68 | V3 | 25 |
| 362 | Desmont Catherine | Tri Ath | 1:01:12 | 5:37 | 10,68 | A1 | 16 |
| 363 | Roman Kris | Addm Ogy | 1:01:13 | 5:37 | 10,68 | SE | 119 |
| 364 | Neerdaels Guido | Farmers Club | 1:01:13 | 5:37 | 10,68 | V2 | 74 |
| 365 | Brouillard Dominique | Sans | 1:01:15 | 5:37 | 10,67 | V3 | 26 |
| 366 | Carbonnelle Christiane | Kain B | 1:01:23 | 5:38 | 10,65 | A3 | 2 |
| 367 | Dutrannois Elodie | Sans | 1:01:24 | 5:38 | 10,64 | DA | 13 |
| 368 | Delaunoy Jean | Sans | 1:01:26 | 5:38 | 10,64 | V3 | 27 |
| 369 | Brismée Michel | Pipaix | 1:01:28 | 5:38 | 10,63 | V3 | 28 |
| 370 | Vander eecken Fabrice | Velaines | 1:01:33 | 5:39 | 10,62 | V1 | 97 |
| 371 | Verraest Charlie | Sans | 1:01:34 | 5:39 | 10,61 | SE | 120 |
| 372 | Froidure Nadine | Farmers Club | 1:01:35 | 5:39 | 10,61 | A2 | 7 |
| 373 | Moulin Eddy | Les Gens D Ere | 1:01:36 | 5:39 | 10,61 | V1 | 98 |
| 374 | Metens Benjamin | Sans | 1:01:36 | 5:39 | 10,61 | SE | 121 |
| 375 | Chadi Nicolas | Cap Team | 1:01:36 | 5:39 | 10,61 | V1 | 99 |
| 376 | Vandenbroucke Anne-Laure | Sans | 1:01:37 | 5:39 | 10,61 | A1 | 17 |
| 377 | Tuyttens Sophie | Sans | 1:01:38 | 5:39 | 10,61 | DA | 14 |
| 378 | Cocu Jean-Luc | Prfm | 1:01:38 | 5:39 | 10,61 | V3 | 29 |
| 379 | Marysse Maxence | Sans | 1:01:38 | 5:39 | 10,60 | SE | 122 |
| 380 | Demitri Cosimo | Tortues Mesl... | 1:01:38 | 5:39 | 10,60 | V3 | 30 |
| 381 | Henry Mathieu | Jc Herinnes | 1:01:40 | 5:39 | 10,60 | SE | 123 |
| 382 | Longepee Philippe | Sans | 1:01:44 | 5:40 | 10,59 | V2 | 75 |
| 383 | Leclercq Sybille | Kain B | 1:01:49 | 5:40 | 10,57 | A2 | 8 |
| 384 | Decaluwé Pierre | Cndk | 1:01:51 | 5:40 | 10,57 | V4 | 6 |
| 385 | Delsarte Maximilien | Sans | 1:01:51 | 5:40 | 10,57 | V1 | 100 |
| 386 | Douillet Frédéric | Rc Estaimpuis | 1:01:57 | 5:41 | 10,55 | V1 | 101 |
| 387 | Tourbez Claire | Les Gens D Ere | 1:01:58 | 5:41 | 10,55 | DA | 15 |
| 388 | Vancoppenolle Guy | Sans | 1:01:58 | 5:41 | 10,55 | V3 | 31 |
| 389 | Michiels Arnaud | Sans | 1:02:03 | 5:42 | 10,53 | SE | 124 |
| 390 | Casteleyn Laurence | Sans | 1:02:04 | 5:42 | 10,53 | A1 | 18 |
| 391 | Meurist Joël | Templeuve | 1:02:06 | 5:42 | 10,53 | V1 | 102 |
| 392 | Grivet Dominique | Running Safe | 1:02:06 | 5:42 | 10,53 | V1 | 103 |
