# 26-11-2011 – 24ème JOGGING DE LA St NICOLAS – 10,25 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Loquet Thomas | Et Chievres | 0:34:05 | 3:20 | 18,04 | SE | 1 |
| 2 | Billet Grégory | Popuelles Dr... | 0:34:50 | 3:24 | 17,65 | SE | 2 |
| 3 | Dewaele Joost | Popuelles Dr... | 0:34:55 | 3:24 | 17,61 | SE | 3 |
| 4 | Gilmet Julien | Beclers Jc | 0:35:00 | 3:25 | 17,57 | SE | 4 |
| 5 | Verstraete Maxime | Bac | 0:35:10 | 3:26 | 17,48 | SE | 5 |
| 6 | Colmant Midol Michel | Sans | 0:35:24 | 3:27 | 17,37 | SE | 6 |
| 7 | Clais François | Prfm | 0:36:00 | 3:31 | 17,08 | SE | 7 |
| 8 | Deschodt Bert | Vacbl | 0:36:04 | 3:31 | 17,05 | SE | 8 |
| 9 | Delombaerde Dimitri | Jcsa | 0:36:08 | 3:32 | 17,02 | SE | 9 |
| 10 | Van Mullem Nicolas | Coach Running | 0:36:20 | 3:33 | 16,92 | SE | 10 |
| 11 | Duvivier Dany | Bac | 0:36:28 | 3:33 | 16,86 | V1 | 1 |
| 12 | Decottignies Robin | Team Chas Patat | 0:36:52 | 3:36 | 16,68 | SE | 11 |
| 13 | Mas Bruno | Pipaix | 0:36:55 | 3:36 | 16,65 | V1 | 2 |
| 14 | Huyghe Vincent | Tp Vert | 0:37:01 | 3:37 | 16,61 | V1 | 3 |
| 15 | Depraetere Didier | Herinnes | 0:37:10 | 3:38 | 16,54 | SE | 12 |
| 16 | Hocedez Steven | Sans | 0:37:24 | 3:39 | 16,44 | V1 | 4 |
| 17 | Parmentier Frédéric | Ac Cambrai | 0:37:32 | 3:40 | 16,38 | V1 | 5 |
| 18 | De Munck Tanguy | Tortues Mesl... | 0:37:44 | 3:41 | 16,29 | SE | 13 |
| 19 | Dewaegenaere Kurt | Deerlijk | 0:37:46 | 3:41 | 16,28 | V1 | 6 |
| 20 | Patin Serge | Coach Running | 0:37:49 | 3:41 | 16,26 | V1 | 7 |
| 21 | Messiaen Xavier | Bac | 0:37:52 | 3:42 | 16,24 | V1 | 8 |
| 22 | Van Praet Geert | Sans | 0:37:53 | 3:42 | 16,23 | V1 | 9 |
| 23 | Vinchent Olivier | Bac | 0:38:00 | 3:42 | 16,18 | SE | 14 |
| 24 | Delmeule Michel | Pipaix | 0:38:04 | 3:43 | 16,15 | V1 | 10 |
| 25 | Huvenne Michaël | Popuelles Dr... | 0:38:07 | 3:43 | 16,13 | SE | 15 |
| 26 | Obsomer André | Velaines | 0:38:11 | 3:44 | 16,10 | V2 | 1 |
| 27 | Vifquin Christophe | Tdt | 0:38:12 | 3:44 | 16,09 | SE | 16 |
| 28 | Garbin Rudi | Sans | 0:38:20 | 3:44 | 16,04 | V1 | 11 |
| 29 | Mercier Pascal | Kain B | 0:38:24 | 3:45 | 16,01 | V2 | 2 |
| 30 | Drali Nasser | Tourcoing | 0:38:30 | 3:45 | 15,97 | V2 | 3 |
| 31 | Salomez Frédérik | Jcsa | 0:38:33 | 3:46 | 15,95 | SE | 17 |
| 32 | Deruddere Geert | Dapalo | 0:38:34 | 3:46 | 15,94 | V2 | 4 |
| 33 | Frédéric Adrien | Bac | 0:38:35 | 3:46 | 15,93 | EH | 1 |
| 34 | Dewailly Victor | Bac | 0:38:49 | 3:47 | 15,84 | SE | 18 |
| 35 | Campener Aurélien | Bac | 0:38:56 | 3:48 | 15,79 | SE | 19 |
| 36 | Fontaine Thierry | Templeuve | 0:38:57 | 3:48 | 15,78 | V1 | 12 |
| 37 | Hall Gary | Sans | 0:39:02 | 3:48 | 15,75 | V1 | 13 |
| 38 | Vanlede Ludovic | Jcsa | 0:39:05 | 3:49 | 15,73 | SE | 20 |
| 39 | Manche David | Templeuve | 0:39:07 | 3:49 | 15,72 | SE | 21 |
| 40 | Wauquiez Xavier | Bac | 0:39:09 | 3:49 | 15,70 | SE | 22 |
| 41 | Bultynck Philippe | Racing Gent | 0:39:11 | 3:49 | 15,69 | V1 | 14 |
| 42 | Turpyn Stéphane | Sans | 0:39:13 | 3:50 | 15,68 | SE | 23 |
| 43 | Leclercq Eddy | Kain B | 0:39:16 | 3:50 | 15,66 | V2 | 5 |
| 44 | Petillon Philippe | Sans | 0:39:19 | 3:50 | 15,64 | SE | 24 |
| 45 | Desobry Nathan | Sans | 0:39:21 | 3:50 | 15,62 | SE | 25 |
| 46 | Cloet Jean-Christophe | Bac | 0:39:25 | 3:51 | 15,60 | SE | 26 |
| 47 | Flamme Kévin | Coach Running | 0:39:30 | 3:51 | 15,56 | SE | 27 |
| 48 | Van Malleghem Henry | Popuelles Dr... | 0:39:31 | 3:51 | 15,56 | SE | 28 |
| 49 | Groenweghe Philippe | Jcsa | 0:39:32 | 3:51 | 15,55 | V2 | 6 |
| 50 | Dejaegere Christiaan | Jc Kluisberg | 0:39:33 | 3:52 | 15,54 | V3 | 1 |
| 51 | Vandeputte Christophe | Popuelles Dr... | 0:39:36 | 3:52 | 15,53 | SE | 29 |
| 52 | Maselis Rudi | Coach Running | 0:39:37 | 3:52 | 15,52 | SE | 30 |
| 53 | Leclercq Benoît | Velaines | 0:39:38 | 3:52 | 15,51 | SE | 31 |
| 54 | Kins Jeroen | Team Chas Patat | 0:39:39 | 3:52 | 15,51 | SE | 32 |
| 55 | Dieryck Pascal | Sans | 0:39:40 | 3:52 | 15,50 | V1 | 15 |
| 56 | Bekaert Ignace | Jcsa | 0:39:41 | 3:52 | 15,49 | V2 | 7 |
| 57 | Soldai Patrick | Bac | 0:39:42 | 3:52 | 15,49 | V2 | 8 |
| 58 | Steen Valérie | Abm | 0:39:43 | 3:52 | 15,48 | DA | 1 |
| 59 | Lefebvre Jasmine | Sans | 0:39:45 | 3:53 | 15,47 | A2 | 1 |
| 60 | Lefebvre Emile | Assa | 0:40:03 | 3:54 | 15,35 | EH | 2 |
| 61 | Plancq Jocelyn | Bac | 0:40:04 | 3:55 | 15,34 | SE | 33 |
| 62 | Catry Andy |  | 0:40:07 | 3:55 | 15,33 | V1 | 16 |
| 63 | Van Eeckhout Dirk | Vacbl | 0:40:10 | 3:55 | 15,31 | V1 | 17 |
| 64 | Cambier David | Sans | 0:40:24 | 3:56 | 15,22 | SE | 34 |
| 65 | Wastyn David | Ajel | 0:40:25 | 3:57 | 15,21 | SE | 35 |
| 66 | Timmerman Sébastien | Sans | 0:40:26 | 3:57 | 15,21 | SE | 36 |
| 67 | Verrellen Stéphane | Sans | 0:40:28 | 3:57 | 15,19 | V1 | 18 |
| 68 | Boutry Vincent | Addm Ogy | 0:40:29 | 3:57 | 15,19 | SE | 37 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 69 | Deschamps Félix | Jsmc | 0:40:30 | 3:57 | 15,18 | EH | 3 |
| 70 | Mesplomb Jean-Luc | Coach Running | 0:40:31 | 3:57 | 15,17 | V1 | 19 |
| 71 | Cousin Olivier | Sukcestfou | 0:40:36 | 3:58 | 15,14 | SE | 38 |
| 72 | Moulin Steven | Cap Team | 0:40:38 | 3:58 | 15,13 | SE | 39 |
| 73 | Dutrieux Fernand | Velaines | 0:40:41 | 3:58 | 15,11 | V1 | 20 |
| 74 | Cambier Serge | Flobecq | 0:40:48 | 3:59 | 15,07 | V1 | 21 |
| 75 | Devolder Kévin | Bac | 0:40:52 | 3:59 | 15,04 | SE | 40 |
| 76 | Putman Claude | Jcsa | 0:40:55 | 4:00 | 15,03 | V1 | 22 |
| 77 | Boitte Cédric | Sans | 0:40:56 | 4:00 | 15,02 | SE | 41 |
| 78 | Depauw Emmanuel | Cap Team | 0:40:58 | 4:00 | 15,01 | V1 | 23 |
| 79 | Pozza Pierre | Addm Ogy | 0:40:59 | 4:00 | 15,00 | V1 | 24 |
| 80 | Debay Blaise | Sans | 0:41:00 | 4:00 | 15,00 | SE | 42 |
| 81 | Mariage Michel | Bac | 0:41:02 | 4:00 | 14,98 | V2 | 9 |
| 82 | Malvoisin Jérôme | Velaines | 0:41:03 | 4:00 | 14,98 | SE | 43 |
| 83 | Laurent Frank | St Sauveur | 0:41:04 | 4:00 | 14,97 | V1 | 25 |
| 84 | Daels Sébastien | Popuelles Dr... | 0:41:05 | 4:00 | 14,96 | SE | 44 |
| 85 | Procureur Laurent | Drt | 0:41:12 | 4:01 | 14,92 | SE | 45 |
| 86 | Deruddere Lies | Dapalo | 0:41:13 | 4:01 | 14,92 | DA | 2 |
| 87 | Leclercq Christophe | Coach Running | 0:41:14 | 4:01 | 14,91 | SE | 46 |