| 393 | Verdebout Jean-Michel | Jc Herinnes | 1:02:15 | 5:43 | 10,50 | V2 | 76 |
| 394 | Depelchin Anne | Mc Running | 1:02:19 | 5:43 | 10,49 | A1 | 19 |
| 395 | Bequet Yannick | Velaines | 1:02:19 | 5:43 | 10,49 | A2 | 9 |
| 396 | Clinquart Jean-Christophe | Road Running... | 1:02:23 | 5:43 | 10,48 | V1 | 104 |
| 397 | Duc Eric | Jcsa | 1:02:29 | 5:44 | 10,46 | V2 | 77 |
| 398 | Delvigne Julien | Templeuve | 1:02:30 | 5:44 | 10,46 | SE | 125 |
| 399 | Quivy Pascal | Sans | 1:02:36 | 5:45 | 10,44 | V1 | 105 |
| 400 | Vandeputte Willy | Jc Herinnes | 1:02:38 | 5:45 | 10,44 | V3 | 32 |
| 401 | Ottevaere Christophe | Les Gens D Ere | 1:02:39 | 5:45 | 10,43 | V2 | 78 |
| 402 | Leclercq Anne | Les Gens D Ere | 1:02:39 | 5:45 | 10,43 | A1 | 20 |
| 403 | Simonart David | Sans | 1:02:40 | 5:45 | 10,43 | V1 | 106 |
| 404 | Delonville Daniel | Velaines | 1:02:48 | 5:46 | 10,41 | V4 | 7 |
| 405 | Lemaire Hubert | Tous A Bord | 1:02:59 | 5:47 | 10,38 | V2 | 79 |
| 406 | De Meester Germain | Tourpes | 1:03:05 | 5:47 | 10,36 | V3 | 33 |
| 407 | Cambrai Christine | Eclates | 1:03:09 | 5:48 | 10,35 | A2 | 10 |
| 408 | Leersnyder Joel | Velaines | 1:03:11 | 5:48 | 10,34 | V4 | 8 |
| 409 | Leconte Brigitte | Spho | 1:03:12 | 5:48 | 10,34 | A3 | 3 |
| 410 | Dereux Francis | Sans | 1:03:14 | 5:48 | 10,34 | V3 | 34 |
| 411 | Debaisieux Serge | Bac | 1:03:15 | 5:48 | 10,33 | V3 | 35 |
| 412 | Pottiez Jean-Marc | Les Ceusses ... | 1:03:16 | 5:48 | 10,33 | V3 | 36 |
| 413 | Mahieu David | Coach Running | 1:03:24 | 5:49 | 10,31 | V1 | 107 |
| 414 | Guérin Jean-Christophe | Les Chapelie... | 1:03:30 | 5:50 | 10,29 | V1 | 108 |
| 415 | Hocq Muriel | Coach Running | 1:03:35 | 5:50 | 10,28 | A1 | 21 |
| 416 | Parent Laure | Sans | 1:03:42 | 5:51 | 10,26 | DA | 16 |
| 417 | Nottebaert Constance | Sans | 1:03:42 | 5:51 | 10,26 | DA | 17 |
| 418 | Choisez Nathalie | Les Gens D Ere | 1:03:54 | 5:52 | 10,23 | A1 | 22 |

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|---|---|---|---|---|---|---|---|
| 419 | Fuccio Patrick | Spho | 1:04:01 | 5:52 | 10,21 | V3 | 37 |
| 420 | Marlier Alain | Coach Running | 1:04:04 | 5:53 | 10,20 | V2 | 80 |
| 421 | Collocy Jean-Marc | Sans | 1:04:04 | 5:53 | 10,20 | V2 | 81 |
| 422 | Renaux Nancy | Velaines | 1:04:13 | 5:53 | 10,18 | A1 | 23 |
| 423 | Delobelle Chantal | Spho | 1:04:19 | 5:54 | 10,16 | A2 | 11 |
| 424 | Leplae Jean-Yves | Floc | 1:04:19 | 5:54 | 10,16 | V3 | 38 |
| 425 | Debourse Philippe | Spho | 1:04:19 | 5:54 | 10,16 | V3 | 39 |
| 426 | Bequet Jean-Marc | Farmers Club | 1:04:22 | 5:54 | 10,15 | V2 | 82 |
| 427 | Debels Bérangère | Ecla Landas | 1:04:22 | 5:54 | 10,15 | A2 | 12 |
| 428 | Louette Frédéric | Farmers Club | 1:04:24 | 5:54 | 10,15 | V1 | 109 |
| 429 | Musumeci Bruno | Jcsa | 1:04:25 | 5:55 | 10,15 | V3 | 40 |
| 430 | Werbrouck Laurent | Sans | 1:04:26 | 5:55 | 10,14 | SE | 126 |
| 431 | Pluquet Marc | Farmers Club | 1:04:28 | 5:55 | 10,14 | V3 | 41 |
| 432 | Huriau Cédric | Etc | 1:04:29 | 5:55 | 10,13 | V1 | 110 |
| 433 | Kain Emilie | Sans | 1:04:30 | 5:55 | 10,13 | DA | 18 |
| 434 | Van Nerom Eddy | Bayern Munchen | 1:04:32 | 5:55 | 10,13 | V2 | 83 |
| 435 | Coussement Alexandra | Velaines | 1:04:34 | 5:55 | 10,12 | DA | 19 |
| 436 | Frenoy Frederique | Sans | 1:04:37 | 5:56 | 10,11 | A1 | 24 |
| 437 | Caby Axel | Sans | 1:04:39 | 5:56 | 10,11 | SE | 127 |
| 438 | Vanderhaegen Jacques | B Betes De C... | 1:04:45 | 5:56 | 10,10 | V3 | 42 |
| 439 | Bossuyt Anne-Marie | Sans | 1:04:46 | 5:57 | 10,09 | A2 | 13 |
| 440 | Cornez Lutgarde | Velaines | 1:04:51 | 5:57 | 10,08 | A1 | 25 |
| 441 | Voiturier Laurent | Bac | 1:04:56 | 5:57 | 10,07 | SE | 128 |
| 442 | Carlier Jean-Marie | Jcsa | 1:04:57 | 5:58 | 10,06 | V3 | 43 |
| 443 | Coeuret Michel | Au Ptit Bonheur | 1:04:57 | 5:58 | 10,06 | V4 | 9 |
| 444 | Depreter Jacques | La Liesse | 1:05:00 | 5:58 | 10,06 | V1 | 111 |
| 445 | Dermaut Luc | Farmers Club | 1:05:01 | 5:58 | 10,05 | V2 | 84 |
| 446 | Vryghem Florentine | Tri Ath | 1:05:06 | 5:58 | 10,04 | ED | 2 |
| 447 | Grugeon Nicolas | Sans | 1:05:06 | 5:58 | 10,04 | V1 | 112 |
| 448 | Wattecamps Frédéricq | Sans | 1:05:07 | 5:58 | 10,04 | V2 | 85 |
| 449 | Slabbinck Jacques | Spho | 1:05:13 | 5:59 | 10,02 | V3 | 44 |
| 450 | Haubruge Sébastien | Sans | 1:05:15 | 5:59 | 10,02 | V1 | 113 |
| 451 | Hamdoun Laura | B Betes De C... | 1:05:16 | 5:59 | 10,01 | DA | 20 |
| 452 | Clerx Anne | Pipaix | 1:05:17 | 5:59 | 10,01 | A2 | 14 |
| 453 | Gikiere Delphine | Sans | 1:05:19 | 6:00 | 10,01 | A1 | 26 |