| 88 | Clinquart Gilles | Sans | 0:41:15 | 4:01 | 14,90 | SE | 47 |
| 89 | Dorchy Cédric | Templeuve | 0:41:16 | 4:02 | 14,90 | SE | 48 |
| 90 | De Cubber Jacques | Bac | 0:41:17 | 4:02 | 14,89 | V2 | 10 |
| 91 | Saudemont Frédéric | Coach Running | 0:41:19 | 4:02 | 14,88 | V1 | 26 |
| 92 | Gaillet Christophe | Templeuve | 0:41:20 | 4:02 | 14,87 | SE | 49 |
| 93 | Dellemme Bruno | Sans | 0:41:21 | 4:02 | 14,87 | V1 | 27 |
| 94 | Vervacke Christophe | Velaines | 0:41:22 | 4:02 | 14,86 | V1 | 28 |
| 95 | Devroede Norbert | Popuelles Dr... | 0:41:27 | 4:03 | 14,83 | V2 | 11 |
| 96 | Costanzo Luigi | Sans | 0:41:28 | 4:03 | 14,83 | SE | 50 |
| 97 | Decuyper Gauthier | Sans | 0:41:36 | 4:04 | 14,78 | SE | 51 |
| 98 | Timperman Carlos | Abmarke | 0:41:57 | 4:06 | 14,66 | SE | 52 |
| 99 | Guerville Jordan | Coach Running | 0:42:05 | 4:06 | 14,61 | SE | 53 |
| 100 | Caillau Roland | Ac Beloeil | 0:42:10 | 4:07 | 14,58 | V2 | 12 |
| 101 | Saen Dominique | Bac | 0:42:13 | 4:07 | 14,56 | V1 | 29 |
| 102 | Vandenbroucke Gino | Luingne Tria... | 0:42:14 | 4:07 | 14,56 | V1 | 30 |
| 103 | Debaisieux Serge | Sans | 0:42:18 | 4:08 | 14,53 | V2 | 13 |
| 104 | Durant Philippe | Addm Ogy | 0:42:20 | 4:08 | 14,52 | V1 | 31 |
| 105 | Ketelair Livin | Assa | 0:42:21 | 4:08 | 14,52 | V3 | 2 |
| 106 | Kesteleyn Cyrille | Bac | 0:42:22 | 4:08 | 14,51 | SE | 54 |
| 107 | Vinchent Miguël | Velaines | 0:42:27 | 4:08 | 14,48 | SE | 55 |
| 108 | Petini Ryan | Sans | 0:42:29 | 4:09 | 14,47 | EH | 4 |
| 109 | Rysman Johan | Avi | 0:42:30 | 4:09 | 14,47 | V2 | 14 |
| 110 | Chantry Louis | Popuelles Dr... | 0:42:33 | 4:09 | 14,45 | V1 | 32 |
| 111 | Mol Elodie | Velaines | 0:42:34 | 4:09 | 14,44 | DA | 3 |
| 112 | Vanneste Michaël | Ab Marke | 0:42:35 | 4:09 | 14,44 | SE | 56 |
| 113 | Duquenne Michel | Jcsa | 0:42:36 | 4:09 | 14,43 | V2 | 15 |
| 114 | Fourez Pascal | Sans | 0:42:37 | 4:09 | 14,43 | SE | 57 |
| 115 | Moulin Luc | Sans | 0:42:42 | 4:10 | 14,40 | V1 | 33 |
| 116 | Vandecasteele Ruben | Sans | 0:42:43 | 4:10 | 14,39 | SE | 58 |
| 117 | Quarre Michaël | Sans | 0:42:44 | 4:10 | 14,39 | SE | 59 |
| 118 | Cantreul Vincent | Sans | 0:42:45 | 4:10 | 14,38 | SE | 60 |
| 119 | Baudry Jérémy | Sans | 0:42:46 | 4:10 | 14,38 | EH | 5 |
| 120 | Fretin Philippe | Accros 5 Clo... | 0:42:47 | 4:10 | 14,37 | SE | 61 |
| 121 | Dupret Didier | Bac | 0:42:48 | 4:11 | 14,36 | V1 | 34 |
| 122 | Clerx Arnaud | Pipaix | 0:42:49 | 4:11 | 14,36 | EH | 6 |
| 123 | Destrebecq Bernard | Sans | 0:42:58 | 4:12 | 14,31 | V1 | 35 |
| 124 | Boulanger Julien | Jcsa | 0:43:04 | 4:12 | 14,28 | SE | 62 |
| 125 | Demets Bernard | Velaines | 0:43:08 | 4:12 | 14,25 | SE | 63 |
| 126 | Destrebecq Yohan | Spho | 0:43:13 | 4:13 | 14,23 | SE | 64 |
| 127 | Camberlin Laurent | Bac | 0:43:15 | 4:13 | 14,21 | SE | 65 |
| 128 | Leroy Bruno | Jc Warneton | 0:43:16 | 4:13 | 14,21 | V2 | 16 |
| 129 | Flamme Jean-Michel | Jcsa | 0:43:17 | 4:13 | 14,20 | V2 | 17 |
| 130 | Froment Guillaume | Rho | 0:43:18 | 4:13 | 14,20 | SE | 66 |
| 131 | Crommelinck Stéphane | Lesdain D La... | 0:43:24 | 4:14 | 14,17 | SE | 67 |
| 132 | Canniere Stefaan | Gavertrimmers | 0:43:27 | 4:14 | 14,15 | V1 | 36 |
| 133 | Simonow Sébastien | Sans | 0:43:30 | 4:15 | 14,13 | SE | 68 |
| 134 | Marey Chris | Sans | 0:43:33 | 4:15 | 14,12 | SE | 69 |
| 135 | Deman Olivier | Bac | 0:43:34 | 4:15 | 14,11 | V1 | 37 |
| 136 | Bogemans Sébastien | Kain B | 0:43:35 | 4:15 | 14,11 | EH | 7 |
| 137 | Carpentier Séverine | Spho | 0:43:36 | 4:15 | 14,10 | A1 | 1 |
| 138 | Vantomme Alex | Sans | 0:43:37 | 4:15 | 14,10 | V3 | 3 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 139 | Ramdane Ahmed | Sans | 0:43:42 | 4:16 | 14,07 | V1 | 38 |
| 140 | Vandriessche Jean-Marie | Bac | 0:43:44 | 4:16 | 14,06 | V3 | 4 |
| 141 | Kargar Samani Khalil | Cap Team | 0:43:46 | 4:16 | 14,05 | V1 | 39 |
| 142 | Leroy Jonathan | Amis Du Mardi | 0:43:48 | 4:16 | 14,04 | SE | 70 |
| 143 | Druart Philippe | | 0:43:49 | 4:16 | 14,03 | V1 | 40 |
| 144 | Dumont Bruno | Sans | 0:43:50 | 4:17 | 14,03 | V1 | 41 |
| 145 | Radot Thomas | Jfl Team | 0:43:52 | 4:17 | 14,01 | SE | 71 |
| 146 | Melchior Jean-Romain | Popuelles Dr... | 0:43:54 | 4:17 | 14,00 | SE | 72 |
| 147 | Coussé Benoit | Velaines | 0:43:55 | 4:17 | 14,00 | EH | 8 |
| 148 | Bruniaux Pascal | Sans | 0:43:56 | 4:17 | 13,99 | SE | 73 |
| 149 | Deseyn Carline | Kaa Gent | 0:43:57 | 4:17 | 13,99 | A2 | 2 |
| 150 | Nyssen Alain | Bac | 0:43:58 | 4:17 | 13,98 | V1 | 42 |
| 151 | Mertens Pascal | Coach Running | 0:44:00 | 4:18 | 13,97 | V1 | 43 |
| 152 | Berton Jean-Marc | Bac | 0:44:04 | 4:18 | 13,95 | V2 | 18 |
| 153 | Delguste Grégory | Coach Running | 0:44:10 | 4:19 | 13,92 | SE | 74 |
| 154 | Cornu Gaëtan | Kain B | 0:44:11 | 4:19 | 13,91 | V1 | 44 |
| 155 | Chenut Olivier | Coach Running | 0:44:12 | 4:19 | 13,91 | V1 | 45 |
| 156 | Desplanque Emmanuel | Sans | 0:44:13 | 4:19 | 13,90 | SE | 75 |
| 157 | Strumelle Jean-Michel | Tortues Mesl... | 0:44:17 | 4:19 | 13,88 | V2 | 19 |
| 158 | Billiet Fabrice | St Sauveur | 0:44:19 | 4:19 | 13,87 | V1 | 46 |
| 159 | Debaisieux François | Sans | 0:44:21 | 4:20 | 13,86 | SE | 76 |
| 160 | Depluverez Paul | Assa | 0:44:23 | 4:20 | 13,85 | V2 | 20 |
| 161 | Samain Pascal | Triath | 0:44:27 | 4:20 | 13,83 | V1 | 47 |
| 162 | Clam Simon | Triath | 0:44:28 | 4:20 | 13,83 | SE | 77 |
| 163 | Desmet Sébastien | Sans | 0:44:30 | 4:20 | 13,82 | SE | 78 |
| 164 | Duhem Gérard | Bac | 0:44:32 | 4:21 | 13,80 | V1 | 48 |
| 165 | Delombaerde Jean | Jcsa | 0:44:33 | 4:21 | 13,80 | V2 | 21 |
| 166 | Grzegorzewski Ludovic | Les Noix De ... | 0:44:34 | 4:21 | 13,79 | SE | 79 |
| 167 | Lichnowski Grégory | Les Noix De ... | 0:44:35 | 4:21 | 13,79 | SE | 80 |
| 168 | De Cubber Marc | Bac | 0:44:36 | 4:21 | 13,78 | V2 | 22 |
| 169 | Deberdt Aicha | Jcsa | 0:44:37 | 4:21 | 13,78 | DA | 4 |
| 170 | Felix Romuald | St Sauveur | 0:44:38 | 4:21 | 13,77 | V1 | 49 |
| 171 | Demay François | Jupiteam | 0:44:39 | 4:21 | 13,77 | SE | 81 |
| 172 | Plets Pascal | Sans | 0:44:40 | 4:21 | 13,76 | V2 | 23 |
| 173 | Bataille Matthieu | Sans | 0:44:41 | 4:22 | 13,76 | SE | 82 |