| 454 | Vandendyck Vanessa | Sans | 1:05:20 | 6:00 | 10,00 | A1 | 27 |
| 455 | Gobert Camille | Sans | 1:05:24 | 6:00 | 9,99 | DA | 21 |
| 456 | Lefebvre Norbert | Velaines | 1:05:24 | 6:00 | 9,99 | V2 | 86 |
| 457 | Friquet Jean-Noël | Pipaix | 1:05:24 | 6:00 | 9,99 | V2 | 87 |
| 458 | Dufrenne Catherine | Sans | 1:05:32 | 6:01 | 9,97 | DA | 22 |
| 459 | Carton Nicolas | Jc Herinnes | 1:05:36 | 6:01 | 9,96 | V1 | 114 |
| 460 | Sylvart Tamara | Sans | 1:05:38 | 6:01 | 9,96 | A1 | 28 |
| 461 | Leroy Audrey | Jc Herinnes | 1:05:45 | 6:02 | 9,94 | DA | 23 |
| 462 | Sandras Fabienne | Sans | 1:05:52 | 6:03 | 9,92 | A1 | 29 |
| 463 | Dufour Manuel | Gayolle | 1:05:52 | 6:03 | 9,92 | SE | 129 |
| 464 | Declercq Anne-Sophie | Bac | 1:05:55 | 6:03 | 9,92 | A1 | 30 |
| 465 | Goemaere Dolores | Sans | 1:06:00 | 6:03 | 9,90 | DA | 24 |
| 466 | Delcoigne Georges | Run 4 Fun | 1:06:01 | 6:03 | 9,90 | V2 | 88 |
| 467 | Beheyt Marie | Ete | 1:06:02 | 6:03 | 9,90 | DA | 25 |
| 468 | Lecouvet Isabelle | Coach Running | 1:06:10 | 6:04 | 9,88 | A2 | 15 |
| 469 | Pierquin Sabine | Jc Herinnes | 1:06:11 | 6:04 | 9,88 | A2 | 16 |
| 470 | Marza Oana Maria | Velaines | 1:06:11 | 6:04 | 9,88 | DA | 26 |
| 471 | Thiery Sabine | Sans | 1:06:12 | 6:04 | 9,87 | A2 | 17 |
| 472 | Piat Leslie | Jc Blandain | 1:06:14 | 6:05 | 9,87 | A1 | 31 |
| 473 | Dubus Nancy | Sans | 1:06:18 | 6:05 | 9,86 | A1 | 32 |
| 474 | Vandenberghe Claude | Bac | 1:06:18 | 6:05 | 9,86 | V1 | 115 |
| 475 | Berthe Quentin | Sans | 1:06:28 | 6:06 | 9,83 | SE | 130 |
| 476 | Frique Marie-Anne | Velaines | 1:06:32 | 6:06 | 9,82 | A3 | 4 |
| 477 | Richelin Patrick | Sans | 1:06:38 | 6:07 | 9,81 | V2 | 89 |
| 478 | Bouhon Amandine | Les Gens D Ere | 1:06:54 | 6:08 | 9,77 | DA | 27 |
| 479 | Kain Séverine | Sans | 1:06:59 | 6:09 | 9,76 | DA | 28 |
| 480 | Malaterre Gilles | No Macadam Star | 1:07:01 | 6:09 | 9,75 | V3 | 45 |
| 481 | Dangreau Christelle | Spho | 1:07:03 | 6:09 | 9,75 | A2 | 18 |
| 482 | Dellettre Anne | Spho | 1:07:14 | 6:10 | 9,72 | A2 | 19 |
| 483 | De Nève Chantal | Ac St Sauveu... | 1:07:17 | 6:10 | 9,71 | A2 | 20 |
| 484 | Laurent Alex | Ac St Sauveu... | 1:07:20 | 6:11 | 9,71 | V2 | 90 |
| 485 | Nicolle Bruno | Sans | 1:07:21 | 6:11 | 9,70 | V2 | 91 |