| 174 | Markey Yves | Eclates Peru... | 0:44:42 | 4:22 | 13,75 | V1 | 50 |
| 175 | Février David | Eclates Peru... | 0:44:43 | 4:22 | 13,75 | SE | 83 |
| 176 | Morin Fabrice | Sans | 0:44:44 | 4:22 | 13,74 | V1 | 51 |
| 177 | Demey Eric | Sans | 0:44:45 | 4:22 | 13,74 | V1 | 52 |
| 178 | Hollebecque Frédéric | Osm Lomme | 0:44:46 | 4:22 | 13,73 | V1 | 53 |
| 179 | Debourse Philippe | Spho | 0:44:48 | 4:22 | 13,72 | V2 | 24 |
| 180 | Soris Frédéric | Popuelles Dr... | 0:44:52 | 4:23 | 13,70 | SE | 84 |
| 181 | Lagneau Sébastien | Sans | 0:44:54 | 4:23 | 13,69 | SE | 85 |
| 182 | Lecat Daniel | Kain B | 0:44:55 | 4:23 | 13,69 | V1 | 54 |
| 183 | Moreau Christophe | Sans | 0:44:56 | 4:23 | 13,68 | SE | 86 |
| 184 | Sinty Stéphane | Sans | 0:44:57 | 4:23 | 13,68 | SE | 87 |
| 185 | Dagnies Kévin | Sans | 0:44:59 | 4:23 | 13,67 | SE | 88 |
| 186 | Tanghe Laurent | As Police Ro... | 0:45:01 | 4:24 | 13,66 | SE | 89 |
| 187 | Declercq Benoît | Jc Brin D Zinc | 0:45:02 | 4:24 | 13,65 | SE | 90 |
| 188 | Bohems André | Accros 5 Clo... | 0:45:03 | 4:24 | 13,65 | V1 | 55 |
| 189 | Olivier Vincent | Tournai Gene... | 0:45:04 | 4:24 | 13,64 | SE | 91 |
| 190 | Allard Thierry | Accros 5 Clo... | 0:45:07 | 4:24 | 13,63 | V1 | 56 |
| 191 | Mariage Quentin | Templeuve | 0:45:10 | 4:24 | 13,61 | SE | 92 |
| 192 | Malengreaux Fabrice | Sans | 0:45:12 | 4:25 | 13,60 | SE | 93 |
| 193 | Dubois Jean | | 0:45:15 | 4:25 | 13,59 | V2 | 25 |
| 194 | Delhuvenne René | Sans | 0:45:16 | 4:25 | 13,58 | V2 | 26 |
| 195 | Duflot Grégory | Sans | 0:45:17 | 4:25 | 13,58 | SE | 94 |
| 196 | Bultreys Michel | Sans | 0:45:18 | 4:25 | 13,57 | V1 | 57 |
| 197 | Sarot Pascale | Prfm | 0:45:19 | 4:25 | 13,57 | A2 | 3 |
| 198 | Manche Patrick | Templeuve | 0:45:21 | 4:25 | 13,56 | V1 | 58 |
| 199 | Wielemans Daniel | Oeudeghien | 0:45:22 | 4:26 | 13,55 | V1 | 59 |
| 200 | Martinet Frédéric | 3 Suisses | 0:45:23 | 4:26 | 13,55 | SE | 95 |
| 201 | Werion Christian | Prfm | 0:45:24 | 4:26 | 13,54 | V2 | 27 |
| 202 | Christiaens Xavier | Tournai Gene... | 0:45:25 | 4:26 | 13,54 | V1 | 60 |
| 203 | Delem Benoît | Tortues Mesl... | 0:45:26 | 4:26 | 13,53 | SE | 96 |
| 204 | Van Den Brulle Roland | Tortues Mesl... | 0:45:27 | 4:26 | 13,53 | V3 | 5 |
| 205 | Saffre Ann | Bac | 0:45:28 | 4:26 | 13,52 | DA | 5 |
| 206 | Beaucarne Nicola | Ust | 0:45:29 | 4:26 | 13,52 | EH | 9 |
| 207 | Dufour Philippe | Tournai Gene... | 0:45:30 | 4:26 | 13,51 | V1 | 61 |
| 208 | Denays Charlotte | Lesdain D La... | 0:45:31 | 4:26 | 13,51 | ED | 1 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 209 | Petini Maurizio | Sans | 0:45:32 | 4:27 | 13,50 | V2 | 28 |
| 210 | Desobry Johan | Sans | 0:45:33 | 4:27 | 13,50 | V2 | 29 |
| 211 | Stocman Yannick | Cap Team | 0:45:34 | 4:27 | 13,49 | SE | 97 |
| 212 | Cavez Benjamin | Tri Gt | 0:45:35 | 4:27 | 13,49 | SE | 98 |
| 213 | Tuyttens Gino | Jcsa | 0:45:36 | 4:27 | 13,48 | V2 | 30 |
| 214 | Cardoso Manuel | Sans | 0:45:37 | 4:27 | 13,48 | SE | 99 |
| 215 | Deconinck Christian | Kain B | 0:45:38 | 4:27 | 13,47 | V2 | 31 |
| 216 | Malice Frédéric | Sans | 0:45:39 | 4:27 | 13,47 | V1 | 62 |
| 217 | Beck Jacques | Lesdain D La... | 0:45:40 | 4:27 | 13,46 | V1 | 63 |
| 218 | Van Driessche Damien | Velaines | 0:45:41 | 4:27 | 13,46 | SE | 100 |
| 219 | Masure Jean-Luc | Sans | 0:45:42 | 4:28 | 13,45 | V2 | 32 |
| 220 | Laurent Nicolas | Sans | 0:45:43 | 4:28 | 13,45 | V1 | 64 |
| 221 | Chevalier Claude | Velaines | 0:45:44 | 4:28 | 13,44 | V2 | 33 |
| 222 | Lemaitre Michel | Kain B | 0:45:45 | 4:28 | 13,44 | V1 | 65 |
| 223 | Campener François | Bac | 0:45:46 | 4:28 | 13,43 | SE | 101 |
| 224 | Lartillier Frédéric | Sans | 0:45:47 | 4:28 | 13,43 | V1 | 66 |
| 225 | Debuf Guido | Jc Luingne | 0:45:50 | 4:28 | 13,41 | V2 | 34 |
| 226 | Breyne Benoît | Sans | 0:45:53 | 4:29 | 13,40 | SE | 102 |
| 227 | Baekelandt Dany | Velaines | 0:45:57 | 4:29 | 13,38 | V2 | 35 |
| 228 | Devos Alain | Nac | 0:46:00 | 4:29 | 13,36 | V2 | 36 |
| 229 | Cnocquart Ludovic | Bac | 0:46:03 | 4:30 | 13,35 | SE | 103 |
| 230 | Dervaux Jean-Michel | Pipaix | 0:46:10 | 4:30 | 13,32 | V1 | 67 |
| 231 | Deblois Florent | Sans | 0:46:11 | 4:30 | 13,31 | EH | 10 |
| 232 | Louette Frédéric | Sans | 0:46:13 | 4:31 | 13,30 | V1 | 68 |
| 233 | Cardon Fabrice | Sans | 0:46:16 | 4:31 | 13,29 | V1 | 69 |
| 234 | Masai Christian | Kain B | 0:46:18 | 4:31 | 13,28 | V2 | 37 |
| 235 | Catteau Daniel | Sans | 0:46:19 | 4:31 | 13,27 | V1 | 70 |
| 236 | Fernandes Joaquim | Sans | 0:46:20 | 4:31 | 13,27 | V1 | 71 |
| 237 | Werrebrouck Blaise | Manhattan | 0:46:21 | 4:31 | 13,26 | V1 | 72 |
| 238 | Spriet Frédéric | Sans | 0:46:22 | 4:31 | 13,26 | SE | 104 |
| 239 | Nortier Nicolas | Velaines | 0:46:23 | 4:32 | 13,25 | V1 | 73 |
| 240 | Van Vynckt Christiaan | Ac Deinze | 0:46:24 | 4:32 | 13,25 | V3 | 6 |
| 241 | Ansel Nicolas | Les Noix De ... | 0:46:27 | 4:32 | 13,24 | SE | 105 |
| 242 | Buyse Frédéric | Sans | 0:46:29 | 4:32 | 13,23 | SE | 106 |
| 243 | Coeuret Michel | Bac | 0:46:30 | 4:32 | 13,22 | V3 | 7 |
| 244 | De Coninck Benoît | Accros 5 Clo... | 0:46:33 | 4:32 | 13,21 | V1 | 74 |
| 245 | Ledeganck Kurt |  | 0:46:34 | 4:33 | 13,20 | V1 | 75 |
| 246 | Bekaert Christophe | Mc Bride | 0:46:35 | 4:33 | 13,20 | V1 | 76 |
| 247 | Mariage Eglantine | Herinnes | 0:46:36 | 4:33 | 13,19 | DA | 6 |
| 248 | Duret Christophe | Herinnes | 0:46:37 | 4:33 | 13,19 | SE | 107 |
| 249 | Lecolier Serge | Herinnes | 0:46:38 | 4:33 | 13,18 | V1 | 77 |
| 250 | Dorchy Quentin | Templeuve | 0:46:39 | 4:33 | 13,18 | SE | 108 |
| 251 | D Hont Robert | Vacbl | 0:46:40 | 4:33 | 13,17 | V3 | 8 |
| 252 | Van Delsen Vincent | Sans | 0:46:41 | 4:33 | 13,17 | V1 | 78 |
| 253 | Klorek Fabrice | Velaines | 0:46:42 | 4:33 | 13,16 | V1 | 79 |
| 254 | Sel Michel | Aclo Bjb | 0:46:45 | 4:34 | 13,15 | V4 | 1 |
| 255 | Van Nerom Eddy | Anderlecht | 0:46:48 | 4:34 | 13,14 | V1 | 80 |
| 256 | Delneste Grégoire | Sans | 0:46:49 | 4:34 | 13,13 | EH | 11 |
| 257 | Deleersnyder Antoine | Sans | 0:46:52 | 4:34 | 13,12 | EH | 12 |
| 258 | Verhaeghe Patrick | Jcsa | 0:46:56 | 4:35 | 13,10 | V2 | 38 |
| 259 | Grell Georg | Greg S Team | 0:46:57 | 4:35 | 13,09 | V2 | 39 |
| 260 | Van Maele Kris | Running Team... | 0:47:01 | 4:35 | 13,08 | V3 | 9 |
| 261 | Musumeci Bruno | Jcsa | 0:47:05 | 4:36 | 13,06 | V2 | 40 |
| 262 | Dumortier Jean-Jacques | Sans | 0:47:07 | 4:36 | 13,05 | V2 | 41 |
| 263 | Drouillon Colin | Sans | 0:47:08 | 4:36 | 13,04 | SE | 109 |
| 264 | Verdy Jacques | Kain B | 0:47:09 | 4:36 | 13,04 | V2 | 42 |
| 265 | Deboever Francis | Sans | 0:47:10 | 4:36 | 13,03 | V1 | 81 |
| 266 | Vanhalwyn Adelaïde | Halluin | 0:47:12 | 4:36 | 13,02 | A1 | 2 |
| 267 | Glorieux Christophe | Footing Mixt... | 0:47:15 | 4:37 | 13,01 | V1 | 82 |
| 268 | Courtens Christian | Sans | 0:47:17 | 4:37 | 13,00 | V3 | 10 |
| 269 | Kromoska Mathieu | Sans | 0:47:22 | 4:37 | 12,98 | SE | 110 |
| 270 | Lietaert Francis | Rtl | 0:47:23 | 4:37 | 12,97 | V2 | 43 |
| 271 | Lievrouw Didier | Sans | 0:47:24 | 4:37 | 12,97 | V1 | 83 |
| 272 | Simonow Serge | Sans | 0:47:26 | 4:38 | 12,96 | V2 | 44 |
| 273 | Debels Olivier | Ecla | 0:47:27 | 4:38 | 12,96 | V1 | 84 |
| 274 | Defoort Loïc | Sukcestfou | 0:47:28 | 4:38 | 12,95 | SE | 111 |
| 275 | Buyse Geert | Ab Marke | 0:47:29 | 4:38 | 12,95 | V1 | 85 |
| 276 | Boland Aurélien | Jsmc | 0:47:30 | 4:38 | 12,94 | EH | 13 |
| 277 | Schoorens Bruno | Coach Running | 0:47:31 | 4:38 | 12,94 | V2 | 45 |
| 278 | Beghin Jean-François | Popuelles Dr... | 0:47:32 | 4:38 | 12,93 | SE | 112 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 279 | Faux Daniel | Sans | 0:47:33 | 4:38 | 12,93 | V2 | 46 |
| 280 | Vanhamme Bruno | Jc Luingne | 0:47:34 | 4:38 | 12,92 | SE | 113 |
| 281 | Maertens Sébastien | Sans | 0:47:35 | 4:39 | 12,92 | SE | 114 |
| 282 | Dekoster Philippe | Sans | 0:47:39 | 4:39 | 12,90 | V2 | 47 |
| 283 | Rohart Yannick | Sans | 0:47:47 | 4:40 | 12,87 | V1 | 86 |
| 284 | Flament François | Sans | 0:47:48 | 4:40 | 12,86 | SE | 115 |
| 285 | Lucas Philippe | Sans | 0:47:49 | 4:40 | 12,86 | V2 | 48 |
| 286 | Brismée Michel | Pipaix | 0:47:50 | 4:40 | 12,85 | V3 | 11 |
| 287 | Frédéric Jean-Marie | Bac | 0:47:51 | 4:40 | 12,85 | V1 | 87 |
| 288 | Nutte Gauthier | Jcsa | 0:47:52 | 4:40 | 12,84 | SE | 116 |
| 289 | Choteau Hugues | Lesdain D La... | 0:47:55 | 4:40 | 12,83 | SE | 117 |
| 290 | Dervaux Jean-Paul | Jcsa | 0:47:58 | 4:41 | 12,82 | V2 | 49 |
| 291 | De Bie Jeroen | Sans | 0:48:00 | 4:41 | 12,81 | SE | 118 |
| 292 | Boland Christophe | Jc Luingne | 0:48:01 | 4:41 | 12,80 | V1 | 88 |
| 293 | Naessens Jos | Sans | 0:48:02 | 4:41 | 12,80 | V1 | 89 |
| 294 | Van Malleghem Ariane | Kain B | 0:48:03 | 4:41 | 12,79 | A2 | 4 |
| 295 | Lahousse Christophe | Jc Luingne | 0:48:04 | 4:41 | 12,79 | V1 | 90 |
| 296 | Dejonghe Aurélie | Eah | 0:48:07 | 4:42 | 12,78 | DA | 7 |
| 297 | Bearez Jean | Sans | 0:48:08 | 4:42 | 12,77 | SE | 119 |
| 298 | Roty Michel | Kain B | 0:48:09 | 4:42 | 12,77 | V3 | 12 |
| 299 | Collie Marie-Jo | Velaines | 0:48:10 | 4:42 | 12,76 | A3 | 1 |
| 300 | Dereux Francis | Sans | 0:48:11 | 4:42 | 12,76 | V2 | 50 |
| 301 | Pauwels Christelle | Sans | 0:48:12 | 4:42 | 12,75 | V1 | 91 |
| 302 | Vanoverskelds Dominique | Sans | 0:48:13 | 4:42 | 12,75 | V1 | 92 |
| 303 | Stassen Pierre | Tournai Gene... | 0:48:14 | 4:42 | 12,75 | SE | 120 |
| 304 | Mdaghri Alaoui Ismaël | Jupiteam | 0:48:17 | 4:43 | 12,73 | SE | 121 |
| 305 | Tesson Yves | Sans | 0:48:18 | 4:43 | 12,73 | V1 | 93 |
| 306 | Colmant Midol Taylor | Sans | 0:48:20 | 4:43 | 12,72 | EH | 14 |
| 307 | Martin Guy-Marie | Accros 5 Clo... | 0:48:22 | 4:43 | 12,71 | V2 | 51 |
| 308 | Detollenaere Roger | Sans | 0:48:23 | 4:43 | 12,71 | V3 | 13 |
| 309 | Mestdagh David | Beisbroeklopers | 0:48:24 | 4:43 | 12,70 | SE | 122 |
| 310 | Dewulf Grégory | Sans | 0:48:25 | 4:43 | 12,70 | V1 | 94 |
| 311 | Desbruyeres Olivier | Sans | 0:48:26 | 4:44 | 12,69 | SE | 123 |
| 312 | Delcambre Cyril | Coach Running | 0:48:27 | 4:44 | 12,69 | EH | 15 |
| 313 | De Waele Frédéric | Deerlijk | 0:48:28 | 4:44 | 12,68 | SE | 124 |
| 314 | Vansteenkiste Véronique | Cap Team | 0:48:29 | 4:44 | 12,68 | A1 | 3 |
| 315 | Lochenie Didier | Jcsa | 0:48:30 | 4:44 | 12,68 | V1 | 95 |
| 316 | Sange Dominique | Sans | 0:48:31 | 4:44 | 12,67 | V1 | 96 |
| 317 | Debaveye Joseph | Jcsa | 0:48:32 | 4:44 | 12,67 | V3 | 14 |
| 318 | Parys Walter | Rusta | 0:48:33 | 4:44 | 12,66 | V3 | 15 |
| 319 | Boël Pierre | Sans | 0:48:35 | 4:44 | 12,65 | V3 | 16 |
| 320 | Raviart Flavie | Pipaix | 0:48:36 | 4:44 | 12,65 | ED | 2 |
| 321 | Raviart Philippe | Pipaix | 0:48:37 | 4:45 | 12,64 | V1 | 97 |
| 322 | Wielfaert Bertrand | Jc Waregem | 0:48:38 | 4:45 | 12,64 | V3 | 17 |
| 323 | Letot Freddy | Sans | 0:48:40 | 4:45 | 12,63 | V2 | 52 |
| 324 | Dubois Christian | Sans | 0:48:45 | 4:45 | 12,61 | V2 | 53 |
| 325 | Salomé Michel | Sans | 0:48:46 | 4:45 | 12,61 | V1 | 98 |
| 326 | Desmet Christophe | Sans | 0:48:47 | 4:46 | 12,60 | V1 | 99 |
| 327 | Hespel David | Trigt | 0:48:48 | 4:46 | 12,60 | SE | 125 |
| 328 | Mahiez David | Sans | 0:48:49 | 4:46 | 12,59 | V1 | 100 |
| 329 | Duthoit Bénédicte | Herinnes | 0:48:51 | 4:46 | 12,58 | A1 | 4 |
| 330 | Beerens Jan | Roadjoggers ... | 0:48:52 | 4:46 | 12,58 | V2 | 54 |
| 331 | Sevrin Patrick | Jcsa | 0:48:55 | 4:46 | 12,57 | V2 | 55 |
| 332 | Villée Vincent | Jcsa | 0:48:56 | 4:46 | 12,56 | V1 | 101 |
| 333 | Roos Joël | Sans | 0:48:58 | 4:47 | 12,55 | V1 | 102 |
| 334 | Delfosse Alain | Running Team... | 0:49:01 | 4:47 | 12,54 | V3 | 18 |
| 335 | Pawlowski Jean-Patrick | Eclates Peru... | 0:49:02 | 4:47 | 12,54 | V2 | 56 |
| 336 | Descamps Marc | Eclates Peru... | 0:49:03 | 4:47 | 12,53 | SE | 126 |
| 337 | Straccialano Luigi | Eclates Peru... | 0:49:04 | 4:47 | 12,53 | V1 | 103 |
| 338 | Delplace Jean-Noël | Eclates Peru... | 0:49:05 | 4:47 | 12,52 | V1 | 104 |
| 339 | Godart Michaël | Eclates Peru... | 0:49:06 | 4:47 | 12,52 | SE | 127 |
| 340 | Dumortier Clément | Sukcestfou | 0:49:07 | 4:48 | 12,52 | SE | 128 |
| 341 | Campener Bernard | Bac | 0:49:08 | 4:48 | 12,51 | V2 | 57 |
| 342 | Cuvelier Françis | Sans | 0:49:09 | 4:48 | 12,51 | V2 | 58 |
| 343 | Dervaux Claude | Pipaix | 0:49:10 | 4:48 | 12,50 | V2 | 59 |