| 486 | Baugnies Valerie | Tortues Mesl... | 1:07:27 | 6:11 | 9,69 | A1 | 33 |
| 487 | D Hondt Sandrine | Les Ceusses ... | 1:07:35 | 6:12 | 9,67 | A1 | 34 |
| 488 | Capron Vincent | Accros 5 Clo... | 1:07:42 | 6:13 | 9,65 | V1 | 116 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 489 | Makelberge Carine | Les Ceusses ... | 1:07:49 | 6:13 | 9,64 | A2 | 21 |
| 490 | Francois Justine | Sans | 1:07:53 | 6:14 | 9,63 | DA | 29 |
| 491 | Leman Inge | Run 4 Fun | 1:07:56 | 6:14 | 9,62 | A1 | 35 |
| 492 | Collie Anne | Les Ceusses ... | 1:08:01 | 6:14 | 9,61 | A1 | 36 |
| 493 | Geenens Lise | Jc Herinnes | 1:08:02 | 6:14 | 9,61 | DA | 30 |
| 494 | Garuccio Caroline | Velaines | 1:08:05 | 6:15 | 9,60 | A1 | 37 |
| 495 | Biltresse Michel | Kain B | 1:08:07 | 6:15 | 9,59 | V4 | 10 |
| 496 | Delcourte Colette | Run 4 Fun | 1:08:13 | 6:16 | 9,58 | A2 | 22 |
| 497 | Moulin Jean-Pierre | Les Gens D Ere | 1:08:47 | 6:19 | 9,50 | V3 | 46 |
| 498 | Thaon Michelle | Les Eclates ... | 1:09:23 | 6:22 | 9,42 | A3 | 5 |
| 499 | Menart Cédric | Bac | 1:09:25 | 6:22 | 9,42 | V1 | 117 |
| 500 | Deberdt Danny | Mmm | 1:09:26 | 6:22 | 9,41 | V4 | 11 |
| 501 | Himpens Martine | Jc Des Collines | 1:10:08 | 6:26 | 9,32 | A2 | 23 |
| 502 | Mahee Marc | Jc Des Collines | 1:10:08 | 6:26 | 9,32 | V2 | 92 |
| 503 | Cannoot Nadine | Sans | 1:10:14 | 6:27 | 9,31 | A2 | 24 |
| 504 | Teresinski Bernard | Tri Ath | 1:10:25 | 6:28 | 9,28 | V2 | 93 |
| 505 | Mauroy Frédéric | Spho | 1:10:51 | 6:30 | 9,22 | V2 | 94 |
| 506 | Vangheluwe Patrick | Velaines | 1:11:31 | 6:34 | 9,14 | V3 | 47 |
| 507 | Grulois Dominique | Sans | 1:11:33 | 6:34 | 9,13 | V2 | 95 |
| 508 | Lemaire Laurent | Ecla Landas | 1:11:45 | 6:35 | 9,11 | V1 | 118 |
| 509 | Delcambe Murielle | Velaines | 1:11:52 | 6:36 | 9,09 | A2 | 25 |
| 510 | Lebrun Marc | Sans | 1:11:57 | 6:36 | 9,08 | V1 | 119 |
| 511 | De Coninck Hubert | Cap Team | 1:12:01 | 6:36 | 9,08 | V1 | 120 |
| 512 | Allard Pierre | Sans | 1:12:07 | 6:37 | 9,06 | SE | 131 |
| 513 | Clerx Isabelle | Spho | 1:12:19 | 6:38 | 9,04 | A2 | 26 |
| 514 | Calonne Anne-Sophie | Spho | 1:12:19 | 6:38 | 9,04 | DA | 31 |
| 515 | Gaillez Virginie | Jc Herinnes | 1:12:29 | 6:39 | 9,02 | A1 | 38 |