| 344 | Verbrigghe Luc | Sans | 0:49:11 | 4:48 | 12,50 | V2 | 60 |
| 345 | Rigault Geoffrey | Sans | 0:49:12 | 4:48 | 12,50 | SE | 129 |
| 346 | Lefebvre Nicolas | Sans | 0:49:14 | 4:48 | 12,49 | V1 | 105 |
| 347 | Rocquerelle Thomas | Sans | 0:49:15 | 4:48 | 12,48 | SE | 130 |
| 348 | Luypaert Sébastien | Sans | 0:49:18 | 4:49 | 12,47 | V1 | 106 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 349 | Lecat Jonathan | Sans | 0:49:20 | 4:49 | 12,46 | SE | 131 |
| 350 | Cnocquart Sébastien | Sans | 0:49:21 | 4:49 | 12,46 | SE | 132 |
| 351 | Deslee Eric | Kain B | 0:49:22 | 4:49 | 12,45 | V1 | 107 |
| 352 | Hennebicq Laurent | Pipaix | 0:49:23 | 4:49 | 12,45 | V1 | 108 |
| 353 | Denays Antoine | Lesdain D La... | 0:49:24 | 4:49 | 12,44 | EH | 16 |
| 354 | Kargar Samani Isaac | Cap Team | 0:49:25 | 4:49 | 12,44 | EH | 17 |
| 355 | Denys Jean-Louis | Sans | 0:49:26 | 4:49 | 12,44 | SE | 133 |
| 356 | Van Daele Cyprien | Amis Du Mardi | 0:49:28 | 4:50 | 12,43 | V1 | 109 |
| 357 | Mariage Jérôme | Jupiteam | 0:49:31 | 4:50 | 12,42 | SE | 134 |
| 358 | Deroo Christophe | Sans | 0:49:32 | 4:50 | 12,41 | V1 | 110 |
| 359 | Eba Afene Jean-Michel | Sans | 0:49:33 | 4:50 | 12,41 | V1 | 111 |
| 360 | Monté Jean | Velaines | 0:49:34 | 4:50 | 12,40 | V2 | 61 |
| 361 | Deboever Estelle | Sans | 0:49:35 | 4:50 | 12,40 | ED | 3 |
| 362 | Moulin Jean-Pierre | Sans | 0:49:36 | 4:50 | 12,39 | V2 | 62 |
| 363 | Leclercq Manon | Velaines | 0:49:37 | 4:50 | 12,39 | ED | 4 |
| 364 | Mahieu Eddy | Pipaix | 0:49:38 | 4:51 | 12,39 | V1 | 112 |
| 365 | Helin Michel | Sans | 0:49:41 | 4:51 | 12,37 | V2 | 63 |
| 366 | Al Saadi Yasmina | Flobecq | 0:49:49 | 4:52 | 12,34 | A2 | 5 |
| 367 | Grulois Joseph | Jcsa | 0:49:50 | 4:52 | 12,34 | V3 | 19 |
| 368 | Peeters David | Bac | 0:49:51 | 4:52 | 12,33 | V1 | 113 |
| 369 | Cremelie Marc | Vacbl | 0:49:53 | 4:52 | 12,32 | V3 | 20 |
| 370 | Bonnefois Mireille | Mmm | 0:49:54 | 4:52 | 12,32 | A1 | 5 |
| 371 | Haubruge Sébastien | Un Gars-une ... | 0:49:57 | 4:52 | 12,31 | V1 | 114 |
| 372 | Vincent Olivier | Rs Team | 0:49:58 | 4:52 | 12,30 | SE | 135 |
| 373 | Pieters Frank | Sans | 0:50:00 | 4:53 | 12,30 | V1 | 115 |
| 374 | Schoonooghe Erwin | Velaines | 0:50:01 | 4:53 | 12,29 | V1 | 116 |
| 375 | Frédéric Jean-Pierre | Bac | 0:50:05 | 4:53 | 12,27 | V1 | 117 |
| 376 | Hache Manu | Tournai Gene... | 0:50:08 | 4:53 | 12,26 | SE | 136 |
| 377 | Deconinck Jean-Marie | Tortues Mesl... | 0:50:09 | 4:54 | 12,26 | V2 | 64 |
| 378 | Decornet Xavier | Sans | 0:50:11 | 4:54 | 12,25 | V1 | 118 |
| 379 | Menu Clotilde | Sans | 0:50:12 | 4:54 | 12,25 | A1 | 6 |
| 380 | Louvieaux Damien | Kain B | 0:50:13 | 4:54 | 12,24 | V1 | 119 |
| 381 | Vanderhaegen Jacques | Velaines | 0:50:14 | 4:54 | 12,24 | V2 | 65 |
| 382 | Wattecamps David | Sans | 0:50:15 | 4:54 | 12,23 | SE | 137 |
| 383 | Dietrich Pierre-Francois | Sans | 0:50:16 | 4:54 | 12,23 | SE | 138 |
| 384 | Mulliez Martin | Sans | 0:50:17 | 4:54 | 12,23 | SE | 139 |
| 385 | Stellian Gauthier | Sans | 0:50:21 | 4:55 | 12,21 | SE | 140 |
| 386 | Delcroix Patrick | Sukcestfou | 0:50:23 | 4:55 | 12,20 | V2 | 66 |
| 387 | Delbroucq Maurice | Sans | 0:50:36 | 4:56 | 12,15 | SE | 141 |
| 388 | Ramu Annick | Kain B | 0:50:38 | 4:56 | 12,14 | A2 | 6 |
| 389 | Reybroeck Alexandre | Sans | 0:50:44 | 4:57 | 12,12 | SE | 142 |
| 390 | Longepee Philippe | Sans | 0:50:51 | 4:58 | 12,09 | V2 | 67 |
| 391 | Lefebvre Marie-Jeanne | Coach Running | 0:50:52 | 4:58 | 12,09 | DA | 8 |
| 392 | Leclercq Nancy | Kain B | 0:50:53 | 4:58 | 12,08 | A2 | 7 |
| 393 | Lecutiez Pierre | St Sauveur | 0:50:54 | 4:58 | 12,08 | V3 | 21 |
| 394 | Michiels Philippe | Sans | 0:50:57 | 4:58 | 12,07 | V2 | 68 |
| 395 | Moulin Baptiste | Sans | 0:50:58 | 4:58 | 12,06 | EH | 18 |
| 396 | Delcambre Philippe | Coach Running | 0:51:02 | 4:59 | 12,05 | SE | 143 |
| 397 | Dewasme Alain | Havinnes | 0:51:14 | 5:00 | 12,00 | V3 | 22 |
| 398 | Carpentier Joël | Standard | 0:51:15 | 5:00 | 12,00 | V1 | 120 |
| 399 | Cappon Bernard | Sans | 0:51:17 | 5:00 | 11,99 | V3 | 23 |
| 400 | Bataille Claude | Sans | 0:51:22 | 5:01 | 11,97 | V3 | 24 |
| 401 | Wauquiez Bernard | Bac | 0:51:26 | 5:01 | 11,95 | V3 | 25 |
| 402 | Devos Maxime | Sans | 0:51:35 | 5:02 | 11,92 | SE | 144 |
| 403 | Masquilier Sara | Sans | 0:51:36 | 5:02 | 11,91 | A1 | 7 |
| 404 | Meuris Philippe | Kain B | 0:51:39 | 5:02 | 11,90 | V2 | 69 |
| 405 | Desprez Jérémie | Sans | 0:51:41 | 5:03 | 11,89 | SE | 145 |
| 406 | Henrard Marc | Sans | 0:51:42 | 5:03 | 11,89 | SE | 146 |
| 407 | Denys Myriam | Velaines | 0:51:43 | 5:03 | 11,89 | A1 | 8 |
| 408 | Jurquin Christian | Velaines | 0:51:44 | 5:03 | 11,88 | V1 | 121 |
| 409 | Flameng Laurent | Flobecq | 0:51:45 | 5:03 | 11,88 | SE | 147 |
| 410 | Vandoorne Franky | Jcsa | 0:51:47 | 5:03 | 11,87 | V2 | 70 |
| 411 | Carbonnelle Christiane | Kain B | 0:51:48 | 5:03 | 11,87 | A2 | 8 |
| 412 | Caby Bernard | Jcsa | 0:51:49 | 5:03 | 11,86 | V2 | 71 |
| 413 | Leplae Jean-Yves | Floc | 0:51:52 | 5:04 | 11,85 | V2 | 72 |
| 414 | Dogot Bernard | Adj | 0:51:54 | 5:04 | 11,84 | V2 | 73 |
| 415 | De Witte Christian | Sans | 0:51:55 | 5:04 | 11,84 | V2 | 74 |
| 416 | Cuvelier Thierry | Jcsa | 0:51:56 | 5:04 | 11,84 | V1 | 122 |
| 417 | Audoor Alain | Velaines | 0:51:59 | 5:04 | 11,83 | V2 | 75 |
| 418 | Delcour Nelly | Spho | 0:52:01 | 5:04 | 11,82 | A2 | 9 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 419 | Deberdt Danny | Jcsa | 0:52:02 | 5:05 | 11,81 | V3 | 26 |
| 420 | Feuillet Johan | Triath | 0:52:06 | 5:05 | 11,80 | V1 | 123 |
| 421 | Ghyselings Félicien | Sans | 0:52:07 | 5:05 | 11,80 | SE | 148 |
| 422 | Coussé Christophe | Velaines | 0:52:09 | 5:05 | 11,79 | V1 | 124 |
| 423 | Di Vita Rocco | Jcsa | 0:52:11 | 5:05 | 11,78 | V3 | 27 |
| 424 | Depelchin Martine | Coach Running | 0:52:14 | 5:06 | 11,77 | A2 | 10 |
| 425 | Malvoisin Florian | Sans | 0:52:15 | 5:06 | 11,77 | SE | 149 |
| 426 | Delvaux Laurent | Sans | 0:52:16 | 5:06 | 11,76 | V1 | 125 |
| 427 | Demitri Cosimo | Tortues Mesl... | 0:52:17 | 5:06 | 11,76 | V2 | 76 |
| 428 | Marquebreucq Patrick | Acle | 0:52:18 | 5:06 | 11,75 | V2 | 77 |
| 429 | Devenyns Cécile | Sans | 0:52:22 | 5:07 | 11,74 | DA | 9 |
| 430 | Malghem Christophe | Sans | 0:52:23 | 5:07 | 11,74 | SE | 150 |
| 431 | Cuvelier Luc | Tortues Mesl... | 0:52:24 | 5:07 | 11,73 | V2 | 78 |
| 432 | Vanhoutte Agathe | Sans | 0:52:25 | 5:07 | 11,73 | A1 | 9 |
| 433 | Bastien Anne-Sophie | Sans | 0:52:26 | 5:07 | 11,72 | A1 | 10 |
| 434 | Belin Albert | Sans | 0:52:27 | 5:07 | 11,72 | V2 | 79 |
| 435 | Dewitte Fabienne | Sans | 0:52:29 | 5:07 | 11,71 | DA | 10 |
| 436 | Depauw Marc | Sans | 0:52:30 | 5:07 | 11,71 | V1 | 126 |
| 437 | De Coninck Hubert | Cap Team | 0:52:31 | 5:07 | 11,71 | V1 | 127 |
| 438 | Dezeque Dominique | Jcsa | 0:52:32 | 5:08 | 11,70 | V1 | 128 |
| 439 | Delbroucq David | Jcsa | 0:52:33 | 5:08 | 11,70 | SE | 151 |
| 440 | Evrard Fabienne | Sans | 0:52:34 | 5:08 | 11,69 | A2 | 11 |
| 441 | Malvoz Jean-René | Esm | 0:52:35 | 5:08 | 11,69 | V3 | 28 |
| 442 | Goemaere Bart | Sans | 0:52:36 | 5:08 | 11,69 | SE | 152 |
| 443 | Legros David | St Sauveur | 0:52:42 | 5:08 | 11,66 | SE | 153 |
| 444 | Raidos Andros | Sans | 0:52:44 | 5:09 | 11,66 | EH | 19 |
| 445 | Tavernier Michaël | Sans | 0:52:46 | 5:09 | 11,65 | SE | 154 |
| 446 | Dumortier Olivier | Sans | 0:52:51 | 5:09 | 11,63 | SE | 155 |
| 447 | Pollet Stéphane | Accros 5 Clo... | 0:52:55 | 5:10 | 11,62 | SE | 156 |
| 448 | Vancaenegem Charlie | Sans | 0:52:59 | 5:10 | 11,60 | SE | 157 |
| 449 | Potar Sylvia | Sukcestfou | 0:53:00 | 5:10 | 11,60 | A1 | 11 |
| 450 | Pauwels Benjamin | Sans | 0:53:01 | 5:10 | 11,60 | SE | 158 |
| 451 | Clinquart Jean-Christophe | Road Running... | 0:53:02 | 5:10 | 11,59 | SE | 159 |
| 452 | Wolfcarius Violaine | Sans | 0:53:03 | 5:11 | 11,59 | A1 | 12 |
| 453 | Leclercq Anne | Sans | 0:53:05 | 5:11 | 11,58 | A1 | 13 |
| 454 | Ottevaere Christophe | Adj | 0:53:06 | 5:11 | 11,58 | V1 | 129 |
| 455 | Cornu Pierre-Jean | Sans | 0:53:07 | 5:11 | 11,57 | V1 | 130 |
| 456 | Simon Xavier | Sans | 0:53:08 | 5:11 | 11,57 | V1 | 131 |
| 457 | Hempte Sylvie | Velaines | 0:53:09 | 5:11 | 11,57 | A2 | 12 |
| 458 | Quintin Pierre | Bac | 0:53:10 | 5:11 | 11,56 | V1 | 132 |
| 459 | Menart Cédric | Bac | 0:53:11 | 5:11 | 11,56 | SE | 160 |
| 460 | Henry Mathieu | Herinnes | 0:53:12 | 5:11 | 11,56 | SE | 161 |
| 461 | Dumortier Marie | Sukcestfou | 0:53:13 | 5:12 | 11,55 | DA | 11 |
| 462 | Meurisse Jean | Spho | 0:53:14 | 5:12 | 11,55 | V2 | 80 |
| 463 | Clerx Isabelle | Spho | 0:53:15 | 5:12 | 11,54 | A2 | 13 |
| 464 | Vangheluwe Patrick | Velaines | 0:53:16 | 5:12 | 11,54 | V2 | 81 |
| 465 | Gerard Bernard | Kain B | 0:53:20 | 5:12 | 11,53 | V3 | 29 |
| 466 | Desmont Catherine | Un Gars-une ... | 0:53:21 | 5:12 | 11,52 | A1 | 14 |
| 467 | Lamarque Christian | Accros 5 Clo... | 0:53:24 | 5:13 | 11,51 | V3 | 30 |
| 468 | Montignie Jean-Jacques | Herinnes | 0:53:26 | 5:13 | 11,50 | V1 | 133 |
| 469 | Gutierrez Angel | Obj | 0:53:27 | 5:13 | 11,50 | V1 | 134 |
| 470 | Maebe Bernadette | Jcl | 0:53:29 | 5:13 | 11,49 | A2 | 14 |
| 471 | Vansteenbrugge Dominique | Herinnes | 0:53:32 | 5:13 | 11,48 | A1 | 15 |
| 472 | Van Coppenolle Guillaume | Sans | 0:53:34 | 5:14 | 11,48 | EH | 20 |
| 473 | Vancaenegem Valentin | Sans | 0:53:36 | 5:14 | 11,47 | SE | 162 |
| 474 | Hautecoeur Laurent | Sans | 0:53:37 | 5:14 | 11,47 | V1 | 135 |
| 475 | Dubuisson Patrick | Bac | 0:53:38 | 5:14 | 11,46 | V2 | 82 |
| 476 | Michel Jacques | Sans | 0:53:45 | 5:15 | 11,44 | V2 | 83 |
| 477 | Desimpelaere Luc | Sans | 0:53:49 | 5:15 | 11,42 | V2 | 84 |
| 478 | Tytgat Dylan | Jc Luingne | 0:53:52 | 5:15 | 11,41 | EH | 21 |
| 479 | Dogot Pierre | Adj | 0:53:54 | 5:16 | 11,41 | V2 | 85 |
| 480 | Fuccio Patrick | Spho | 0:53:56 | 5:16 | 11,40 | V2 | 86 |
| 481 | Note Tony | Sans | 0:53:57 | 5:16 | 11,39 | SE | 163 |
| 482 | Van Glabeke Youri | Sans | 0:54:01 | 5:16 | 11,38 | SE | 164 |
| 483 | Deseyn Jan | Kaa Gent | 0:54:05 | 5:17 | 11,37 | V4 | 2 |
| 484 | Carlier Jean-Marie | Jcsa | 0:54:07 | 5:17 | 11,36 | V2 | 87 |
| 485 | Mol Alain | Sukcestfou | 0:54:09 | 5:17 | 11,35 | V1 | 136 |
| 486 | Lefebvre Norbert | Velaines | 0:54:10 | 5:17 | 11,35 | V1 | 137 |
| 487 | Dochy Laurent | Sans | 0:54:11 | 5:17 | 11,35 | SE | 165 |
| 488 | Luchtens Michel | Jcsa | 0:54:13 | 5:17 | 11,34 | V1 | 138 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 489 | Dufour Line | Velaines | 0:54:20 | 5:18 | 11,31 | A2 | 15 |
| 490 | Richoux Bénédicte | Velaines | 0:54:21 | 5:18 | 11,31 | A1 | 16 |
| 491 | Meulemeester Andy | Jc Luingne | 0:54:27 | 5:19 | 11,29 | SE | 166 |
| 492 | Frédéric Marie-Chantal | Velaines | 0:54:28 | 5:19 | 11,29 | A2 | 16 |
| 493 | Buisseret Pierre | Sans | 0:54:29 | 5:19 | 11,28 | V1 | 139 |
| 494 | Steinier Eric | Sans | 0:54:30 | 5:19 | 11,28 | V1 | 140 |
| 495 | Moulin Anne-Sophie | Jc Luingne | 0:54:32 | 5:19 | 11,27 | A1 | 17 |
| 496 | Leclercq Marc | Jcl | 0:54:33 | 5:19 | 11,27 | V1 | 141 |
| 497 | Moreau Rita | Ecla | 0:54:34 | 5:19 | 11,27 | A3 | 2 |
| 498 | Mauroy Frédéric | Spho | 0:54:43 | 5:20 | 11,23 | V1 | 142 |
| 499 | Brille Christopher | Sans | 0:54:56 | 5:22 | 11,19 | SE | 167 |
| 500 | Fervaille Fabienne | Pipaix | 0:54:57 | 5:22 | 11,19 | A2 | 17 |
| 501 | Vandewiele Philippe | Sans | 0:55:00 | 5:22 | 11,18 | V2 | 88 |
| 502 | Vandersteen Thomas | Sans | 0:55:01 | 5:22 | 11,17 | SE | 168 |
| 503 | Pauwels Jean-Paul | Sukcestfou | 0:55:06 | 5:23 | 11,16 | V2 | 89 |
| 504 | Calonne Anne-Sophie | Spho | 0:55:08 | 5:23 | 11,15 | DA | 12 |
| 505 | Quivy Pascal | Rho | 0:55:09 | 5:23 | 11,15 | V1 | 143 |
| 506 | Dauw Fanny | Sans | 0:55:10 | 5:23 | 11,14 | A1 | 18 |
| 507 | Vinquier Patrice | Sans | 0:55:29 | 5:25 | 11,08 | V1 | 144 |
| 508 | Delmotte Patrick | Sans | 0:55:30 | 5:25 | 11,08 | V1 | 145 |
| 509 | Orlandi Jean-Marie | Sans | 0:55:32 | 5:25 | 11,07 | V3 | 31 |
| 510 | Haubourdin Bruno | Ac Beloeil | 0:55:34 | 5:25 | 11,06 | V3 | 32 |
| 511 | Duquesnes Françoise | Velaines | 0:55:35 | 5:25 | 11,06 | A2 | 18 |
| 512 | Bona Eric | Sans | 0:55:36 | 5:25 | 11,06 | V2 | 90 |
| 513 | Vannieuwenhuyse Françoise | Sans | 0:55:37 | 5:26 | 11,05 | A1 | 19 |
| 514 | Delcroix Luc | Sans | 0:55:38 | 5:26 | 11,05 | V1 | 146 |