| 516 | Bernus Philippe | Kain B | 1:12:38 | 6:40 | 9,00 | V3 | 48 |
| 517 | Zenner Jonathan | Templeuve | 1:12:45 | 6:40 | 8,98 | SE | 132 |
| 518 | Lambrecht Frederic | Coach Running | 1:13:05 | 6:42 | 8,94 | V1 | 121 |
| 519 | Vanuxem Rita | Sans | 1:13:11 | 6:43 | 8,93 | A2 | 27 |
| 520 | Cochez Jean-Albert | Kain B | 1:13:32 | 6:45 | 8,89 | V3 | 49 |
| 521 | Demets Quentin | Sans | 1:14:07 | 6:48 | 8,82 | SE | 133 |
| 522 | Demets Alexandre | Sans | 1:14:16 | 6:49 | 8,80 | V2 | 96 |
| 523 | Guyot Clément | Rc Estaimpuis | 1:14:25 | 6:50 | 8,78 | EH | 10 |
| 524 | Dervaux Gaëtan | Pipaix | 1:14:32 | 6:50 | 8,77 | V1 | 122 |
| 525 | Vander Donckt Philippe | Sans | 1:14:32 | 6:50 | 8,77 | V3 | 50 |
| 526 | Bot Jean-Luc | Sans | 1:14:48 | 6:52 | 8,74 | V3 | 51 |
| 527 | Flamme Marie-Jeanne | Sans | 1:14:50 | 6:52 | 8,73 | DA | 32 |
| 528 | Frédéric Marie-Chantal | Velaines | 1:14:50 | 6:52 | 8,73 | A2 | 28 |
| 529 | Ledoux Mireille | B Betes De C... | 1:15:07 | 6:53 | 8,70 | A1 | 39 |
| 530 | Lefebvre Emile | Sans | 1:15:46 | 6:57 | 8,63 | V2 | 97 |
| 531 | Lemaire Estelle | Ecla Landas | 1:15:54 | 6:58 | 8,61 | A2 | 29 |
| 532 | Guyot Coraline | Sans | 1:16:01 | 6:58 | 8,60 | DA | 33 |
| 533 | Peutte Sylvie | Velaines | 1:16:08 | 6:59 | 8,59 | A2 | 30 |
| 534 | Gremeaux Marie-Lise | Sans | 1:16:16 | 7:00 | 8,57 | DA | 34 |
| 535 | Scharlaeken Sabine | Sans | 1:16:24 | 7:01 | 8,55 | A2 | 31 |
| 536 | Duhez Céline | Velaines | 1:16:27 | 7:01 | 8,55 | DA | 35 |
| 537 | Guilluy Véronique | Velaines | 1:16:27 | 7:01 | 8,55 | A2 | 32 |
| 538 | Clarysse Caroline | Velaines | 1:16:31 | 7:01 | 8,54 | A2 | 33 |
| 539 | Bekers Noël | Addm Ogy | 1:16:39 | 7:02 | 8,53 | V4 | 12 |
| 540 | Gouranna Marie-Fabiola | Velaines | 1:17:24 | 7:06 | 8,44 | A1 | 40 |
| 541 | De Vylder Luc | Axa Team | 1:17:32 | 7:07 | 8,43 | V3 | 52 |
| 542 | Seclève Arlette | Velaines | 1:18:11 | 7:10 | 8,36 | A3 | 6 |
| 543 | Vos Anne | Vertigo | 1:18:21 | 7:11 | 8,34 | DA | 36 |
| 544 | Rustin Jean-Jacques | Spho | 1:18:31 | 7:12 | 8,32 | V2 | 98 |
| 545 | Kiritchouk Hélène | Tri Ath | 1:20:28 | 7:23 | 8,12 | A2 | 34 |
| 546 | Decrouez Amaury | Sans | 1:20:36 | 7:24 | 8,11 | SE | 134 |
| 547 | Barbier Bernard | Jc Blandain | 1:22:51 | 7:36 | 7,89 | V3 | 53 |