| 515 | Berte Alexandre | Sans | 0:55:40 | 5:26 | 11,04 | V1 | 147 |
| 516 | Derreumaux Jean-Claude | Bac | 0:55:43 | 5:26 | 11,03 | V3 | 33 |
| 517 | Willems Coralie | Jcl | 0:55:44 | 5:26 | 11,03 | A1 | 20 |
| 518 | Roelens Thierry | Sans | 0:55:46 | 5:26 | 11,02 | V1 | 148 |
| 519 | Neerdaels Guido | Sans | 0:55:48 | 5:27 | 11,02 | V1 | 149 |
| 520 | Saerens Daniel | Gce Tech Seclin | 0:55:50 | 5:27 | 11,01 | V2 | 91 |
| 521 | Ghyselings Alexis | Sans | 0:55:51 | 5:27 | 11,01 | EH | 22 |
| 522 | Montier David | Sans | 0:55:59 | 5:28 | 10,98 | SE | 169 |
| 523 | Boonaert Hilaire | Jcsa | 0:56:00 | 5:28 | 10,98 | V3 | 34 |
| 524 | Demerlier Ingrid | Jc Luingne | 0:56:02 | 5:28 | 10,97 | A1 | 21 |
| 525 | Sabbe Wenda | Dapalo | 0:56:03 | 5:28 | 10,97 | A1 | 22 |
| 526 | Vantomme Axel | Dapalo | 0:56:06 | 5:28 | 10,96 | V1 | 150 |
| 527 | Duponchelle Gilles | Sans | 0:56:15 | 5:29 | 10,93 | V1 | 151 |
| 528 | Pennequin Sacha | Spho | 0:56:20 | 5:30 | 10,91 | EH | 23 |
| 529 | Casier Ariane | Spho | 0:56:31 | 5:31 | 10,88 | A3 | 3 |
| 530 | Sabbe Stephan | Kaa Gent | 0:56:39 | 5:32 | 10,85 | V1 | 152 |
| 531 | Destrebecq Gery | Spho | 0:56:40 | 5:32 | 10,85 | V1 | 153 |
| 532 | Kargar Samani Navid | Cap Team | 0:56:41 | 5:32 | 10,84 | EH | 24 |
| 533 | Defrère Annie | Sans | 0:56:46 | 5:32 | 10,83 | DA | 13 |
| 534 | Werbrouck Laurent | Sans | 0:56:47 | 5:32 | 10,83 | SE | 170 |
| 535 | Legrand Johan | Sans | 0:56:48 | 5:32 | 10,82 | V2 | 92 |
| 536 | Bouvry Valentin | Sans | 0:56:50 | 5:33 | 10,82 | EH | 25 |
| 537 | Engels Stéphanie | Sans | 0:56:51 | 5:33 | 10,81 | A1 | 23 |
| 538 | Van Dorpe Marthe | Luigne | 0:56:55 | 5:33 | 10,80 | A1 | 24 |
| 539 | Dubois Etienne | Sans | 0:56:56 | 5:33 | 10,80 | V2 | 93 |
| 540 | Helin Véronique | Sans | 0:56:57 | 5:33 | 10,79 | A2 | 19 |
| 541 | Bouvry Jean-Michel | Velaines | 0:56:58 | 5:33 | 10,79 | V1 | 154 |
| 542 | Vanooteghem Patrick | Sans | 0:56:59 | 5:34 | 10,79 | V1 | 155 |
| 543 | Coeuret Laurent | Bac | 0:57:00 | 5:34 | 10,78 | SE | 171 |
| 544 | Cretal Jean-François | Sans | 0:57:01 | 5:34 | 10,78 | SE | 172 |
| 545 | Malice Barbara | Sans | 0:57:02 | 5:34 | 10,78 | A1 | 25 |
| 546 | Parent Sabine | Velaines | 0:57:04 | 5:34 | 10,77 | A1 | 26 |
| 547 | Grulois Michaël | Sans | 0:57:06 | 5:34 | 10,77 | SE | 173 |
| 548 | Betermiez Maguy | Thimougies | 0:57:07 | 5:34 | 10,76 | A2 | 20 |
| 549 | Golestin Wilfried | Sans | 0:57:08 | 5:34 | 10,76 | SE | 174 |
| 550 | François José | Velaines | 0:57:11 | 5:35 | 10,75 | V2 | 94 |
| 551 | Funduk Stéphanie | Sans | 0:57:13 | 5:35 | 10,74 | A1 | 27 |
| 552 | Lefebvre Lucienne | Sans | 0:57:14 | 5:35 | 10,74 | A2 | 21 |
| 553 | Vandenbroucke Serge | Sans | 0:57:15 | 5:35 | 10,74 | SE | 175 |
| 554 | Vanwejte Dominila | Jv | 0:57:16 | 5:35 | 10,73 | A2 | 22 |
| 555 | Decaluwé Pierre | Sans | 0:57:17 | 5:35 | 10,73 | V3 | 35 |
| 556 | Marquant Thierry | Herinnes | 0:57:21 | 5:36 | 10,72 | V1 | 156 |
| 557 | Dubois Thierry | Herinnes | 0:57:22 | 5:36 | 10,72 | SE | 176 |
| 558 | Corroto Munoz Mercedes | Sans | 0:57:24 | 5:36 | 10,71 | A2 | 23 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 559 | Deconinck Christophe | Jc Luingne | 0:57:26 | 5:36 | 10,70 | SE | 177 |
| 560 | Verbanck Josiane | Jc Erwetegem | 0:57:32 | 5:37 | 10,68 | A3 | 4 |
| 561 | Deplechin Aline | Jcl | 0:57:46 | 5:38 | 10,64 | DA | 14 |
| 562 | Bonnet Dorothée | Prfm | 0:57:50 | 5:39 | 10,63 | A1 | 28 |
| 563 | Pierquin Sabine | Herinnes | 0:57:51 | 5:39 | 10,63 | A2 | 24 |
| 564 | Castelain Emmanuel | Sans | 0:57:56 | 5:39 | 10,61 | V2 | 95 |
| 565 | Dubar Marie | Sans | 0:58:01 | 5:40 | 10,60 | DA | 15 |
| 566 | Dussart Sandrine | Sans | 0:58:05 | 5:40 | 10,58 | A1 | 29 |
| 567 | Clerx Anne | Pipaix | 0:58:11 | 5:41 | 10,57 | A2 | 25 |
| 568 | Blondeel France | Sans | 0:58:26 | 5:42 | 10,52 | DA | 16 |
| 569 | Dendauw Adrien | Herinnes | 0:58:33 | 5:43 | 10,50 | V2 | 96 |
| 570 | Kint Vanessa | Sans | 0:58:38 | 5:43 | 10,48 | A1 | 30 |
| 571 | Lamara Ahmed | Sans | 0:58:39 | 5:43 | 10,48 | V2 | 97 |
| 572 | Leclercq Philippe | Accros 5 Clo... | 0:58:40 | 5:43 | 10,48 | V1 | 157 |
| 573 | Goemaere Dolores | Sans | 0:58:48 | 5:44 | 10,45 | DA | 17 |
| 574 | Demarque Eric | Sans | 0:58:50 | 5:44 | 10,45 | V1 | 158 |
| 575 | Declercq Françoise | Jcl | 0:58:52 | 5:45 | 10,44 | A2 | 26 |
| 576 | Hinkeltz Carine | Sans | 0:58:53 | 5:45 | 10,44 | A1 | 31 |
| 577 | Chamart Caroline | Jc Beclers | 0:59:07 | 5:46 | 10,40 | A2 | 27 |
| 578 | Dumortier Jules | Bac | 0:59:09 | 5:46 | 10,39 | V4 | 3 |
| 579 | Dutilleul Anne-Marie | Velaines | 0:59:16 | 5:47 | 10,37 | A3 | 5 |
| 580 | Barbier Bernard | Velaines | 0:59:17 | 5:47 | 10,37 | V2 | 98 |
| 581 | Lemoine Christelle | Sans | 0:59:18 | 5:47 | 10,37 | A2 | 28 |
| 582 | Delitte Myriam | Sans | 0:59:20 | 5:47 | 10,36 | A2 | 29 |
| 583 | Guilluy Véronique | Sans | 0:59:21 | 5:47 | 10,36 | A2 | 30 |
| 584 | Vandendriessche Bruno | Sans | 0:59:32 | 5:48 | 10,33 | V2 | 99 |
| 585 | Biancato Laurent | Sans | 0:59:33 | 5:49 | 10,32 | SE | 178 |
| 586 | Hainaut Florent | Erm | 0:59:34 | 5:49 | 10,32 | SE | 179 |
| 587 | Claes Tony | Sans | 0:59:37 | 5:49 | 10,31 | SE | 180 |
| 588 | Coupez Anne-Sophie | Jc Luingne | 0:59:38 | 5:49 | 10,31 | A1 | 32 |
| 589 | Casteleyn Laurence | Sans | 0:59:39 | 5:49 | 10,31 | A1 | 33 |
| 590 | Kane Anthony | Mmm | 0:59:58 | 5:51 | 10,25 | V1 | 159 |
| 591 | Meersseman Caroline | Jcl | 1:00:11 | 5:52 | 10,21 | DA | 18 |
| 592 | Biltresse Michel | Kain B | 1:00:12 | 5:52 | 10,21 | V3 | 36 |
| 593 | Dejaigher Berthe | Jcsa | 1:00:13 | 5:52 | 10,21 | A3 | 6 |
| 594 | Stevens Caroline | Jc Luingne | 1:00:29 | 5:54 | 10,16 | A1 | 34 |
| 595 | Peutte Sylvie | Velaines | 1:00:47 | 5:56 | 10,11 | A1 | 35 |
| 596 | Graf Olivier | Sans | 1:00:50 | 5:56 | 10,10 | SE | 181 |
| 597 | Graf Julien | Sans | 1:00:51 | 5:56 | 10,10 | SE | 182 |
| 598 | Schuers Nicolas | Sans | 1:00:52 | 5:56 | 10,10 | V2 | 100 |
| 599 | Depauw Fabienne | Sans | 1:00:53 | 5:56 | 10,10 | A2 | 31 |
| 600 | Hasbroucq Isabelle | Jc Luingne | 1:00:59 | 5:57 | 10,08 | A2 | 32 |
| 601 | Depelchin Daniel | Bac | 1:01:02 | 5:57 | 10,07 | V2 | 101 |
| 602 | Blondeel Marc | Sans | 1:01:09 | 5:58 | 10,05 | V3 | 37 |
| 603 | Van Nieuwenhuyze Eric | Sans | 1:01:31 | 6:00 | 9,99 | V1 | 160 |
| 604 | Moreau Jean-Pierre | Ecla | 1:01:33 | 6:00 | 9,99 | V3 | 38 |
| 605 | Bogaert Catherine | Kain B | 1:01:43 | 6:01 | 9,96 | A2 | 33 |
| 606 | Ovaere Philippe | Ra Police To... | 1:01:44 | 6:01 | 9,96 | V1 | 161 |
| 607 | Neyroud Christophe | Sans | 1:01:48 | 6:02 | 9,95 | SE | 183 |
| 608 | Chambrier Alexandra | Sans | 1:01:49 | 6:02 | 9,94 | A1 | 36 |
| 609 | Vandevondele Florence | Sans | 1:01:50 | 6:02 | 9,94 | DA | 19 |
| 610 | Rassalle Patricia | Jcl | 1:01:51 | 6:02 | 9,94 | A1 | 37 |
| 611 | Vanhabost Bruno | Sans | 1:01:53 | 6:02 | 9,93 | V2 | 102 |
| 612 | Vanderzyppe Geraud | Sans | 1:01:56 | 6:03 | 9,93 | SE | 184 |
| 613 | Pierre Sandrine | Jc Luingne | 1:01:59 | 6:03 | 9,92 | A1 | 38 |
| 614 | Holvoet Céline | Jc Luingne | 1:02:02 | 6:03 | 9,91 | DA | 20 |
| 615 | Delattre Guy | Jcsa | 1:02:03 | 6:03 | 9,91 | V4 | 4 |
| 616 | Coppe Stéphane | Usbw | 1:02:45 | 6:07 | 9,80 | V2 | 103 |
| 617 | Discart Katty | Sans | 1:02:47 | 6:08 | 9,79 | A1 | 39 |
| 618 | Nef Marc | Adj | 1:02:48 | 6:08 | 9,79 | V3 | 39 |
| 619 | Malaterre Gilles | No Macadam Star | 1:02:49 | 6:08 | 9,79 | V2 | 104 |
| 620 | Demdoncker Dominique | Jc Luingne | 1:02:52 | 6:08 | 9,78 | A2 | 34 |
| 621 | Defoirdt Stefaan | Sans | 1:02:55 | 6:08 | 9,77 | V2 | 105 |
| 622 | Carlier Tania | Prfm | 1:02:57 | 6:08 | 9,76 | DA | 21 |
| 623 | Fernandes Belmira | Sans | 1:03:06 | 6:09 | 9,74 | A2 | 35 |
| 624 | Collie Anne | Sans | 1:03:17 | 6:10 | 9,71 | DA | 22 |
| 625 | Roty Monique | Kain B | 1:03:22 | 6:11 | 9,70 | A4 | 22 |
| 626 | Vanhoutte Stéphanie | Mmm | 1:03:23 | 6:11 | 9,70 | DA | 23 |
| 627 | Bernard Edith | Sans | 1:03:24 | 6:11 | 9,70 | A1 | 40 |
| 628 | Allard Sylvie | Sans | 1:03:25 | 6:11 | 9,69 | A1 | 41 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 629 | Faignaert Slyvie | Jc Luingne | 1:03:30 | 6:12 | 9,68 | A1 | 42 |
| 630 | Hoël Marie | Sans | 1:03:37 | 6:12 | 9,66 | A2 | 36 |
| 631 | Dekyndt Nathalie | Sans | 1:03:41 | 6:13 | 9,65 | A2 | 37 |
| 632 | Malfrere Fabrice | Les Eclates ... | 1:03:55 | 6:14 | 9,62 | SE | 185 |
| 633 | Deleersnyder Brigitte | Sans | 1:04:00 | 6:15 | 9,60 | A1 | 43 |
| 634 | Deleersnyder Gilles | Sans | 1:04:07 | 6:15 | 9,59 | V2 | 106 |
| 635 | Hocq Muriel | Sans | 1:04:08 | 6:15 | 9,58 | A1 | 44 |
| 636 | Wyffels Isabelle | Sans | 1:04:10 | 6:16 | 9,58 | A1 | 45 |
| 637 | Vande Walle Marie-Rose | Velaines | 1:04:22 | 6:17 | 9,55 | A3 | 7 |
| 638 | Dubuisson Julie | Popuelles Dr... | 1:04:24 | 6:17 | 9,54 | DA | 24 |
| 639 | Fourdin Cécile | Jc Luingne | 1:04:30 | 6:18 | 9,53 | A1 | 46 |
| 640 | Brenin Jonathan | Sans | 1:04:32 | 6:18 | 9,52 | SE | 186 |
| 641 | Faux Julie | Sans | 1:04:34 | 6:18 | 9,52 | DA | 25 |
| 642 | Delaunois Sophie | Sans | 1:04:35 | 6:18 | 9,52 | DA | 26 |
| 643 | Jardez Stéphanie | Sans | 1:05:19 | 6:22 | 9,41 | DA | 27 |
| 644 | Delhaye Jonas | Sans | 1:05:20 | 6:22 | 9,41 | SE | 187 |
| 645 | Cuvelier Nathalie | Tortues Mesl... | 1:05:22 | 6:23 | 9,40 | DA | 28 |
| 646 | Deroulez Murielle | Jc Luingne | 1:05:23 | 6:23 | 9,40 | A1 | 47 |
| 647 | Moukin Christelle | Jc Luingne | 1:05:24 | 6:23 | 9,40 | A1 | 48 |
| 648 | Dupuis Valérie | Jc Luingne | 1:05:34 | 6:24 | 9,37 | A1 | 49 |
| 649 | Dupuis Roland | Jcl | 1:05:35 | 6:24 | 9,37 | V2 | 107 |
| 650 | Francisco Lucia | Sans | 1:05:45 | 6:25 | 9,35 | DA | 29 |
| 651 | Rogghe Anne-Sophie | Sans | 1:05:51 | 6:25 | 9,33 | A1 | 50 |
| 652 | Bernus Pol-André | Kain B | 1:05:55 | 6:26 | 9,32 | V2 | 108 |
| 653 | Kestremond Valérie | Sans | 1:06:09 | 6:27 | 9,29 | A1 | 51 |
| 654 | Bruneel Isabelle | Jc Luingne | 1:06:32 | 6:29 | 9,24 | A1 | 52 |
| 655 | Tranain Marc | Jcl | 1:07:07 | 6:33 | 9,16 | V1 | 162 |
| 656 | Martinage Emmanuel | Sans | 1:07:15 | 6:34 | 9,14 | V1 | 163 |
| 657 | Duhem Cathy | Coach Running | 1:07:16 | 6:34 | 9,14 | A1 | 53 |
| 658 | Hocedez Pascale | Sans | 1:07:28 | 6:35 | 9,11 | A1 | 54 |
| 659 | Kiritchouk Hélène | Sam | 1:07:30 | 6:35 | 9,11 | A2 | 38 |
| 660 | Collage Cédric | Bac | 1:07:32 | 6:35 | 9,10 | SE | 188 |
| 661 | Rosez Virginie | Sans | 1:07:43 | 6:36 | 9,08 | DA | 30 |
| 662 | Flamme Livie | Jcsa | 1:07:49 | 6:37 | 9,06 | DA | 31 |
| 663 | Billiet Johlina | Jcsa | 1:07:51 | 6:37 | 9,06 | ED | 5 |
| 664 | Coudyzer Michel | Kain B | 1:07:54 | 6:37 | 9,05 | V2 | 109 |
| 665 | Provost Kail | Jcsa | 1:07:57 | 6:38 | 9,05 | SE | 189 |
| 666 | Lefebvre Emile | Coach Running | 1:08:04 | 6:38 | 9,03 | V2 | 110 |
| 667 | Delmarle Philippe | Sans | 1:08:11 | 6:39 | 9,01 | V2 | 111 |
| 668 | Mouvet Marie-Claire | Usbw | 1:08:19 | 6:40 | 9,00 | A3 | 8 |
| 669 | Bona Marion | Sans | 1:08:38 | 6:42 | 8,96 | DA | 32 |
| 670 | Bona Nathalie | Sans | 1:08:39 | 6:42 | 8,95 | A2 | 39 |
| 671 | Juste Pascaline | Velaines | 1:09:00 | 6:44 | 8,91 | A2 | 40 |
| 672 | Elicaste Régine | Velaines | 1:09:10 | 6:45 | 8,89 | A1 | 55 |
| 673 | Brabant Joris | Sans | 1:09:49 | 6:49 | 8,80 | V1 | 164 |
| 674 | Morel Jean-Claude | Sans | 1:10:05 | 6:50 | 8,77 | V3 | 40 |
| 675 | Hacha François | Cndk | 1:10:18 | 6:52 | 8,74 | V2 | 112 |
| 676 | Carnoy Elie | Lesdain D La... | 1:10:29 | 6:53 | 8,72 | ED | 6 |
| 677 | Marquez Andres | Sans | 1:10:36 | 6:53 | 8,71 | V1 | 165 |
| 678 | Caby Martine | St Sauveur | 1:10:39 | 6:54 | 8,70 | A2 | 41 |
| 679 | Defrance Olivier | Velaines | 1:10:57 | 6:55 | 8,66 | V1 | 166 |
| 680 | Menet Thierry | Jc Luingne | 1:11:00 | 6:56 | 8,66 | V1 | 167 |
| 681 | Seclève Arlette | Velaines | 1:13:01 | 7:07 | 8,42 | A3 | 9 |
| 682 | Piquer Philippe | Rho | 1:13:04 | 7:08 | 8,41 | V1 | 168 |
| 683 | Canart Jean-Yves | Rho | 1:13:05 | 7:08 | 8,41 | V2 | 113 |
| 684 | Landrieu Nicolas | Rho | 1:13:06 | 7:08 | 8,41 | SE | 190 |
| 685 | Cottegnie Delphine | Sans | 1:13:10 | 7:08 | 8,40 | A1 | 56 |
| 686 | Fournier Jean-Marc | Jcsa | 1:15:11 | 7:20 | 8,18 | V2 | 114 |
| 687 | Bailleul Alexandre | Sans | 1:17:23 | 7:33 | 7,94 | SE | 191 |
| 688 | Renaud Christophe | Sans | 1:17:24 | 7:33 | 7,94 | SE | 192 |
| 689 | Staelen André | Sans | 1:18:24 | 7:39 | 7,84 | V5 | 1 |